

*Prepositas his Practise,*  
**A Worke very ne-**  
**cessary to be vsed for the better**  
**preseruatiō of the Health**  
**of Man.**

**Wherein are not onely most excellent and approued Medi-**  
**cines, Receiptes, and Ointmentes of great vertue,**  
**but also most pretious Waters, against**  
**many infirmities of the body.**

**The way how to make euery the said seuerall Medicines,**  
**Receiptes, and Ointmentes.**

**With a Table for the ready finding out of enery the Diseases,**  
**and the Remedies for the same.**

**Translated out of Latin into English by L. M.**



**L O N D O N**

**Imprinted by Iohn Wolfe for Edward White, dwelling at**  
**the little North doore of Paules, at the Signe**  
**of the Gunne. 1 5 8 8.**



# A Woorke very ne- cessary to be had for the better preservation of the Health of Man.

Proposeth his Practice  
The way how to make every the said Generall Medicines,  
Receiues, and Ointments,  
and the Remedies for the same.  
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Printed by Iohn Wolfe for Edward White, dwelling at  
the little North side of St. Dunstons, at the Signe  
of the Gunne. 1688.





## TO THE READER.



Ere hast thou (gentle reader) a booke for thy profit, such as in English I know not the like, for heerein maist thou readily finde medicines for sundry diseases, and how thy selfe maist make the same, or cause them to be made: also thou maist here learne to know the vertue and operation, aswell of diuers hearbes with their seedes and fruites, as also of gummes, spices, and other Apothecaries stuffe, and how thou maist apply them for thy helpe, either outwardly or inwardly. But as nothing can be of euerie man well liked: for such a confusednes is there of opinions, that rightly it may be said: *Quot homines, tot sententia*: and men in viewing of other mens bookes doe for the most part iudge partially, or els enuiously. *Homere* found a cauelling *Zoilus*, *Cicero* and *Virgil* wanted not such as found fault with their workes, though most excellent: much lesse may I looke to haue this booke spared of all busie bodies, and that it should passe without gainsaying: Some peraduenture will obiekt that it is preiudiciall vnto phisitions, Apothecaries, and such other, that such manner bookes as this should be diuulged in the English tongue, and that the secretes of phisicke ought not to bee participated vnto the common sorte, but onely knowne of such as be professors of the arte. Hereto may be answered; that as to preferre the insatiable gaine of a few, before the commoditie of the whole publike weale, were a thing against nature most iniurious and odious; so for to pleasure a few men, to deprive all other of such a benefit as concerne their health; yea, and their life also, for want of knowledge whereof many doe perish daily, were not onely great inhumanitie, but most opposite and contrarie to that which God in his law hath enioyned vs vnder paine of damnation; that is, *Love thy neighbour as thy selfe*: and in deede many of the heathen gaue to be obserued in generall, this, *Doe vnto others as thou wouldest be done vnto*. Neither can the learned phisitions (as I suppose) be hindred hereby: for as a man that hath attained vnto some insight and vse of learning, in what arte soeuer, is carried with more delight and willing cheare to seeke for to get some more perfection therein, then he was when first he begun rudely, and hauing



## To the Reader.

no perseuerance in the saide arte: so, no doubt, when men or women shall, hauing read this booke, see and vnderstand how that there are in hearbes, plants, gummes &c. such seuerall vertues, and that of the many diuers so wholesome conserues, confections, sirops and other like may be made, which they haue vtterly beene ignorant of vntill now, they will be the better perswaded to like and esteeme of phisicke then heretofore they haue done, and more readie to seeke helpe and counsell of the learned phisition, without whose aduise, if the vnlearned would in difficult matters take vpon them to deale as phisitions, they might in stead of helping the diseased, doe him much hurt. Hardly can the vnlearned in phisicke iudge rightly of his owne disease, much lesse of the diuers diseases of others: Onely for some diseases ordinarily knowne, for which some are not able, and some dare not to seeke remedie at the phisition, no reason is that such yet should be vtterly debarred of that ordinarie helpe which God hath appointed. And if the learned in times past had beene so straitely bent to keepe hidden their knowledge from participating to others, or rather so enuious of other mens weale, as many now a dayes are iniurious; not in hiding their owne skill, but in seeking to bereaue men of the fruition of that good benefit of health, concerning which, sundry learned men haue giuen generally to be published; farre to seeke had all men now beene of that perfection that they are come vnto. But, for that I hope the wise and learned will gainsay nothing that is beneficiall to the common weale; nor esteeme such a benefit, vnto them a preiudise, but rather a pleasure: I not waighing the vnflattering speeches and contumelies of carping cauellers, will leaue to commend those thinges which being tryed shall sufficiently praise them selues. *Vale.*



The signes of the waighes, which the Pothecharies vse  
now a daies.

A graine.	{ is thus wzitten. }	Gr̃.
A scruple.		ʒ.
A dramme.		ʒ.
An ounce.		ʒ.
A pounce.		lib.
A quarter.		gr.
Halfe a quarter.		ʒ.
A handfull.		m.
Aureus.		aur.

Aureus doeth containe a dramme and a halfe.  
Ana, signifieth altogether, and thus is wzitten,  
Au.

A pound.	{ doth con- teine. }	twelve. ʒ.
A quarter of a pound.		three ʒ.
Halfe a quarter.		ʒ. ʒ.
An ounce.		eight ʒ.
A dramme.		three ʒ.
A scruple.		two ob.
A halfe peny.		three filiques.

One graine of Siliqua is as much as sixe graines of Len-  
tieles, the which graine doubled sixe times, commeth to  
xxxvi. and then they make a scruple, three ʒ. makes a ʒ.  
viii. drammes makes a ʒ. xvi. ʒ. makes a lib. xx. wheate  
corne makes a scruple also.



- i. A verie excellent medecine, taken out of Actuarius the Phisition, which the Apothecaries call Antidotum sincerum.

**T**ake of myrrer xvij. 3. of opium, the iuice of blacke popie xvij. 3. of annimom vi. 3. of parsely xv. 3. of the seed of sinilage. xij. squinantum ix. 3. casia egyptia foure 3. white pepper foure 3. blacke pepper xv. 3. of the best mustard xij. 3. of storax fixe 3. siler montaine foure 3. of the thickest part of the oyntment called hedicroyne 3. of hony clarified as much as wil suffice in your iudgement, the quantitie of this which shalbe receiued at once, is one 3. take your storax with hony, sprinkle or cast on the oyntment dry, and seethe your opium with swete wine, and sodden to the third part, til it be as thicke as hony.

This is good against a quartaine, long aches of the head, the turning sicknes, the falling euil, ouer much waking, francy, the paine of the eyes, the rumes, the toothache, shortnes of winde, sighing, old coughes from the lunges, the pluresie, and superfluous humours about the lunges, it causeth also the spittle to be thicke, and apt to auoyd, taken with idromel, which is made of hony and water sodden together, if a man doe spit blood, then it must bee taken with assatum multum, which is made of vineger and hony, or els it ought to bee receiued with vineger mixt with water, or els with two 3. of the iuice of knot grasse, or plantaine, how be it yee must adde or diminish according to the strength of the patient, it is also a present remedie for the stomake, for it consumeth superfluous humours, and causeth a good appetite, it cureth the hycup, and stoppeth vomiting, it auoydeth winde from the stomake and from the lower partes, it helpeth the paine of the liuer, the yelow jaundize, and all diseases of melancoly, the grieve and heuines of the spleene, it engendzeth good choler, it purgeth downward fleame and choler, it doth distribute the meat digested into his parts, it prouoketh vyne, and causeth grauel in the reignes and bladder to auoide,



auoide, it cureth ilica and colica passio, taken with drinke, it moueth a man to the stoule, and cureth inflammations in short time, it doeth mitigate the gnawing and the paine of the belly, it doeth helpe and take away the ouer much stretching forth of the matrice, and when it cannot be easily taken in the mouth, then let it be ministred with the iuyce of fenicrike at the fundement, euen so it wil take away all the paine of the lower parts, it doeth cure all diseases of the matrice, it allwageth the paine of women which laboz of child, it cureth the mother and drawing bp of the matrice, and the stretching of it, it stoppeth vnnatural purgations, and purgeth fluxes of blood from the matrice, if it be taken alone or els with wine hote, we may also vse this in the gout of the fete, and in arthritica passio, which is a weakenes in the ioynts of superfluous humours, a kinde of the gout, in the beginning of diseases, we may know best the vertue of this medecine, which doeth not onely remedie all inward griefs, but also the palsie and those members which be weake and lose, if they bee therewith annointed, it doeth also recouer those which be in danger of life.

The verie wholesome medicine of Alexander the Phisition, called of the Potheccaries Aurea Alexandrina.

**T**ake of asara bacca, & seed of balme, the seed of henbane, aū. which is altogither two 5. p. of cloues, mirre, cypres, opium, which is in the iuice of the blacke popie, aū. two 3. the iuice of balme, cinamon, solium, indicum, setwall, ginger, colfe, curral, casia, fistula, the gumme of tragantum, spike, wilde fenel, frankencense, euphoze, stoar, salamite, cardamomum, siler montan, mustard: sarisfrage, dill, anniseede, aū. 5. ligny aloes, rheubarberha, the confectiō called alixta molcata, & stones of y otter, galanga, opoponar, the fruit anacardine, masticke, bzimstone vnlecked, pione, knee holme, roses, time, gladian, penerial, both aristolochia, the long and the round gentian, the outer rinde of mandragora, germander, the berries of the bay tree, yelow car-



carrots, ammy, the roote of valerian, long pepper, white pepper, the wood of balme, called xylobalsamū, carawaies, ammonium, parsely, louage, the seede of rue, aū. 3. ʒ. fine golde and silver, litle perls, litle fishes called of the Apothecaries unguis odoratus, the bone in the heart of the red deere, the shauing of iuery, calamus aromaticus, pelliter of spaine, aū. nine graines of hony as much as your iudgement mete.

This is good against rumes of the head, which come of colde, the moyster and running of the eyes, the toothe ache, the head ache, if the head be therewith annointed, it doth also cure the falling euil, madnes, turning sicknes of the head, and to conclude al maner of diseases which be about ʒ head, it helpeth also those which be in a consumption, and those which be troubled with the cough, or haue superfluitie in the brest of humors, the gnawing and griping of the mouth of the stomake, which the Grecians call συκωτην the Latines animideliquium, which is a fainting or sounding, it cureth spitting of blood, and sciatica passio, which is an ache in the hippe, or hweull bone of humors, it asswageth also the cholicke, and scoureth the reignes, it prouoketh vrine, and cureth the strangurian, it breaketh the stone coniealed in the reignes or bladder, it taketh away all diseases of the belly, it cureth cotidian and tercian agues, taken with the iuice of ficados in the beginning of the extreme fittes of the saide agues.

- 3 An odoriferous and pleasant medicine of Roses, made of Doctor Gabriell, called aromaticum Rosatum.

Take red roses fiftene 3. licoras eight 3. ligualors, sanders, aū. two 3. cinamond five 3. mace, clones aū. two 3. ʒ. gummy arabic, fragantum, aū. two 3. two 3. nutmegs, the greater cardamomū, galanga aū. 3. spinard grege amber aū. two 3. of muske, one 3. of sirup of roses as much as will suffice.

This helpeth the weakenes of the stomake, and doeth comfort all the principall parts, it hath been proued against super-



superfluous humors of the stomake, it refresheth the braine and the heart, it causeth appetite and good digestion, both to those which be sicke, and also in health.

- 4 A pleasant medicine of Cloues made by Doctor Mesues, called *Aromaticum gariophilatum*.

**T**ake of cloues seven ʒ. mace, setwall, galanga, yeluw sanders, litle balles of roses called trochistes, diarodon, cinamond, ligny, aloes, spikenard, long pepper, the lesse cardamomum, one ʒ. roses, grated licozas, the confectiō called gallia moscata, folium indicum, cubebes an. three ʒ. of amber one ʒ. of muske ʒ. ʒ. of the sirup of pomistron, as much as you iudge sufficient inough.

This cureth the stomake and the heart, stoppeth vomiting, it doeth also consume the corrupt humors in the stomake, and nourisheth all the principall members, it causeth heat and dissolueth winde.

- 5 A confectiō of muske made by Doctor Nicholas, called *Alipta Moscata*.

**T**ake of the best gumme of leade, three ʒ. of storax, calamitie, one ʒ. ʒ. ligni aloes, two ʒ. stacte or the fattest part of mirhe, one ʒ. of amber one ʒ. camphyre one ʒ. ʒ. of muske ʒ. ʒ. of rose water as much as will suffice.

This doeth helpe children which be short winded, and the straines of the brest, and for them that cannot keep their milke, of this we may make very excellent perfume, which noble men be accustomed to vse, it is also oftentimes mixt with electuaries.

- 6 The making of Acacie.

**T**ake the plant or bzaunch of the bulles tree, with the fruit, and laie it in a vessell with water certaine daies, and so stand, then seethe it vpon the fire, and strain forth the



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the liquor, when it is strained, seethe it againe untill it bee thicke and keepe it in fine vessels like shels, and so drye it.

7.

## The making of Amili.

**T**ake good wheate and beat it lightly, not to small, and put it into a vessel of glasse, and let it in water, so that the water be above it two or three fingers, and so let it stand by the space of a night, in the morning presse it downe well vnto the substance, of the which amilly shal be made of, descending to the bottome, after ward straine it with a sieue, and cast away the bran which swimmeth above, then cast forth the water softly so that nothing remaine, then drye it with a litle cotten, let this be done in sommer, and also in wintre, least it waxe soure and so corrupt, and couer thy vessel with a fine cloth, that nothing fall in after ward, and when it is drye, then reserue it in a vessel with a strait mouth, so close stopped that nothing may enter in. If ye wil make this in winter, then ye must take heede that it bee not soure, we must also provide that it be sone drye in sommer and in winter by the sunne, or in the winde, or nigh the fire, and thus ye may make amilum of rice,

8.

## Aqua Odorifera, a sweet water.

**T**ake of rose water foure lib. ben swine, storax calamitie, cloues an. one 3. of muske and ciuet twentie graines, and of camphire two 3. some put vnto this one 3. of ligny aloes, let them bee put into a vessel of glasse, couered with a couer hauing holes in it, and then let them boile in a vessel full of water, as it were in balneo mary, which is a glasse, or an other litle vessel, set within another, on the fire, this done, straine them with a fine linnen cloth, and so to be reserued in a vessel of glasse, wherein shalbe put fiftene graines of muske, tempered with the same water, and set in the sunne, the space of fiftene daies, and then it wil proue a sweete and a odoriferous water.

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### A medicine called Benedicta of Doctor Nicholas.

**T**Ake of best turbith, suger aū. ten 3. diagridion b. 3. wilde liles, roses, aū. five 3. cloues, spikenarde, ginger, saffron, saxafrage, long pepper, annuni, cardamomum, the seed of smallage, salgem, galanga, mace, carrawaies, fennel, sperage, kneeholme or bochers brome, gromell seed, aū. one 3. of hony as much as wil suffice.

This doth cure the weakenes of the ioynts of humors, which is a kinde of the gont in the foete of cold, it doeth also purge the reignes and the bladder.

A medicine called Balsamum, artificiall, because it is made with great art and cunning.

**T**Ake turpentine twelue 3. gummi elomi, five 3. of rosen thre 3. let them be melted togither, and when they bee melted mingle these pouders folowing, of aristolochia longa, two 3. of dragons blood, thre 3. make these in great peeces. This medicine doth help both new and old wounds, and chiefly those, that be about the head.

C. 11. A sweete confection of Muske, made by Doctor Melues.

**T**Ake saffron, the swæte roote of dozonick, set wall, ligne aloes, mace, aū. two 3. white perls, silke in powder, amber, red corall, aū. two 3. ꝑ. the confection which is called galia, aū. two 3. ꝑ. galia moschata, basell aū. ij. 3. ꝑ. ꝑ two rootes of behen both white and red, spikenard, folium indicum, cloues, aū. one 3. ginger, cubebes, long pepper aū. one 3. ꝑ. muske one 3. two 3. make this with hony not clarified, the fourth part of the waight of all the other.

This doth cure the trembling of the heart, and diseases of melancholy, & those men which bee heavy without cause, it is a remedie also for diseases about the bzaine, as the turning



ning sicknes, the falling euil, the wrything oꝝ plucking of the mouth oꝝ necke on the one side, and all diseases of the lungs, and shortnes of wind.

12 A confection called Hamecke, made by  
Doctor Mesues.

**T**Ake the foure kindes of myzrobolance, foure 3. rhu-  
barbe. aū. two 3. agaricke, colocynthida, polipodi of the  
oke. aū. eightene 3. woꝝmetwood, tyme, sene, aū. one 3. vio-  
lets, fiftene 3. the flower of the garden tyme, two 3. annis-  
seede, roses, fenell, aū. sixe 3. the iuice of semitoeze one lib.  
prunes in number threescore, of rasens, of currans & stones  
taken out, sixe 3. toall these things poure in a sufficient  
quantitie of wheye, & put them into a vessel of glasse, which  
hath a strait mouth, and stoppe the mouth the space of five  
dayes, afterwarde, let them once boile againe, and then  
straine them, and dissolue into the straining thre 3. of casta  
fistula, and of the fruite of the wilde date tree, called of the  
Apothecaries, thamarind, five 3. of manna oꝝ wet dewe two  
3. breake them with your hands, and straine them, then  
cast on suger one lib. ʒ. stammony one 3. ʒ. seeth them vn-  
till they be as thicke as honny, then cast on them the pou-  
der of all the five kindes of myzrobolance, then barbe, the  
seede of fumytery, aū. thre 3. annisseede, spinard. aū.  
two 3.

This cureth all diseases which come of salt fleame, cho-  
ler, and chisely the ringwoꝝme, scabs, lepze, cankers, and  
such other.

13 A confection for the stomacke called, cerotum  
stomaticum, of Doctor Mesues.

**T**Ake of red roses twentie 3. the leaues of woꝝmetwood  
fiftene 3. of mastike twentie 3. spinarde ten 3. beats  
them small, then take of virgin ware foure 3. the oyle of ro-  
ses one lib. ʒ. and make your confection.

There



There be some that doe wash the oyle and the ware, and then resolue them with a gentle fire, and afterwarde mingle them with the other, and so it is iudged to bee the better.

This doth mittigate inflammations and hote impostumes which be in the stomacke and liuer.

14 A confection for the eyes, called Collirum album, of Doctor Rhasis.

Take of white lead washed ten 3. of ammyly, foure 3. of gummi arabike, the gummi tragantum, aū. two 3. of camphur 3. ʒ. make those in powder which be fit to be made in powder, and dissolue them in rose water, and afterwarde make thereof litle balles.

15 A conserue of Buglosse.

Take the leaues of buglosse, one lib. beate them in a mortar of stone, and then cast vpon them three lib. of suger, make your conserue like to opiata, which is a thinne electuarie. This comforteth the stomacke, and helpeth diseases which come of melancholly, and wounding & troubling of the hart, it purgeth choller also.

16 A conserue of the flowers of Rosemarie.

Take of the flowers of rosemarie, lib. ʒ. of suger one lib. ʒ. make your conserue.

This doth comfort a moist braine, and helpeth hard or stiffe members, it purgeth also melancholie and cleame.

17 A conserue of Borage.

Take of the flowers of borage foure 3. of suger twelue 3. make your conserue according to the same.

This doth remedie the trembling of the hart, and sound-  
ding



ding, it purgeth also melancholie, and causeth a man to be merrie.

18

## A conferue of Roses.

**T**ake of the leaues of roses one lib. beate them in a mortar of stone, then cast vpon them suger three lib. make your conferue after the fashion of opiata.

This doth comfort the stomacke, the hart, and all the principall partes, it doth also mollifie those partes which be hard, it purgeth melancholie,

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## A conferue of Violets.

**T**ake of the flowers of violets one lib. beate them in a mortar of stone, and cast vpon them three lib. of suger, make your conferue according.

This doth cure inflamacions of choller, it quencheth thirst, and moueth a man to the stoule.

20

## A conferue of Maidenhaire.

**T**ake of maidenhaire one lib. beate it in a mortar, and put suger vnto it as in the other.

This helpeth the pluresie, and diseases of the brest, the lungs, and all diseases of melanchollie, and red choller.

21

## A conferue of gladian.

**T**ake of the roots of gladian one lib. seeth it in water vntill it be well sodden, afterwarde dze it, and search it through a seue, and then set it on the fire againe, and put in three lib. of suger vnto it, make this conferue like the electuarie opiata.

This remedie th diseases of the braine, and the sinnowes and fleame.

22

## A conferue of Enulacampana.

**T**ake of the root of enulacampana two lib. seeth it wel, afterwarde dze it, then search it through a seue, and set it

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on the fire againe, and put sixe lib. of suger vnto it, and reserve it.

This doth comfort the stomacke and the principall members against fleame.

### 23 A conserue of Succory.

**T**ake of the flowers of succory, one lib. and beate it in a morter of stone, then cast vpon them thre lib. of suger.

This purgeth melancholie, and also it purgeth well choller.

### 24 A conserue of Sorell.

**T**ake of sozel lib. .ʒ. and beate it as ye did the other, and cast then vnto them of suger lib. .ʒ.

This is good to helpe cholerike persons.

### 25 A concoction of Quinces.

**T**ake of quinces as you shall thinke good, and seeth them, take of the decoction of them thre lib. of suger one lib. .ʒ. seeth them well, and reserve them: some Apothecaries put in the whites of egges when they be clarified.

An other way of making this confection of Quinces.

**T**ake the seebe or kirkels of quinces, foure 3. temper them by the space of halfe a day with thre lib. of the iuice of quinces, then boile them a litle, and straine them and cast vpon two lib. of suger, after ward seeth them well, and keepe them in bores.

### 26 A conserue of the substance of the apple of the quince.

**T**ake of quinces sixe lib. seeth them, and when they bee sodden, put vnto them foure lib. of suger, and seeth them well, as you did before, and then keepe them in litle bores.



D. 27. A confection of Galanga of Doctor Mesues,  
called Dia Galanga.

Take of galanga, lignum aloes, aū. five 3. of cloves, mace,  
louage, aū. three 3. ginger, long pepper, cinamond, white  
pepper one 3. ʒ. of calamint dry, of dry mint, aū. one 3. of  
cardamomum, the lesse, spikenard, the seede of smallage, fen-  
nel, anniseede, carawates, aū. one 3. calamus aromaticus  
one 3. of the best suger ten 3. ʒ. of hony clarified as much as  
wil suffice.

This both cure diseases which cometh of winde, and  
belching which seemeth to bee sharpe in the mouth as vine-  
ger, it is proued to cause good digestion, it comforteth the  
functions of the stomake, and the liuer being cold.

28. A confection of Commin called  
Diacominum.

Take of comin laid in vineger, the space of a day, and af-  
terward drie, eight 3. one 3. of cinamond, cloves, aū.  
two 3. ʒ. black pepper and ginger aū. two 3. gra. siue, of ga-  
langa, sauery, calaminte, aū. one 3. two 3. ammy, louage  
aū. one 3. xvij. gra. long pepper, one 3. spikenard, cardamo-  
mum, nutmegs, aū. two 3. ʒ. of hony as much as you shall  
thinke meete.

This helpeth the stomake, and the principall partes  
which be troubled with winde, it causeth good digestion, and  
bringeth heat to the stomake, and to the principall parts.

29. A confection of Ambre called, Dia ambre.

Take of cinamond, adozonic, cloves, mace, nutmegs, the  
leaves of galinga three 3. the greatest cardamomum and  
the lesser aū. one 3. ginger, sanders, ligni aloes, long pepper,  
aū. two 3. of amber one 3. ʒ. of muske 3. ʒ. make it with  
the sirup of roses, and with the water of roses.

This



This fortifieth the braine, the heart, the stomake, and all the principall parts of the members, it causeth good digestion, and maketh a man merry, and engendreth heate in the principall parts, it is very comfortable for old men, and to those which be colde of nature and of complexion, and to women it also cureth the diseases of the matrice.

30. A confection of Perles of Doctor Nicholas, *Diamargaritum Calidum.*

Take of cloves, cinamond, spikenard, ligne aloes, galanga, licozas, litle balles of roses, called trokisti, diarodon, litle balles of violets aū. one 3. ꝑ. nutmegs, mace, the confection of muske, setwall, rhubarbe, storax calaminte aū. one 3. perles, ginger, the bone in the heart of the red deere, the shauing of iuery, litle fishes, which the Apothecaries call *brignis odoratus* aū. 3. ꝑ. muske, amber, cardamomum, longage, the seede of basel aū. one 3. two gra. of camphire, five gra. of hony, rosatum, as much as will suffice.

This doth cure the weaknes of all the bodie, sounding, and fainting, both of the stomake and the heart, it comforteth the lively parts of those which be pensifful and sad, sighing, or haue the cough, or be in a consumption, it also recovereth those which be weake of long sickness.

31. An other confection of Perles, called *Diamargaritum Frigidum.*

Take of all the kindes of sanders, the floures of roses, the floures of violets, the seed of millons, litle bales of roses called trokisti, diarodon, silke made in powder, aū. two 3. the bone of the heart of the red deere, spodie, dozonnicke, the roote of both behen, the white and the red, spikenard, saffron, aū. two 3. perils, shauing of iuery, saphire, floure gentle, iacint, emerode, seede of sozell, seede of endiue, ligni aloes, a graine of amber, aū. 3. ꝑ. of fine gold one 3. camphure one 3. of muske two grains, mixe them and make thereof a powder.



32. A confection called Diacomeron,

Take of y<sup>e</sup> grosse lenis, ginger, aū. ʒ. 3. one ʒ. sixteen grains, of cinamond, of the best cloues, aū. three ʒ. one ʒ. sixteen grains, as much of the substance of dates, galange, spike, nard, set wall, cost, the pellitorie of spaine, white corall and red, of the gumbe fragantum, rha, spike, the fruit anacardim, the stones of dates, the seede of balne, anniseed, iuniper seede aū. one ʒ. two ʒ. eight grains, shauing of golde, the bone of the heart of the red deere, aū. two ʒ. ʒ. shauing of iuery, of muske, aū. one ʒ. graine sire of amber, one ʒ. of hony, roset, as much as you shal thinke best, this confection is not made of some Apothecaries, noz it is not greatly v<sup>se</sup>d, yet other some chiefly do occupie it very much.

This wil recouer a man from danger of death vnto life, it also helpeth those which be short winded, or haue any disease in the winde pipe, or the cough, or bee in consumption, it cureth all diseases of the brest and stomake, the dropsie, pain in the reins, it bringeth mirth, & causeth a man to bee lustie and fat.

33. A confection of Roses, called Diarodon Abbatis.

Take of sanders red and white, aū. two ʒ. ʒ. of gumbe, fragantum, gumbe arabicke, spodie aū. two ʒ. asarabacca, masticke, cardamomum, saffron, spikenard, the iuice of licozas, cloues, muske, anniseed, fennel, cinamond, rhubarbe, and basel seed, barberies, seed of wilde succory, seed of purselin, seed of white poppie, seed of gozds, cowcumber, millons, cytrons aū. ʒ. ʒ. perles, the bone of the heart in the red deere, aū. ʒ. ʒ. suger candie, roses, aū. one ʒ. three ʒ. of camphyre eight grains, of muske one ʒ. gra. ʒ. make this with the sirup of rose water.

This doth helpe the yelowe iauundise, the weaknes of the liuer, consumptions, & diseases about the hart, & those which be troubled with a heat about the stomake, lunges, or the whole bodie, and also those which recouer from long and boie agues.



34 A confection of Calamintes, of Doctor Nicholas,  
Diacalamintes.

**T**ake calamintes, peniriall, hisope, blacke pepper, silar  
motan, parsely, aū. thre 3. two 3. of louage one 3. one  
3. of smallage, ammy, time, dill, anniseed, cinamond,  
ginger, aū. two 3. of hony as much as wil suffice.

This dooth cure faultes of the stomake which come of  
cold, and causeth digestion, and chiefly in old men, it taketh  
away the cough which commeth of cold causes.

35 A confection of the three peppers, of Doctor Ni-  
cholas, called Diatrion Pipercon.

**T**ake of the thre peppers eight 3. ʒ. ginger, time, anni-  
seed aū. thre 3. spikenard, ammy, amomum, cinamond  
aū. aur. one casia fistula, siler montan, enula campana,  
dyll, aū. aur. ʒ. make it with hony clarified.

This dooth engender heat in the stomake and the belly,  
it remedieth all paine of flegmatike causes, it purgeth the  
stomake of raw humors, and helpeth digestion.

36 A confection of hore hounde of D. Nicholas called  
Dia Prasium.

**T**ake of greene hoze hounde stue 3. ʒ. fragantum, piaples,  
swæte almonds of fistici, which is a kinde of nattes, the  
substance of dates, moist figges, raisons, of currants, the  
stones taken sooth, aū. thre 3. ʒ. cinamond, cloues, nut-  
megs, mace, galanga, ligny aloes, spinard, ginger, setwall,  
licoas, rha, anacardin, storax, calaminte, galbolum, turpen-  
tine washed, of masticke, mirbe, flowzedeluce, aristolochia  
rotunda, the roote of sipers, blacke pepper, anniseed, dyll, fen-  
nell, seede of smallage, parsely, sarefrage, aū. two 3. wilde  
lylies, organy, wormewood, squinantum, cardamomum,  
white pepper, carawates, louage, daisie, aū. one 3. ʒ. gra. two  
ʒ. pelitary of spaine, water mint, peneriall, dittan, colke, sa-  
uery,



uery, basill, piony, long pepper, ammonum, ozobus, aū. one  
 3. two gra. thre 3. the wood of balme, casia fistula, cozall,  
 shauing of iuery, seed of balme, yelow carrot, aū. 3. ꝑ. muske,  
 amber, the bone in the heart of the red deere, aū. riij. gra. of  
 hony clarified as much as shall be sufficient, and make it af-  
 ter this forme following: Put in foure lib. of clarified hony  
 five 3. of greene hoze hounde beaten, and yong piapilles  
 pared, put also vnto them thre 3. of the best old wine, and  
 let them boile together, with a soft fire, vntill the wine bee  
 consumed, let your dry figges bee made cleane within and  
 without, dresse likewise your dates, and let your raisons  
 bee picked, dresse likewise your pineapples, your almonds,  
 and your nattes fittise, dry euerie one of them by them-  
 selues, afterward beat them in a morter wherin they were  
 before, and mingle them with these spices which wee haue  
 spoken of before.

This doth cure the weaknes of the stomake, and chief-  
 ly rumes, and the bzaine of cold, the turning sicknes, the  
 eye sight, and the winde pipe which is troubled with grosse  
 fleame, it doth also mitigate the paine of the toothe ache.

37 A medicine of Floredeluce, called diaires  
 Simpleisis.

**T**Ake of the flowredeluce one 3. suger candie, fragantum  
 cold, which is a roote, aū. thre 3. mingle them & make  
 them in powder.

38 An other medicine of Flowredeluce,  
 diaris Salomonis.

**T**Ake of flowredeluce, one 3. peneriall, isope, licozas, aū.  
 six 3. the gumme fragantum, almonds, pineapples, and  
 cinamond, ginger, pepper, aū. thre dry figges, the sub-  
 stance of dates, raisons, of cozants picked, aū. thre 3. ꝑ. flo-  
 rar red two 3. one 3. of hony as much as will be sufficient  
 for your purpose.

This



This is good against the cough and shortnes of winde,  
and it also restoreth the speech lost.

39 A medicine of gumme Tragantum, called Dia-  
tragacantha Calida,

Take of the gumme tragantum, and hisope, aū. foure 3.  
pineapples, both the kindes of almonds blanchéd, linséd,  
aū. sixe 3. the seed of fenikrike, cinamond, aū. 3. ʒ. licozas,  
and of the iuice of it, ginger, aū. two 3. make a powder of  
these.

This is ministred in the hardnes and straitnes of the  
brest, which commeth of grosse and cold causes.

40 A medicine of the roote of Traganti, called  
Dia tragacantha Frigida,

Take of the white fragantum two 3. gummy arabicke one  
3. two 3. amili 3. ʒ. of licozas two 3. of penidis three 3.  
the foure greater cold seedes, pared and picked aū. two 3.  
of camphire, ʒ. ʒ. of the sirup of violets as much as will suf-  
fice.

This doeth cure all diseases about the lunges, the brest,  
and chiefly those which bee in a consumption and ill liking,  
the pluresie, the cough, and those which be hote and dry, the  
roughnes of the tong and the throt, let the patient hold it in  
his mouth, and swallow it downe when it is melted.

41 A confection of Mulberries, of D.M. called  
Diamoron Posno.

Take of the iuice of mulberries, lib. ʒ. the iuice of blacke  
berries, one lib. of hony, lib. ʒ. sodden in swete wine to  
the third part of three 3. make it after this forme, let your  
iuice boyle with your hony and swete wine, with a soft fire,  
in a vessell of brasse or tin, untill it be wel sodden, & to know  
when it is well sodden, yee must take a droppe of it and



late it vpon a marble stone, if it will bide vpon the stone, and cleane like hony, the stone turned vpside downe, then it is well sodden, this done, straine it and keepe it in a vessell of tinne.

This is good against sores in the throte, and all kindes of swelling.

42

A confection of blacke Poppie,  
Dia Codion.

**T**ake ten heads of blacke poppie, not too great nor too small, nor too moist nor too dry, cast on them, two lib. .ʒ. of raine water, and if they haue more moisture then dries, let them lie in the water a day and a night, but if they bee drier, then let them lie longer, then after this, seethe them vntill halfe the water be consumed, and so straine it.

This is ministred in all fluxes, and chiefly in the bloodie fluxe, with the decoction of raine water, in the which spodie hath been sodden in, or with rose water, it dooth also stop the flux of meate vndigested, which the Physicians call lienteria.

43

A confection of Poppie white, D.M.  
Dia Papauer.

**T**ake of white poppie, fine and twenty 3. sweet almonds blanched, the graines or kirkels of pineapple, and gum arabicke, gumme fragantum, the iuice of licozas, an. ten 3. of ammili foure 3. the seede of perselin, the seede of lettuce, kirkels of quinces, an. foure 3. of saffron, one 3. of penides foure 3. take of the sirup of poppie as much as will bee sufficient.

This helpeth those which bee in a consumption, and those which cannot sleepe.

A



## 44 A confection of saffron called, dia curcuma.

**T**ake of saffron asarabacca, parselcy, yealow carrots, ani-  
seede, the seede of smallage, aū. foure 3. rhubarbe, and  
wilde fennill, spikenard, aū. fire 3. cost, the berries of myz-  
tilltreē, casia fistula, squinantum, the seede of balme, mad-  
der, iuice of woyme wood, iuice of egrimonie, iuice of balme,  
aū. two 3. calamus aromaticus, cinamon, aū. one 3. ꝑ.  
wilde garlike, ceterac, the iuice of licozas aū. two 3. ꝑ. the  
gum fragantum, one 3. make it with clarified honny.

This cureth olde diseases, and the euil liking and de-  
formitie of the bodie, when the meate being receyued, doth  
not nourish but is corrupt in the bodie, it also helpeth the  
dysopsie, the diseases of the liuer, and the spleene when they  
be hard, or indurat, it purgeth the stomacke of corrupt hu-  
mors, cold and windie, it purgeth and mitigateth paine  
in the raines and bladder, it prouoketh vyne.

45 A confection of the hearbe Saturion, dia  
Saturion.

**T**ake the roote of saturion which is like stones, the gar-  
den parsnip, the nut of inde which is called of the Po-  
thecaries, fisteci, stirwits, clones aū. twelue 3. ginger ani-  
seed, roket, of birdes tongue or styck wozte, siue 3. cinamon,  
the tailes of small crocodilles in the riuer of Nylus of the  
same kinde that the crocodilles of the earth be on, crow  
garlike, two 3. ꝑ. of siue gra. make it after this forme, put  
the roote of saturion in so much clarified honny as will suf-  
fise, let also your parsnips and stirwits be well beaten by  
themselves, then put them into the same honny, and stirre  
them well, and let it seeth a certain space, then mingle with  
them your pꝛincipals, your nuts fisteci, first well stamped,  
when they haue boiled a litle while, then take them from  
the fire, and put vnto them the pouder of the spices, and at  
the last put in your muske with rose water.

This doth restore and fortifie the weakenes of the



rainess of the bladder, it prouoketh vyne, and moueth a man to venere.

46 A confection of prunes Do.N.dia prunes:

**T**Ake a hundreth of damsons, and put them in a vessel of tinne, with so much water as will couer them well, and let them boile till they be soft, then take them from the fire, then let them stand till the water be luke warme, then take them out of the water, and put them into a seue ouer a great vessell, and chafe the prunes so long with your hands that nothing remaine but the stones and the skinnies, then put into the water the which the damsons were sodden in befoze one ʒ. ʒ. of violets, and boile them, and make a sirrop with two lib. of suger, into the which sirrop, put the substance of the prunes, and let them seeth vntill they be ~~thicke~~, then put into the same water one ʒ. of casia fistula washed, put also thereto one ʒ. of the fruite thamarinde dissolued and strained into the water, remember also that you boile in the same water of prunes, one ʒ. ʒ. of violets, and seeth them well, stirring them continually, and when they bee well sodden, then take them from the fire, and sprinkle on these pouders following: saunders, spody, rhubarbes, roses, violets, the seed of purselyn, the seede of succory, barberies, the iuice of licozace, the gumme fragantum, aū. two ʒ. the foure gileter colde seedes, aū. one ʒ. if you will make it laxatiue, put vnto euerie pounce when it is taken from the fire, ʒ. ʒ. of stammony, dia prunes, not loosing, is ministred in hote and burning agues, chiefly in sinocho which is a continual feuer of corrupt humors, in this ague it may safely bee giuen in the beginning, increase, and at all times, and without diagredion it may bee giuen at all houres of the day, with diagridion, in the morning, but circumspectly because it is verie laxatiue.

A con-



- 47 A confection of dates, of D. M. dia  
phenicon.

**T**Ake of dates infused in vinegar three dayes and three nights, sixe 3. two 3. of penidis which be litle wythes of suger dissolued in a decoction of barley three 3. one 3. of almonds blanched, fiftene 3. of turbith two 3. ʒ. of scammony sixe 3. ginger, long pepper, the flowers of reio dyed, cinamond, mace, galanga aū. one 3. graines fiftene, beate them well, and make them with clarified honney.

This doth cure mixt agues of diuers humors, the cholike, and the paine in the bellie, it also purgeth raw humors of colde.

- 48 A confection of garden Saffron, called  
dia cartamum.

**T**Ake of the roote of fragantum 3. ʒ. the substance of quinces one 3. the thickest of the chyues of saffron, foure 3. of white ginger, two 3. dia gridion three 3. white turbeth sixe 3. Hanna or sweete dew, Heliosatum, which is a confection of Hony and Roses strained, one 3. of Sugar, eight 3. wilde lylies, foure 3. and make a lectuary putting vnto it as much hony as will suffice.

This is good to purge choler and fleame.

- 49 A singular confection of corall, called  
dia corallium magistrale.

**T**Ake of the spices of the confection diarsodon abbatis, which we did speake of before, foure 3. of both corals, little peeces of peris aū 3. ʒ. beate them into fine powder, and put vnto them of suger resolued in water of roses, seven 3. ʒ. and make them into small peeces.

This doth comfort the heart, the stomacke, and chiefly those that haue beene long sicke and colde.

50 A con-



50 A confection of Casia fistula for glisters.

**T**Ake of the flowers of violets, the leaues of mallos, mercuri, pariatory, aū. m. of the common wormewood, m. f. take all these greene and young, and make a decoction thereof, with a sufficient quantitie of water, then straine them and presse them with your hands, in the stirring you must dissolue one pound of casia fistula, and one lib. f. of the best honny. This purgeth and moueth a man to the stoule, it is verie expedient for tender and delicate persons, because it is gentle in operation.

51 A confection of Sene, of D. N. called  
dia Sene.

**T**Ake of ligni aloes, cloues, galanga, nutmegs, folium indicum, mace, cinamon, aū. two 3. the stone lazare, the stone armenicke aū. two 3. f. take of sene twice so much as of all the oſher, of saffron one 3. of silke not dyed nor coloured, but as it cometh from the silke wormes, made in powder, aū. two 3. of the shaning of Quory. spody, anacardine, the bone in the hart of the red Deare, litle fishes called vnguis odoratus, aū. two 3. wilde lillies, one 3. the berries of myrty gentian, the berries of the bay tree, elleborus, niger or beare foote, aū. two 3. wallnuts made in powder, fiftene in number, of amber two 3. of honny as much as will suffice: and to heale the lepze, some Physicians mingle with these serpents, flesh.

This doth remedie all diseases of melancholy, and madnes, cardiaca passion which is a gnawing and a griping about the stomacke. it taketh away heavines, quartaines, and diseases of the spleene, this confection is not greatly vsed among Physicians.

52 A confection for the brest, called decoctio  
pectoralis.

**T**Ake of dry hyssope, maidenhaire, figs, dates, sebesten, raisons, of corans, barley, licorace, aū. equall partes,  
boile



boyle these together with a sufficient quantitie of water, then straine them and reserue them.

This doth assuage all paines about the brest, it cureth also the cough and hoysenesse.

53 A common decoction called  
decoctio communis.

**T**Ake of pꝛunes, wilde dates, reſons, of coꝛance, violets, liquirice, barley, an equall parts, boyle them in a sufficient quantitie of water, so straine them and keepe them.

This is much vſed in hot agues and other hot diseases, and when the time is hot, and to temper medicines which be receiued in such hot agues and times, this decoction is chaunged according to the diuersitie of diseases, because some be hotter than other.

E. 54 An electuarie which the Potheccaries  
call Catholicum.

**T**Ake ſene waſhed, caſſia ſiſtula waſhed, thamarind, aū. eight ʒ. rhubarbe, violets, polipodi, anniſeed, aū. foure ʒ. of lichozas ſcraped, peuidis, ſugercandie, aū. foure ʒ. the ſouze greater cold ſeedes, aū. one ʒ. take a pounce of polypodi, and beate it and ſeeth it well in water, ſtaine it, then make a ſyrlope with eight. lib. of ſugar, temper your caſſia ſiſtula and the fruite of the thamarind together, and when the decoction is almoſt made, put them in with the other ſpices, and make an electuary thereof.

This is miniſtered in hot and burning agues, because it doth mollifie, diſperſe, and comfort, it doth alſo cure diſeaſes of the liuer and the ſpléne.

**D**

An electua-



An electuary of the iuice of  
roses of D. M.

**T**ake of sugar and the iuice of roses, aū. one lib. foure 3.  
of ʒ three saunders aū. sixe 3. of camphyre, one 3. temper  
it after the forme of a leauiarie, with a sirroppe made of the  
same sirroppe of roses.

This doth purge choller easily, and healeth hote disea-  
ses in the ioyntes, the head-ach, the turning sicknes, the  
paine of the eyes, and it hath bene proued against the ye-  
low jaundis.

An electuarie of fliwort, which the Potheca-  
ries call Psillum of D. N.

**T**ake of the iuice of buglosse, both the garden and the  
wilde, the iuice of endise, the iuice of smallage sodden  
altogether and fined, aū. two lib. cast vpon them the see-  
de of dodder, annised, the coddies of senie, aū. 3. ʒ. of maiden-  
haire, one m. the iuice of fumitoe three 3. of asarabacca  
foure 3. spiknarde, two 3. let them lye a day and a night,  
and then set them on the fire, and suffer them once to boile,  
then cast vpon them three 3. of violets Greene or dye, foure  
3. of the harder tyme, two 3. boile them once againe with  
a soft fire, then straine them, and when they bee strained,  
put vnto them three 3. of fliwort, and let them stand all  
a day and a night, but yee must stirre them continually,  
this done, presse forth the slymy sappe of them, and take  
foure lib. of it, and put vnto it two lib. ʒ. of fine suger, of  
scamony rosted in an apple, three 3. ʒ. after this set it on  
the fire againe, seeth it a litle, and then put in litle balles  
of roses which the Pothecaries call trochiski diarodon,  
of litle balles of spody, and of rhubarbe, aū. one 3. balles  
of barberies 3. ʒ. then make your asarabacca into a  
grosse ponder, that it may bee the moze laxative, you may  
also



also put vnto this confection, græne violets, and dye saunders.

This purgeth yelow choller, and it helpeth the turning sicknes of the heade, which commeth of a chollericke humoꝝ.

57 An electuarie of D. N. called  
Inde maioris.

Take cinamom, cloues, spikuarde, roses, cassia fistula, mace, cypresse, aū. foure ʒ. yelow saunders, two ʒ. ʒ. ligni aloes, nutmegs, aū. two ʒ. turbith, one ʒ. of suger, penidis, aū. twentie ʒ. galanga, cardamomum, asarabacca, masticke, aū. one ʒ. ʒ. of scammony, twelue ʒ. beate all these together with the oyle of almonds, then take of the iuice of quinces, pomgranades, of the iuice of smallage, fennill aū. one lib. ʒ. seeth these iuces with clarified honny, vntill they be thicke, and then make the electuarie with the other spices.

This doth purge superfluous humoꝝ, and chiefly flegmatike and corrupt humoꝝ in the stomacke, and in the other principall partes, it dissoluetw winde, and cureth those diseases that come thereof, as the paine of the stomacke and of the inwarde partes: the chollicke and the paine in the reines, it doth also consume corrupt humoꝝ in the iointes.

58 An electuarie to comforte the stomacke,  
called Electuarium comforta-  
tium stomachi.

Take of the graines of the stones of the myzte tree broken finely, twelue ʒ. of roses, spody. manna, which is the flower of frankincense, of ʒ thre pepers, of yelow saunders, the flowers of ʒ wildepomgranad, gumme arabycke, aū. one ʒ. ʒ. the graines of the pomgranade made in pow-



der seven 3. of corryander, infused in byneger, and made in powder, foure 3. the seede of sozrel, plantan, the seede of roses, aū. two 3. breake them all well, and rubbe them with your hands, then put them into the water of sozrell, and so make your electuary.

This doth comfort the stomake and the inward partes, it stoppeth the laske which commeth of too strong a purgation, it moueth a man to meate.

An electuarie of precious stones,  
electuarium de gemmis.

**T**ake of white pearles two 3. little peeces of the saphyr, Jasynt, cornelyn, pomgranade, emeraude, aū. one 3. ʒ. setwall, the swete roote dozonicke, the rinde of pomcitron, mace, the seede of basell, aū. two 3. redde corral, amber, shauing of iuery, aū. one 3. two 3. the rootes of both behenes, both the white and redde, ginger, long peper, spiknard, folium inditum, saffron, cardamomum, aū. one 3. little balles of roses which the apothecaries call trochisti diarodon, ligni aloes, aū. fūe 3. cinamon galinga, 3. ʒu ʒu beth a kind of setwall, aū. one 3. ʒ. tyme, peales of golde & silver, aū. aur. ʒ. of gald muske 3. ʒ. make your electuary with honny of amblicorum, which is a fourth kind of myrrorobolance, and with roses strained with equall partes, as much as will suffice.

This helpeth colde diseases of the braine, the heart stomake, and the matrice, it is a medecine prouided against the trembling of the heart, and fainting and founing: the weakenesse of the stomake, pensiuennesse, solitarinesse, kings & noble men haue vled this for their great comfort, it causeth them to be bolde spryted, the body to smell wel, and engendzeth good colour.



60 An emplaister which the Potheccaries call, Diachilum Album Commune.

**T**Ake of fenigraeke, linsede, the roote of holioke, presse out of all these the slimy sappe, and take of it one part, and of litharge beaten wel, and clenfed from the dross, one part and a halfe, of old and cleare oyle, of oyle 3. parts : beate the litharge and the oyle long in a mortar of stone, with a pestle of yron, then boyle them on the fire softly, stirring them vn, til the litharge runne together, then take it from the fire and suffer it to coole, after this take the slimy sappe and boyle it once, then cast by litle and litle the slimy sappe vpon the litharge and the oyle, and beating them well with a pestle til they be mixt together, afterward seth them on the fire till they bee thicke, you may put vnto this emplaister the fine powder of flowzedeluce, and you may vse for your common oyle which is sallet oyle, the oyle of flowzedeluce, some mingle with this, of the slimy sappe of melilote.

This emplaister is very good against impostumes and hardnes of the liuer, and the splene, the stomake, and swelling about the throat, and all hardnesse in any place.

61 An emplaister which the Potheccaries call, Diachilum Paruum.

**T**Ake of litharge lixe 3. of old and cleare oyle one lib. of slimy sappe, of sluwort soure 3. the slimy sappe of henbane, one 3. p. the slimy sap of linsed, the slimy sap of the rootes of malloes, aū. two 3. make your emplaister accordingly.

This emplaister doth resolue and ripe swellings which come of heat, and all impostumes.

62 An emplaister which the Potheccaries call, Diachilum magnum.

**T**Ake of litharge broken and sifted, twelue 3. oyle of flowzedeluce, oyle of camomile, oyle of dill, aū. eight 3. of the  
D 3
slimy



slimy sap of linseed, & slimy sap of fenigreeke, & rootes of holi-  
hock, & slimy sap of moist figs, the slimy sap of raisons, of co-  
rants, the iuice of isope, the slimy fat of & belly of the great fi-  
shes, aū. twelue 3. ꝑ. turpentine thre 3. the gum of the pine,  
apple tree, yelow ware, aū. two 3. make it after this fashi-  
on, beate your litharge and the oyles which wee did speake  
of before, in a mortar of stone, with a pestle of iron, the space  
of halfe an houre, then let them boyle with a soft fire, stir-  
ring them continually till they bee thicke, then take it from  
the fire and let it coole, after ward take the slimy sappes and  
the other and boyle them untill they bee hard, then take it  
off, and laie it vpon a marble stone, and make it in great  
peeces.

This emplaister is stronger in operation than the o-  
ther, and better to ripe and to resoluē all hardnesse and in-  
flamations.

63 An emplaister of slimy sappes, called Empla-  
strum, de Mucilagibus.

Take of the slimy sappe of the seede of holihocke, linseede,  
of the inner rinde of an elme tree, of fenigreeke, aū. foure  
3. ꝑ. of the oyle of camomil, the oyle of lilies, oyle of dill, aū.  
one 3. ꝑ. of ammoniacum, galbanum, oppopinar, serapium,  
aū. 3. ꝑ. of new wax twentie 3. of saffron two 3. turpentine  
two 3. and make your plaister accordingly.

This emplaister mollifieth all hardnesse.

64 An emplaister for the stomake and  
the liuer.

Take of ligni aloes, wormewood, gummi arabicke, ma-  
sticke, cypres, coste, ginger, aū. 3. ꝑ. calamus aromati-  
cus, of the finest franckensence, aloes, aū. thre 3. thre 3.  
cloues, mace, cinamond, spikenard, nutmegges, the confec-  
tion which the Apothecaries doe call gallia moscata, squi-  
nantum,



nantum, aū. one thre 3. ʒ. mingle all these together with the confection which the Apothecaries call myna aromatica, which is made of quinces, pearres, and such like binding things, laie all these vpon a cloath, and perfume them with the wood of aloes.

This emplaister dooth comfort the stomake, the liuer, and encrease the heat.

65 An emplaister of Bayberries, of Doctor Mesues.

Take of fine frankensence, and masticke, mirrhe, aū. one 3. the berries of the bay tree two 3. of cipres, coste, aū. 3. ʒ. take of clarified hony as much as will suffice to make it thicke, then spread it vpon a cloth and so laie it to the soze.

This is a verie excellent plaister against the dropsie, and to assuage all swellings of winde, if yee will triple the quantitie of cipres, and put it vnto the plaister, also a little quantitie of colwes dung, or goats dung dyde, doth also assuage all griefes which cometh of cold, winde, & chiefly the paine of the stomake and belly, the reines, matrice, and the bladder.

66 An Emplaister of Melilot.

Take of melilot, sixe 3. the floures of cammamille, the berries of the bay tree, the roote of holihoock, wormewood, aū. foure 3. the seed of smallage, wilde carawaies, flowerdeluce, cipres, spikenard, casia fistula, annisi, anniseede two 3. ʒ. margeram thre 3. ammonium ten 3. storax calamite, bdellium, aū. siue 3. turpentine one 3. ʒ. moist figges in number twelue, the fat of a goat bucke, rosen, aū. two 3. ʒ. waxe sixe 3. the oyle of margeram, the oyle of spikenard, as much as will suffice to beat them in.

This emplaister dooth mollifie all hardnesse of the stomake, the liuer, the splene, and all the inward parts.

An



67 An emplaister of Waxe, of D. N. called Empla-  
strum Ceroneum.

Take of piche which is about shippes, pressed or strained through some thing, of ware, aū. 3. thre 3. of serapinum, two 3. of ammoniacum, turpentine, dry pitch, saffron, aū. 3. thre 3. aloes, frankensence, mirhe, aū. one 3. oppoponar, storax calamite, galbanum, masticke, allom, fenigreke, aū. thre 3. of the dregges of storax liquide, which the Bothecaries call stact, bdellium, aū. thre 3. of litharge, one 3. f. make it after this wise, first beat your serapinum, galbanum, the gumme oppoponar, ammoniacum a litle, and temper them with wine, then boyle them vntill the wine be halfe consumed, then set it on the fire againe in a vessell of tinne, and when it shall begin to boyle, put vnto it your pitch, and stir it well vntill it bee melted, and when it is melted, put ware vnto it, & that being molten, put in of dry pitch which the Bothecaries call colophonia, then storax beaten small with a hotte pestle, must bee put thereunto, afterward mastick, frankensence, mirhe, bdellium, and some after these, put in turpentine, allom, litharge, and last of all fenigreke, when it is sodden, powze it vpon luke warme water, and incontinently take it forth againe, and presse it with your hands till all the water be forth, this done make your pouder of aloes, soft mingled with the oyle of lawzell vpon a marble stone, take and make of all mingled together, balles or great peeces, with pouder of saffron, your hands to bee nointed with the same oyle of lawzell.

This emplaister taketh away all paine which caused in spitting, the grieve of the stomake which cometh of cold, it doth also disolue congealed humors in the stomake, and the hardnes of the splene, it healeth the dropsie which cometh of the colones of the liuer, and also the colones of the matrice if it be laid vpon it.

An



68 An Emplaister of Vineger and Saffron, D.N.  
called Emplaistrum Oñicroceum

**T**ake pitch which is about ships, saffron, dry pitch or colophony, of ware aū. foure 3. turpentine, galbanum, ammoniacum, mirhe, fine frankensence, masticke aū. one 3. three 3. make it thus, breake a litle your galbanum, and ammoniacum, then laie it in vineger the space of a night, in the morning set it on the fire and melt it, and when it is melted, straine them and seethe them till the third part of the vineger be consumed, then put in your pitch being pressed and strained before, & when it is melted put in ware, the which also melted, put in the dry pitch or colophony, and turpentine, and sone after, masticke and fine frankensence and mirhe, stirring it alwaies from the beginning until the end, when it is sod, put it into cold water, and when yee take it forth, presse it with your hands till the water be forth, afterward wash it vpon a marble stone annointed with oyle, and make it soft and gentle, then cast vpon it the powder of saffron, and so make you it in great peeces.

This cureth broken bones, and allwageth all griefes in what part soeuer they be of the bodie, it also mollifieth hard impostumes in any part of all the bodie.

69 An Emplaister which the Potheccaries call,  
Ianua, D. M.

**T**ake of the iuice of ieloflowres, the iuice of plantain, the iuice of smallage, aū. lib. of ware, rosen and turpentine, aū. lib. ʒ. make of this an emplaister.



70 An Emplaister which the Potheccaries call, *Gratia Dei*, of Doctor Nicholas.

Take turpentine, one lib. rosen, one lib. white ware foure 3. masticke one 3. of veruen, gelosoures, pimpernell, aū. one m. beate these hearbes, and boyle them in strong white wine vntill the third part bee consumed, and then straine them and cast away the substance of the hearbes, then put vnto the iuice strained, ware, rosen, masticke, and let them boyle, stirring them till they be thicke, then take them off, and put in turpentine, and mingle all together, and make this your plaister.

71

An Emplaister against Ruptures.

Take of the pitch about olde ships, of aloes, aū. two 3. of litharge, of redde ware, dry pitch or colophony, galbanum, ammoniacum, aū. two 3. mistleto of an oke, sixe 3. of chalke or plaister, of both aristolochia longa, and rotunda, mirrhe, frankensence, aū. sixe 3. turpentine two 3. of the common wormes of the earth, of oke apples foure 3. of comphery, of the daisie, of bole armoniacke aū. foure 3. the blood of a man, one lib. make it thus, put the mistleto in first to the water, and suffer it to boyle long, in a decoction wherein a rammes skinne was sodden in, and let it seethe the space of a day and a night, then take it from the fire and put vnto it turpentine, litharge, dry pitch or colophony, mastick, and white frankensence, mirrhe, galbanum, ammoniacum, and sone after camphory, and daises, chalke or plaister, bole armoniacke, after this, set it on the fire againe, & put in the blood of a man, & both aristolochia, and last of all, aloes, you must stirre it continually, when it is well sodden take it from the fire, yee shall see and know it to bee well sodden, when it will not cleaue nor sticke vnto your fingers, then laie



laie it vpon a marble stone annointed with oyle of biolets, and make it soft with working and labouring it with your hands, and after this, yee must beate it in a moztar two daies or thre continuallly, and then reserue it.

72 An Emplaister of D.N. which the Pothe-  
caries call, Diuinum.

**T**Ake of galbanum one 3. two 3. of ammoniacum, thre 3. oppoponar, one 3. of litharge, one lib. ʒ. of new ware, eight 3. of oyle of lilies, one lib. ʒ. fine frankensence, one 3. one 3. of mirrhe, one 3. one 3. of greene brasse, one 3. of bdellium, two 3. of aristolochia longa one 3. of masticke one 3. of aymentes, a kinde of chalke, foure 3. mingle all these together, and make an emplaister.

73 An Emplaister for the Matrice.

**T**Ake of the roote of cinkfoly, one lib. of ligni aloes, yelow sanders, nutmegges, barberries, of the floures of rosemary, or roses, aū. one 3. of cinamond, cloues, squinam, the floures of camimile, aū. 3. ʒ. masticke, fine frankensence, a confection which the Pothe-caries call, alixta muscata, and an other which they call gallia moscata, of storac calamita, and storac liquida, which the Pothe-caries call stacte, aū. thre 3. fine muske, 3. ʒ. of ware one lib. ʒ. of turpentine lib. ʒ. the gumme of, lade, foure lib. of pitch about old ships, thre lib. make an emplaister therof.

74 An Emplaister of red Leade.

**T**Ake of the oyle of swete roses, one lib. ʒ. the oyle of myrtle tree, the ointment populeon, aū. foure 3. of hennes grease, two 3. the tallow of an ore gelded or of a colwe, aū. lib. ʒ. swines grease seven 3. litharge of gold and siluer, aū. thre 3. ʒ. of white lead foure 3. of red lead thre 3. of turpentine



fine tenne 3. of ware as much as will suffice to make your plaister according to the art thereof, somewhat blacke.

This doeth heale great and olde sores as it hath been proued, by the auncient Chirurgion, Iohn de Vigo.

75 An Emplaister of white Lead, Emplastrum de Cerusa.

**T**ake of the oyle of roses, two lib. of white leade, foure lib. of white ware, five 3. make an emplaister thereof.

This is a very good plaister against all sores which come by reason of the heate of the Sunne, or by any other hotte causes, or against rubbings, gallings, or excoriations of heate.

76 An Emplaister of dates of D.M. Emplastrum Palmeum.

**T**ake litharge of gold, three lib. of oyle olive, the grease of a young hogge, an. one lib. ʒ. of greene coppes, or foure 3. buddes or toppes of date trees, seethe them altogether on the fire, and stirre them continually with a stick of the same date tree, if yee cannot haue the buddes nor the tops of the same, ye may take the rootes of reedes.

This is a verie excellent plaister against woundes festred with blood, and against grieuous impostumes, burnings, bꝛuising, shooting of humors.

77 An Emplaister of three things.

**T**ake of oyle olive, foure lib. of litharge of gold, two lib. of vineger, lib. ʒ. make the emplaister accordingly.

This emplaister doth bring new flesh againe in woundes: also doeth heale them.



78

A red emplastre to drye : Diacalium  
rubrum.

**T**ake litarge of gold, three 3. oyle of roses, oyle of violets,  
an. lib. ʒ. of ware twelve lib. the stone which the Apo-  
thecaries call calaminaris, of terra sigillata, of redde leade,  
an. foure 3. of camphure, one 5. make your emplastre.  
This doth drye byles, and drye sores which be cleansed.

H.

79

Hiera, pecra, galeni.

**T**ake of saffron, spikenard, the wood of balme, of casia fi-  
stula, cinamon, masticke, an. sixe 3. of aloes, 3. C. take  
of honny as much as will suffice, beate them all, and worke  
in the iuice of coleworts, wormewood, or wine, that they  
may be so mingled together, as leuen in dow, put vnto them  
scammony, that they may the better cleaue together, and al-  
so purge the body of cholles, if ye put agaricke and the in-  
ner parte of coloquintida, then it will purge fleame, and if  
ye will mingle the flower of harder time therewith, then  
melancholly is purged: to make it moze gentle in operation  
and lesse noysome to the stomacke, the Apothecaries, doe put  
vnto this composition, twice as much of aloes as of all the  
other kindes, your aloes must be broken and washed, that  
it may the better goe to the bottom of the water, and the  
drosse which swimmeth aboue, to bee cast away with the  
water, this must be done twice or thrice. & when it is well  
washed, it will be an apte medicine for the stomacke, and  
nothing hurtfull to the inwarde partes: after this the other  
kindes of spices ought to be mingled, and so it shall be a ve-  
rie good purgation for weake stomackes.

This purgation which is made with aloes, doth reme-  
die ylliaca passio, and consumeth superfluous humors in the  
stomacke, it doth amend the palenes of the face, the eyesight  
which is dimmy with grosse humors from the stomacke, it  
prouoketh a man indifferent to the stoule, working and pur-  
ging from the liuer, it doth hurt those which haue a hote



liuer, but the stomacke thereby is helped.

80 A Iulep of roses of doctor mesues.

**T**Ake of rose water, thre lib. of fine suger sodden and clarified two lib. make your iulep with a soft fire.

This quencheth the thirst in hote agues, it doth also swage the heate both of the liuer and of the hart, it doth also resist corruption of humors, and keepeth a man whole.

81 A thinne Iulep of Violets.

**T**Ake the water of the flowers of violets, foure lib. of fine suger sodden and clarified two lib. mingle them together, and seeth them with a soft fire.

This is a present remedie in all burning agues, and to those which haue a hote liuer or throte, it helpeth also those which haue any roughnes in the wind pipe or throat, it helpeth the plurisie, and the dry cough.

82 A thicke sirrop of Pinaples, of D. M.  
loch de pino.

**T**Ake of the graines or stones of the pinaples thirtie 3. swete almonds, wallnuts made in powder, the gumme fragantum, gummi arabicke, licozace, the iuice of amily, maiden haire, the rootes of lillies, an. foure 3. the substance of dates five and thirtie 3. of bitter almonds, thre 3. honny mixt with the iuce of great resons, fine sugar, fresh butter, an. foure 3. of the best honny as much as will suffice.

This doth helpe old coughes, shortnesse of breath, and causeth a man to auoide grosse steame, and also spittle.

83 A thicke



83 A thicke sirope of squilla, loch  
de squilla.

**T**Ake of the iuyce of squilla, of honny clarified, aū. lib. ℥. and seeth it till it be thicke.

This pureth tough and grosse matter congeled in the winde pipe, and causeth spittle easily to aueyde, it cureth shortnesse of winde, the paine of the brest and the side.

84 A very excellent thicke sirope  
of D. M. loch Sanum.

**T**Ake cinamon, drie hisope, the iuyce of liquirice, aū. 3. ℥. of iniubes, sebesten, aū. thirtie: rasens, of cozans picked, drie figges, of moist dates, aū. two 3. of fenegræke, fine 3. of maiden haire, one 99. of aniseede, folium indicum, flowerdeluce, camamile, of linseed, aū. foure 3. seeth al these in foure lib. of water till the halfe be consumed, then put vnto this two lib. of penidis, which is a confection of sugar, seeth it till it be as thicke as honny, then mingle with this a pine apple pared, fine 3. of almonds blanchèd, lyquirice, the gum fragantum, of gummi arabic, of amili, aū. three 3. of flowerdelyce, nine 3. labour this confection till it be soft and white.

This cureth the cough, and the hardnesse of the wombe, which commeth of cold, and also flegmatike humors which be in the brest or in the longs.

85 A thicke sirope of Coleworts.

Take the iuyce of red coleworts one lib. of safron two 3. of suger, honny aū. lib. ℥. make your sirope.

A composition which king Mithridates did vse,  
manardi mithridatum.

**T**Ake the bloud of a drake drie, bloud of a ducke, the  
bloud



blout of a goose, the blout of a kibbe, of wilde reys, fennel, dill, natwen, aū. thre 3. the roote of gentian, tripholy, squi-  
nantum, frankinsence, dyer roses, aū. thre 3. white pep-  
per, long pepper, cost, and valerian, annisseede, cinnamon,  
aū. two 3. myzre, spikenard siue 3. benfwoyn, asarabacca,  
ammoniacum, aū. thre 3. mace, agaricke, aū. two 3. the  
seede of balme, one 3. of flowerde luce, saffron, rha. mastic,  
aū. one 3. of sticados siue 3. make a fine powder of all these,  
and put foure times so much honny as of the other, and  
make your mixture.

87 A thicke sirrop of the lunges of a Foxe,

D. M.

T Ake of the lunges of a fore dyed, the iuice of lichozas,  
maidenhaire, fennelseede, aū. foure 3. make it with su-  
ger sodden in water as much as will suffice, some make it  
with the iuice of myzts, and then it is both laxative and  
a comforter of the stomacke.

This is a present remedie in all consumptions and dis-  
eases of the stomacke, it doth both comfort and cleanse the  
lunges.

M. 88 An other confection which the king  
Mithridates vsed, of doctor  
Nicholas.

T Ake of stozare calamita, one 3. one 3. of cloues, spinard,  
the woode of balme, ozobis, louage, the gumme tragan-  
tum, of mastic, galban, sandarie, the swete thorne aspal-  
thus, of the otter stones, the gumme of Juy, bdellium, ter-  
ra lignea, melilot, the gumme of lade, oppoponar, ammo-  
niacum, opium, bymestone vnlecked, lichozace, salte pæter,  
bipoquisses, acacia, roses, germander, saint Johns wort,  
sotherwood, plony, hisope, organ, enulacampana, the leaues  
of sauy, þ leaues of þ bay tree, aristolochia longa, þ flower  
of the harder tyme, wormesee, rosemarie, centuarie, the  
lesse



lesse sehohne, the flower of the wilde pomgranad, the  
 stemme or the inwarde rinde of the myzte tree, flowers  
 of pomgranads, the seeds of a raddish, squilla, the seede of  
 balme, anniseed, giti, henbane, fennell, commin, cardamo-  
 mum, silermotan, white mustard seede, ammi, parlisseed, reu,  
 white poppi, smalage, yelow carrots, clarry, long pep-  
 per, basell, amomum, aū, one 3. gladian, the common  
 swines nuts, capzes, the flowers of tutsayne, of the horne  
 of the redde deare, aū. two 3. of the iuice of the balme, or  
 the iuice of myzte tree, cinamon, saffron, cost, squinantum,  
 ginger, folium indicum, or in the stead of it, cloues, or spic-  
 hard, turpentine, washed myzre, fine frankinsence, casia  
 fistula, agaric, spica romana, rha, flowerdeluce, asarabac-  
 ca, dittan, horehound, the inner rinde of coloquintida, stica-  
 dos, mugwozte, callamint, pelliter of spaine, ground pin,  
 blacke pepper, white pepper, seede of parlie, manna, or  
 swete dew, cresses, sinckfoyle, aū, one 3. berries of the  
 bay tree, fire gra, ʒ. of strong wine and olde, one 3. of hony  
 as much as will suffice to make it.

This doth cure all diseases of the heade which come of  
 colde, and chiefly melanchollie persons, and fearefull, the  
 falling euil, the migram, running eares, and all diseases of  
 the eares, the tooth ache, and all griefes and sores of the  
 mouth and iawes, if it be laide on the place infected, if any  
 rume distill from the heade, then it must be laide vnto the  
 temples after a fashion of a plaister, it cureth also the  
 quins and apoplexian, which is when a man can neither  
 feele, speake, nor moue, it helpeth the cough, and shortnes  
 of winde, and spitting of bloud, the lunges, and all inward  
 diseases, it cureth the chollicke, the bloudie fluxe, illiaca  
 passio, and the fluxe of meate vndisgested, if it be ministred  
 with the decoction of the flowers of pomgranads, it cureth  
 also stiffness of members, when the sinewes be so stiffe, that  
 the party cannot moue, it helpeth the crampe, conuulsions,  
 palsies, diseases about the midrise, the raines, and blad-  
 der, it breaketh the stone, prouoketh the flowers stopped,  
 and helpeth all diseases of the matrice, it mollifieth all

¶

hardnes



hardnes, and cureth the goutte, it is a chiefe remedie against poyson, and against the byting of a mad dogge or any other beast, if it be laide vnto the place, or drinke: it doth also cure quartan agues, and quotidianes taken with luke warme wine, an houre befoze the fit commeth.

89 A confection which the Potheccaries call  
Mycleta.

**T**Ake of the first kinds of myrobolance dyessed and made in pouder, two 3. ℥. commin, annisseede, folium indium, ammi, carawaies, aū. one 3. ℥. cresses made in pouder two 3. ℥. belliricum, and imblicum, the fourth and the fift kinde of myrobolance made in pouder, aū. two 3. ℥. Infuse all these in vinegar a day and a night, afterward make them in pouder, then mingle them with spody, the flowers of wilde pomgranade, masticke, gumme, arabicke, manna or swete dew, aū. one 3. ℥. fiftene gra. stampe them with the oyle of roses, and temper them with the srope of myrtell tree.

This confection hath bene proued against the emrods, gnawing and gryping of the stomacke and the bellie, the bloodie fluxe, and also against lienteria which is a fluxe of meate vndigested, and finally, it is a present remedie against all fluxes of the bodie.

90 A confection which the Potheccaries call Aromaticca, or mixa simplex of  
D. Mesues.

**T**Ake of the iuice of quinces lib. C. put it in a cleane vessel of stone, and let it boile softly, scumming of it, till it bee halfe consumed, then strayne it, and let it stand foure houres, and then cast vpon it sixtie lib. of olde wine, this done, set it on the fire againe, and seeth it till it be thicke, some Potheccaries make it with these spices following, and some without, they take of the best cinnamon, cardamomum



mum the lesser, aū. three 3. of cloves two 3. of suger, mace, stickes, aū. one 3. of saffron two 3. of ligni aloes, mace, aū. one 3. stamp all these, except your saffron, and make them sweete with muske, one 3. and with two 3. of the confection called gallia muscata: there bee also some other Apothecaries which do make this confection with suger.

This confection fortifieth the stomacke, the liuer, and the principall members, it causeth good appetite and digestion, it stoppeth vomiting and fluxes of the body.

91 A confection of honny and roses, called  
Mell rosatum. D. M.

Take of red roses prepared and dressed as it is in the conserues before, aū. two partes, of good honny sixe partes, seeth them with a gentle fire accordingly, some Apothecaries put in equall partes, both of honny, and of the iuice of roses, without any leaues, other some put also vnto the leaues one parte ʒ. and of the iuice one part ʒ. of honny, three partes.

This doth comfort the stomacke, and doth digest and purge flegmaticke humors congeled in the stomacke, or in the raines meseraicis.

92 A confection of honny and violets, called  
Mell violatum.

Take of the flowers of violets one part, of good honny three partes, seeth them with a soft fire.

This is a singular remedie in hote agues, because it maketh the body moist and also laxative, it alwayeth driesnes of the stomacke and the best.

93 A confection of rosemarie and honny,  
Mell authosatum.

Take of the flowers of rosemarie one parte, of honny three partes, make it as ye doe the other.



**T**Ake of suger clarified and molted in water of roses. lib. ʒ. seeth it together till the water be consumed, and the suger harde, in the ende of the decoction put in ʒ. ʒ. of perles or pzeious stones made in fine powder, then lay it vpon a marble stone annointed with oyle of roses, or els violets.

Oximell, doctor Mesues, called  
simple.

**T**Ake of good honny two partes, of vineger one parte, of well water foure partes, your honny and your water ought to be sodden together, so that no some be left aboue, then temper in your vineger, let it seeth well till your honny leane foming.

This doth purge grosse and flegmaticke humors in making of them thinner, in dissoluing of them, in opening and breaking of them, it doth also digest the matter which commeth of long agues,

To cause a man to auoide vrine,  
Oximell diureticum.

**T**Ake of the rinde of the roote of smalage, sennel, aū. one lib. parslie, kneeholme, or butchers brome, sperage, the seede of smalage, the seede of fengreke, aū. one ʒ. seeth these rotes and seedes in two lib. of water, and a pound of vineger, vntill it come to the halfe or litle more, then take as much honny as will suffice, and seeth it well, and make a sirope.

Oximell of squilla.

**T**Ake of faire water sixe lib. of clarified honny three lib. of vineger, squilla two lib. seeth them well and reserue them.

This



This doeth dissolve tough and flegmatike humors, it doth also cure belching which cometh of raw humors and not digested, it doeth also heale the bladder exulcerated, in mollifying of it.

99 A confection of suger and vineger, called Oxisacra Simplex, of Doctor Nicholas.

Take of suger one lib. of the iuice of pomgranades eight 3. of vineger foure 3. seethe it on the fire till it come to the fashion of a sirup.

This is very good in tertians, hot agues, and quartans, in the spring time it purgeth choler in the stomake.

100 A confection of suger and vineger, with other things called Oxisacra Compounde,

Take of mayden haire, ceteracke, harts tong, liuer wort, violets, fennell, knée holme or butchers brome, sperage, stitch wort, an. one lib. make it after this fashion. Laie your hearbes and rotes in the iuice of pomgranades the space of three daies, on the fourth day boyle them a litle and straine them well, and afterward put vnto them suger as much as will suffice, and then seethe them till they be thick.

101 Oyle of sweete Almonds of Doctor Nicholas.

Take almonds and blanch them, and take away the inner rinde, then stampe them well and make them in masse peeces like pastides, after this, laie them in a hote place, the space of fiftene daies, then beat and stampe them again, and then presse them so, that the oyle may passe forth, and if ye will, seethe it againe in a vessell set within an other the space of an houre, and then presse it, it will bee the better to runne, and ye shall haue moze plentie of oyle, if ye fill bags with



with almonds stamped, and then laie them vnder hot ashes  
or sand betwixt cloathes, and afterward presse them.

This oyle doth mollifie the roughnes of the throat and  
hardnesse and drynesse of the lungs, and of all the inwarde  
parts, it healeth consumptions, and encreaseth seed in a man,  
it asswageth the heate of the matrice, and of the priny parts  
of a woman, and also the heate of the reines and of the blad-  
der if it be laide to the place.

122

## Oyle of bitter Almonds,

This oyle must bee made in all things like vnto the other  
before.

This oyle openeth obstructions, and opilations, and  
causeth winde to auoide, it asswageth the paine of the eares,  
the ringing and deafenes, it maketh the flesh smooth & faire,  
it doth also take away spots and defozmities in the face, the  
ache in the sinowes, and all other hardnesse.

103

Oyle of Bay, called Oleum  
Laurinum.

Take of the berries of the bay tree which be ripe, and stamp  
them well in warme water, and straine them when they  
be cold together, take of the fat which swimmeth aboue, and  
that shall be your oyle.

This oyle bringeth heate and mollifieth, insomuch that  
those which be troubled with the scabbe, ring woymes, or  
any such other sores, be cured therewith, if they be annoin-  
ted when they bathe them, cholericke persons and all those  
which be suspect to haue the leprye or any kind of it, must a-  
uoid and eschue this oyle, it is a singuler remedie against  
cold and moist complexions, and flegmatike, & those whose  
ioints be affected with cold, it cureth the paine in the hippes  
or huckle bone, it destroyeth lice and vermine, and scoureth  
the head of all filthines, it cureth the falling of the haire, ta-  
ken with the water of salt pæter, this done, yee must also  
wash



wash your head with wine and hony, and with the floure of fenigreeke, howbeit if your head be bered with any grieve of heate, then ye must utterly eschue this oyle.

Oyle of the little grayne sesamum oleum  
selaminum.

**V**Wash your little grayne sesamum from all filth, then sprinkle vppon it a little water with salte, and rub it with your hands, then cast vpon it againe till it be moist, afterward lay it forth to drye, then so dyed, ye must take it againe and dry it better by the fire, but moderately, then put it in a bagge of course cloth, and rub it againe with your hands till the huske go of, and whe it is husked cleane, grinde it and presse forth the oyle, and make it after this fashon, take linseede the oyle, oyle of popiseede or lettis seede, your linseede may not be husked.

This oyle encreaseeth fatnes of the face, and seede in men, it mollifieth all manner of hardnes, and causeth the voice to be cleere in mollifying the thzoate, you maye also mingle this oyle with many other.

Oyle of spikenard oleum nar-  
dinum.

**T**ake of spicknard three 3. of wine and water, an. two 3. 3. the oyle of the grayne sesamum lib. 3. seeth these with a double vessell that is one within an other with a soft fire, the space of foure houres, and styrreing it continually.

This is a very good oyle against all diseases of colde, wind, against grieues in the stomach, sinows, liuer, spleene, reynes, bladder, matrice, the head ach, and the migram.

Oyle



105

## Oyle of Coste of D. M.

**T**Ake of coste dry, and butter two 3. of castia fistula one 3. the buddes and toppes of margeram eight 3. of swete weine as much as wil suffice to laie the stuffe in two nights, then take the oyle of sesamum thre lib. see the it as the oyle of spikenard befoze.

This oyle engendzeth heate in the sinowes and in all the parts of the bodie, it openeth abstractions, it fortifieth the stomake and the liuer, it keepeth the haire from falling off, and the head from hozenes, it causeth good colour and sauour in all the bodie.

106

## Oyle of Rue, of D. M.

**T**Ake oyle of ripe olines, thre lib. of the leaues and of the iuice of rue, añ. thre 3. make an oyle according, of the same.

This oyle doth heale and dry, and therefore it is present remedie against distillations and rumes, it allwageth griefes of the brest, and bringeth heate to cold members.

107

## Oyle of Dill of D. M.

**T**Ake of the common oyle which is sallet oyle, two lib. foure 3. of the floures of dill ten 3. two 3. laie the floures of dill thre daies in oyle, and see the them on the fourth day a litle with a soft fire, then take them forth, this done, put into the same decoction thre 3. of the floures of dill, and set it in the sunne and keepe it.

This oyle allwageth griefes and aches, it openeth, lo- seth, and prouoketh a man to sweat, it doth mittigate the colde and shaking agues, if the backe bone be annointed, it causeth slepe, and cureth the head ache.

108 Oyle



**T**Ake of swete oyle which is the common sallet oyle, two lib. foure 3. the flowers of camamile one lib. make it as the oyle of dill.

This doth mitigate all aches, it stoppeth fluxes of humours, because it doth a little bind, it is a present remedy against achss in sinewes. Galen the Physitian doth iudge that this oyle doth loose and not bind, Paulus Aegineta, doth take two 3. of dry flowers of camamile without the whites, and doth cover the vessel with a linnen cloth, so that the oyle may presse through, and then set it in the sunne by the space of forty daies, and after the mouth ought to bee well stopped, and so kept, if ye cannot haue greene flowers ye may take dry, and seeth them in a double vessel, that is one set within an other, howbeit the oyle shalbe of lesse strength and efficacie.

This oyle, as Actuarius doth teach, annointed by it selfe or with some other temperate thing, doth open the pores, and causeth the skinne to be thinner, it cureth long agues, and all griefes in the body, if the place be nointed therewith, with swete wine.

**T**Ake of sallet oyle three lib. of myrthe stamped one lib. of the best wine two lib. mingle these together, and suffer it to boyle vntill the wine be consumed, then straine it, and reserve it.

This oyle doth refrigerate or maketh cold, and bindeth, and therefore it cureth the fluxe which cometh of weakenes of the stomach, burnings, principally, wheales, kybes, gallings, if the place therewith be annointed, it healeth clifts about the fundament, and the broad piles, and it stoppeth sweating



## Prepositas

Oyle of flowerdeluce oleum  
deireum.

**T**Ake of the rootes of flowerdeluce two 3. and of the flowers foure 3. of the decoction of roses one lib. the oyle of oliues two lib. let them boyle within a double vessell vntill the water be consumed, then strayne them, and change the rootes, flowers, and the water of the decoction, this ought to be done twice, and then straine them, and reserue it, the Apothecaries commonly make it after this fashion, howbeit yee shall read in Dioscorides an other forme of making of this oyle.

This oyle scoureth, purgeth, loseth, openeth, and asswageth aches of cold, it ripeth raw humours in the breast and lungs, it taketh away the paine in the ioynts, and mollifieth the hardnes of them, and hard impostumes and swellings about the necke, or in any other place, it doth asswage the paine of the matrice of colde, the crampe, the paine about the eares, the stinking of the nose.

111

## Oyle of roses.

**T**Ake oyle of oliues, or the oyle of the grayne sesamum, wash them oft with well water, then take a sufficient quantity of the leaues of red roses young, and beaten, and couer them with the oyle wherein they were washed, then stoppe the mouth of the vessell, and set it in the sunne the space of seven daies, then seeth it in a double vessel the space of three houres, then change againe the rose leaues, and take fresh, and set them in the sunne other seven daies, afterward seeth them againe, and change them as ye did before, then put vnto them of the infusion of roses, as much as of the oyle, and stoppe the mouth of the vessell, and set it in the sunne the space of forty daies, some Apothecaries do not set it in the sunne, but vnder the ground forty daies.

This oyle, as Doctor Mesues wyrteth, doth comfort, lose, open, and asswageth ach, it is also good against infla-  
mati-



mations, and fluxes of humours, and therefore being drunken it is a present remedy against the bloudy fluxe and all other, there be two kindes of this oyle, the one is made of rose leaues which be ripe, and the other is made of olives and rose leaues not ripe, the first kinde doth mollifie and make the skinne thinne, openeth, and asswageth al manner of griefes, the second doth refrigerate or make colde, and bind, and therefore it cureth the head ach in agues, and of the heat of the sunne, it asswageth burning which is engendred of wind in a full stomack, and finally it cureth all aches of the head if the place therewith be annointed, it doth also resolue the griefes in the stomack, or in the bowels of sharpe humours, if it be mixt with two 3. of masticke, and with a little quantitie of ware, it asswageth all inflammations of rednes, if the place be annointed therewith.

112

## Oyle of Violets.

Take of the oyle of olives two lib. of young violets stamped, soure 3. put them into a glasse, and set them in the sunne the space of seven daies, afterward boyle them in a double vessell the space of three houres, then straine them, and reserve them: Paulus Aegineta doth call this oyle Jaton, and wyrteth that it is made of the purple violets, or els of the yealow violets, which many iudge to be hearts ease, he willet also that violets shall stand ten daies in the sunne, and to be three times changed, and the vessell to be so stopped that no ayze may enter in, and in the meane time, you may put vnto these, of dry violets.

This asswageth all inflammations in what part so euer they be, it mollifieth erulcer ations and stiffenes of the breast and lungs, it mitigateth hot impostumes, and the pleurisie.

G! 2

Oyle



**T**Ake of quinces with the rind halfe ripe, and stamp them and take of the iuice of them, aū. equall partes, of the oyle of oliue not ripe, as much as will suffice, put it into the glasse, and set it in the sunne by the space of fiftene daies, then seeth it in a double vessell, which is, one within an other, the space of foure houres, then chaunge your quinces and the iuice of them twice or thrice, and make it as you did the other, then straine it and reserue it.

This oyle fortifieth the stomacke, and the principall members, and the sinowes which be lose and weakie, it doth restraine ouermuch sweating, it is also a present reme-  
die against all fluxes. Dioscorides both shew an other way and a better of preparing this oyle, Paulus Agineta, calleth this oyle, Melinon, and maketh it after this sorte, hee taketh of quinces pared, with the rind, thrée 3. of the oyle of vnripe oliues eightene ounces, he doth set it in the sunne fortie dayes.

**T**Ake of masticke thrée 3. oyle of roses twelue 3. of good wine eight 3. seeth it in a double vessell as the other.

This oyle (as doctor Helues doth write) is the second for his vertue, it doth comfort the stomacke, sinowes, the liuer, the ioyntes, it doth mollifie hard impostumes, and allwageth aches.

**T**Ake one 3. of Otters stones, and seeth it in one lib. of the common sallet oyle, vntill the third part bee consumed, then keepe the oyle in the powder of the otter stones, which is good for the crampe.



## 115 Oyle of Euphorbe.

**T**ake of euphorbe  $\text{℥.3.}$  oyle of harts ease five  $\text{℥.}$  of swete wine as much, seeth it till the wine bee consumed, and then reserue it.

This oyle is verie good against cold diseases of the sinowes, the ache of them, and of the iointes, the paine of the liuer, the spleene, the headach, the migram, ouer much sleeping, and the forgetfull disease. Galen doth make onely of euphorbe an oyle, increasing and diminishing the euphorbe accordingly to the porcion, as it doth appeare in the second booke of compositions of medicines.

116 Oyle of a wolfe, D. M. *Oleum vulpinum.*

**T**ake a wolfe whole except the bowels, and put him in a vessel, and poure vnto him well water, and salt water, eightene  $\text{℥.}$  of old oyle three lib. ten  $\text{℥.}$  seeth this with a soft fire, with three  $\text{℥.}$  of salt vntill the water be consumed, then put it in a vessel, and poure vnto it of the sweet water wherein the hearbes haue bene sodden one lib., and of tyme one m. seeth them againe till the water be consumed.

This oyle is a chiefe remedie against the goutte in the ioyntes, which is called, *arthritica passio*, against the goutte in the feet, the paine in the raines, and the backe.

117 Oyle of the lyes of white wine called  
*Oleum de tartaro.*

**T**ake of the lyes of white wine, two lib. or els as much as you iudge best, and make it in powder, and wrappe it in a linnen cloth, or in two, then mingle it againe with strong white vinegar, afterward dye it againe vnder hote ashes, till it be very blacke, then make it in powder againe, and set it in a vessel in a colde place, and so let it stand the space of eight dayes till it shall be resolued into an oyle, and runne, if it will not runne of it selfe, then presse it with  
your



your hands into a glasse, with this oyle women doe annoint their faces to make them smoth and faire, it both clense the face wonderfull well.

118

## Oyle of scorpion.

**T**Ake of scorpions twentie, moe or lesse according to their quantitie, put them into a vessell of glasse, and poure vpon them the oyle of bitter almonds two lib. stoppe the mouth and set it in the sunne thirtie dayes, then stampe it and vse it.

This oyle is the most present remedie to breake the stons in the raines or in the bladder, chiefly if the raines or the necke of the bladder or the places there about bee annointed therewith, or els if it be ministred in by the yarde, it is also made with olde oyle, and mixt with many other medicines which be good against payson: it is also a present remedie against the pestilence, and all other paysons.

119

## Oyle of Lillies.

**T**Ake oyle of oliues one lib. of the flowers of white lillies foure 3. make this oyle as you did the oyle of cammarill, Paulus Aegineta doth shew an other way of making of this oyle.

This oyle is verie good against womens diseases, running sores in the head, scurfe or any other breaking forth, if the place therewith be annointed, it is also good against all diseases and aches of cold, and also inflammations annointed, with saffron, if it be dronken, it will purge choller, but it is noysome to the stomacke, it aswageth all tumors and knobbes.

120

## Oyle of flowers of poppie.

**T**Ake of the flowers and of the greene heades of poppie stamped au. three 3. of the oyle of oliues not ripe, one lib.



lib. three 3. make your oyle accordingly.

This oyle alwaygeth aches of heate, and causeth a man to sleepe when the occasion of waking commeth of heate, or of vapors ascending to the heade, if the temples, the nose, the eyes and the forehead be annointed therewith.

121

## Oyle of Nenufar.

**T**Ake of the oyle of oliues not ripe one lib. of the flowers of nenufar greene and stamped soure 3. keepe them in a vessell of glasse, and prepare it as ye did the oyle of violets, both to set it in the sunne, and also for the seething, the changing of the flowers, and mixing of the decoction.

This oyle hath almost the vertue of the oyle of poppie, but because it is not so cold, nor doth not so much dull the senses, therefore we may mingle with it the oyle of poppie to cause a man to sleepe the better, it doth alter a hotter complexion in what part soener it be laide.

122

## Oyle of Mints.

**T**Ake of the leaues of mints, and of his iuice an. foure 3. of the oyle of ripe oliues three lib. put these into a vessell of glasse, and set it in the sunne the space of fiftene daies, stopping the mouth close, this done, afterwarde boile them foure houres, and then straine them well, this must be done thrice, afterwarde straine them, and let them bee kept.

This oyle is good for a weake and a cold stomacke, it stoppeth vomiting and causeth digestion, it causeth appetite to meate, it mollifieth all hardnes in what part of the bodie soener it be.

123

## Oyle of wormewood.

**T**Ake of the buds of the tops of wormewood, and of the iuice, an. foure 3. of the oyle of oliues three lib. you shall make this as you did the other.

This



This doth comfort and bring heate into colde places of members, it comforteth the stomacke, and causeth good appetite, it openeth obstructions, and helpeth diseases which come of a colde cause, it killeth wormes, and doth bring, them forth, if it be mixt with ointments and emplastrures and laide to the place.

124 Oyle of wormes, *Oleum lumbricorum*.

Take of the wormes of the earth  $\mathfrak{f}$ . lib. of the oyle of Olives, two lib. of wine two  $\mathfrak{z}$ . boyle them all together and make an oyle as it is of the other.

This is comfortable to the sinowes vexed with cold, and also for the ache of the ioyntes.

125 Oyle of hart ease, *oleum de Cheiri*.

Take of hart ease  $\mathfrak{xx}$ .  $\mathfrak{z}$ . the oyle of Olives two lib. the flowers of harts ease must be layd three dayes in oyle, on the fourth day seeth it well with a soft fire, this done put vnto the decoction thre  $\mathfrak{z}$ . of the flowers of harts ease, then set it in the sunne, and keepe it.

This oyle openeth, loseth and asswageth paine of the sinowes, the ioyntes, the brest, the raines and the bladder.

P 127 Pouder of violets.

Take of flowerdeluce,  $\mathfrak{f}$ . lib. of roses foure  $\mathfrak{z}$ . of cypresse  $\mathfrak{f}$ .  $\mathfrak{z}$ . of margeram, cloues,  $\mathfrak{a}\mathfrak{u}$ . one  $\mathfrak{z}$ . white saunders, benestwoine,  $\mathfrak{a}\mathfrak{u}$ . foure  $\mathfrak{z}$ . of storax calamita one  $\mathfrak{z}$ .

128 A of Amber, *pomum ambre*.

Take storax calamita one  $\mathfrak{z}$   $\mathfrak{f}$ . of benestwoine two  $\mathfrak{z}$ . of the gumme of lade  $\mathfrak{f}$ .  $\mathfrak{z}$ . of cloues, white saunders  $\mathfrak{a}\mathfrak{u}$ . thre  $\mathfrak{z}$ . of roses, margeram  $\mathfrak{a}\mathfrak{u}$ . two  $\mathfrak{z}$ .  $\mathfrak{f}$ . of muske, of amber,  $\mathfrak{a}\mathfrak{u}$ . one  $\mathfrak{z}$ . make your ball with the infusion or pouring in rose water.

A pou-



129 A pouder against the plague, Pillula  
contra pestem.

**T**ake of fyncfolly, dittan, tunis, scabios, the rootes of buglosse, aū. ꝑ. 3. kirkels of pomcitrons, the seede of sozrell, aū. foure 3. of cozyander two 3. red roses one 3. the seede of puseline two 3. the shauing of Juozy two 3. of white cozrall, of red cozrall aū. one 3. ꝑ. of terra sigillata, ꝑ. 3. of bole armoniac two 3. mingle all them together, and make a pouder.

130 A pouder of the electuarie of  
bolermeniac.

**T**ake of the thre kinds of saunders, galanga, ligni aloes, cinnamon, red cozrall, red roses, the seede of melons, aū. ꝑ. 3. the roote of tunis, the roote of fyncfolly aū. three 3. the shauing of Juozy, of the harts hozne, aū. 3. ꝑ. one nutmege, of mace, of cubebes aū. one 3. of annisseede, of fenelleseede, of ginger aū. gra. fiftene, of the seed of sozrell, of the kirkels of pomcitrons, the seede of iuniper, the seede of the silke woyme, of cloues aū. 3. ꝑ. of bolearmoniac two 3. make a pouder thereof.

131 A pouder against the wormes.

**T**ake of woyme seede one 3. of lupines 3. ꝑ. of woymewood two 3. of the harts hozne made in pouder one 3. ꝑ. mingle them and make a pouder.

132 A pouder called Bezeardicus.

**T**ake of bolearmoniac two 3. of red roses, the seede of sozrell, of the kirkels of pomcitron, the red deares hozne made in pouder, the seede of rue, the roote dozny, of amber, the seede of wollthistle, or carduus benedictus aū. foure 3. of both cozrals, of ligni aloes, of silke not coloured nor



Dyed, but as it cometh from the silke woyme, of the tree saunders, of perls, of the bone in the hart of the red deare, aū. one 3. of the emeraud two 3. of the poudre of perls, cinkfolly, dittan, tunis, radios, coriander, of terra sigillata, aū. two 3. of camphure two 3. of saffron graines fifteen, of amber two 3. of muske foure 3. thus make it into a poudre.

133 A confection made like suger writen like ropes, called Penidias.

**T**ake of the best suger one lib. or two, and at the most thre, put it in a vessell of brasse couered with tinne, or els in a vessell of earth couered likewise with glasse, hauing a wide mouth, the vessell of glasse is better for this purpose, melt your suger with such a quantitie as will couer it, and if your suger be verie good and strong, mingle with it, for euerie pound of it, one 3. of honny, then sprinkle vpon it oyle of sweet almonds, if ye haue not this oyle, ye must vse some other in stead of it, and set your vessell on a fire of coales without smoake, and seeth it till the water be almost consumed, ye shall know if it bee well sodden or no, thus, take a droppe of it, and lay it on a marble stone, and touch it with your fingers, if it appeare like threds, and will cleaue and sticke vnto your fingers, then take it from the fire, and lay it vpon the saide stone, and draw it abroad, after that ye haue mingled it with the oyle of sweet almonds or sesamum, then gather it together againe as hote as your hands may suffer: afterwarde draw it forth againe with your hands as sweete electuaries be drawne, and then strike a crooked naile very hye in the wall, and cast it vpon the naile, and so draw it so long, till it be white: ye must keepe it by the fire so long as you doe draw it, that it may be more hote and more gentle to draw, and when ye iudge it to bee white inough, then cut it with sheares in peeces, if yee make this in round confections long, or otherwise, then take of white annelum, breake and stamp it, and laye it



it vpon a marble stone, then cast vpon it the past of penidis, and roll it, and cut it, and make it in what kinde so euer ye will, howbeit you must make it quickly, lest it be colde betwene your hands, this done, lay it in a sene or some other like thing nye the fire for the space of an houre, then take it and reserue it for your purpose.

134 A confection which the Pothecaries call  
Pignolatum.

**T**his confection is made with suger disolued in rose water, and well clarified, when it is sodden inough, put in pineapples pared, and let it stand and cole till it come to the forme of a hard confection, and then keepe it.

135 Pilles which a man ought alwaies to haue  
at hand, pillæ sine quibus. D.N.

**T**Ake of aloes washed twelue ʒ. of the five kindes of myrobolance, rheubarbe, masticke, wormewood, roses, violets, sene, agaricke, dodder, aū. one ʒ. temper them with the iuice of fennell, into the which ye shall put six ʒ. of scammony well broken, howbeit first mingle your scammony with the iuice of fennell, then presse forth you iuice with a strayner so much as will suffice for the decoction, then make your pilles with your hands annointed with the oyle of violets or oyle oliue.

These be present pilles to purge choller, flegme, melancholie, and against euil sight which commeth of euil humors, against paines of the eyes, and iliaca passio.

136 Golden pilles, called pillulæ aureæ.

**T**Ake of aloes, diatribion aū. five ʒ. of roses, the seede of smallage, aū. two ʒ. of annisseede, fennel seede, aū. one ʒ. of masticke one ʒ. of saffron, of the inner parte of coliquintida, thus make your pilles with the infusion of gumme fragantum.

These be very excellent pilles to purge the head, and



to amend the eyesight, the wind in the stomacke, or the bowels, they purge without any paine.

137 Pilula rahie, of doctor Rhas.

**T**Ake of the powder of hiera picra ten ʒ. of colocynthida thre ʒ. one ʒ. of scammony two ʒ. of turbith, scicados aū. five ʒ. mixe it with the strope of scicados, and thus make your pilles.

These pilles doe purge the head, and chiefly of grosse and cold humors meruailous well, it aswageth the heade ach and the mygram.

138 Pilles of eight thinges of D.N. called  
ex octo rebus.

**T**Ake of aloes diagredian, aū. two ʒ. the inner parte of colocynthida, of the flowers of the harder tyme, agaric, massic, the third kind of myrobolance, wormewood, aū. one ʒ. temper them with the iuice of diuale,

139 Pilles of all the kindes of myrobolance.

**T**Ake the five kindes of myrobolance, agaric, diagridion, colocynthida, sene, aū. ʒ. ʒ. the flowers of harder tyme, turbith, annisseede, fennell, massic, the stone lazare, aū. two ʒ. ʒ. graines five, of aloes one ʒ. make these pilles with the iuice of wormewood, and if ye will mingle a litle ginger with them, your pilles shall be the better.

These pilles be very good against isatica passio, which is an ache in the hippes or huckle bone: against the goute in the fete, the spleene, they doe cleare the sight, and purge burnt choller.

140 Pilles of sweete powder, which the Pothe-  
caries call alefangene. D. M.

**T**Ake of cinamon, cubebes, ligni aloes, calamus arom-  
ticus



ticus, mace, nutmigs, cardamomum, cloues, asarabacca, masticke, squinantum, of spicknard, the fruit of balme, aū. one 3. of dry woyme wood, of roses, aū. v. 3. beat and strain theē, but not small, then put vnto them twelue lib. of water, then seeth them till two parts of the water be consumed, then rub them with your hands, and straine them, and presse forth the water, this done, take aloes cycatrine, one lib. wash it in some little panne or such like vessell of stone couered round about with glasse, ye must of wash it, and with raine water, then dry it and cast vpon it two lib. of that which you did presse forth, so dry it in the sunne, then mingle with your aloes, of myrrhe, mastick, aū. v. 3. of safron three 3. beat them well, and cast vpon them the residue of that which was strained, and rub them with your hands vntill they be broken, many of the Potheccaries wash aloes with the infusion of rhowbarbe.

These pilles assuage the grieve of the stomach which cometh of flegme, and purgeth the stomach verie well, the brayne, the instruments of the senses from grosse and corrupt humours.

Pilles made of diuers things which the Potheccaries call pillula agregatiua.

D. M.

Take of the first kind of myrobolance, of rhowbarbe aū. three 3. of the iuice of agrimony, the iuice of woyme wood aū. two 3. of diagridion. six 3. of the third kind of myrobolans, of agaric, of coloquintida or of polipodi aū. two 3. of the best turbit of aloes aū. six 3. of masticke, roses, salgem, the flower of hardertine, anniseede, of ginger aū. 3. of the electuarie of roses as much as will suffice to make it thicke.

These pilles be verie good against long agues, and those which be mixt with diuers humours, and ach of the head, stomach, liuer, they purge corrupt choller, melancholy, and flegme, they quicken and refresh the instruments of the of the senses.



142. **Pilles of rhowbarbe of Doctor Mesues.**

**T**ake of rhowbarbe three 3. of the iuice of licozas, the iuice of woyme wood, masticke, aū. one 3. of the first kind of myzobolans three 3. ʒ. of the seede of smallage, wild lillies, fennell aū. 3. ʒ. litle balles of roses which the Pothe- caries call trochisti diarodon three 3. ʒ. of hiera picra ten 3. make them with this water of fennell.

These pilles do cure long agues, and those which be engendred of diuers grosse humours, and they alluage the paine about the liuer, and chiefly they cure the dropsie. Some Pothe- caries vse this in the end of a mixt terciar, ye maye make them stronger with other simples, and as yee shall iudge best for the patient, take this in the morning two 3. or one 3. ʒ.

143. **Pilles of the gumme Sarcacolla.**

**T**ake of the gumme sarcacolla three 3. of turbith foure 3. of colloquintida one 3. ʒ. of ginger one 3. ʒ. of salgem one 3. dissolve the sarcacolla in rose water, and mingle all together with it, and so make your pilles.

These pilles purge flegme, and helpe all diseases of flegme, howbeit few Whisitians do vse them.

144. **Pilles of Mesues, which the Pothe- caries call fedidæ maiores.**

**T**ake of serapim, ammoniacum, oppoponar, soft bdellium, coloquintida, aū. five 3. of spurge, scammony three 3. of cinamon, spicknard, safron, the stones of the otter aū. one 3. of turbith foure 3. of ginger one 3. ʒ. of euphorbe one 3. ʒ. dissolve your gumme in iuice of leekes, & thereof make your pilles.

These pilles purge grosse humours, and be very good against the ache in the iointes, and the gout in the fete, against



gainst paines of the backe, knees, stomach, cholicke, and the  
the white leproy.

145 Pilles of euphorbe of D.M.

Take of euphorbe, coloquintida, agaric, bdellium, serapium  
aū. two 3. of aloes five 3. make pilles with the iuice of  
leekes.

These pilles be good to expell, driue out, & to purge flegme,  
and do mollifie, they cure the palsey, and purgeth grosse hu-  
mours which haue course to the iointes, and sinewes, they  
cure ischiatica passio which is the ach in the hippes, or buckle  
bone of humours.

146 Pilles of D. Melues, which the Potheccaries  
call lucis maioris.

Take of roses, violets, wormewood, coloquintida, turbit  
rubibes, calamis aromaticus, nutmigs, spicknard, the  
flower of harder time, the seede of balme, the wood of balme,  
fiter montan, the seede of reto, squamantum, asarabacca, ma-  
stike, of cloues, cinamon, annisseede, fennell, of smallage, ca-  
stastula, saffron, of mace aū. two 3. of all the kinds of myzo-  
bolans, of rhubarbe aū. foure 3. of aloes cicatrine as much  
as of them all, of agaric, of sene aū. five 3. of eybright, five 3.  
make them with the iuice of fennell.

These be present remedies against euill sight, they purge  
the instruments of the senses, and superfluous humours,  
they keepe the body strong and in health.

147 Pilles which the Potheccaries call pillæ lu-  
cis minoris.

Take of the wood of balme, the seede of balme, aū. one 3.  
of celidon five 3. of roses, violets, wormewood,  
eybright aū. three 3. of sene, of the flowers of  
harder time, of all the kindes of myzobolans, of agaric,  
of



of colocynthida, squinatum, of the stone licus, of the stone lazare aū. two 3. p. of aloes cycatrine as much as of them all, make them with the iuice of fennell, or celidon.

These do purge melancholy better then doth the other.

Pilles of the stone lazare, of D.  
Mesues.

Take of the stone lazare washed, five 3. the flower of bar-  
der time, of spody aū. eight 3. of scammony, of the best  
salt aū. two 3. p. of agarick, eight 3. make them with the  
iuyce of endiue.

These be excellent pilles against long diseases of melan-  
choly, and burnt choller.

149

Pilles of the gumme bdellium.

Take of bdellium twelue 3. of ammi, three 3. of all the  
kinds of myrobolans, of amber aū. two 3. p. mingle your  
bdellium with the iuyce of leekes, and so make your  
pilles.

These pilles haue bene proued against running emrods,  
and the sores of them, and to stop the flowers in women.

150

Pilles of wilde lilies, of Doctor

Mesues.

Take of wilde lilies, of aloes, of the yealow myrobolans,  
which is the first kind of turbit, colocynthida, of soft  
bdellium, of serapium aū. six 3. the stones of the otter,  
which the Apothecaries call castoreum, of the gumme sarco-  
colla, euphorbe, opoponar, wilde reu, smalage aū. three 3. of  
safron one 3. p. mingle these with the iuyce of colewortes, and  
make them in pilles.

Pilles



- 151 Pilles against arthretica passio, which is the gout in the iointes, which be called pillulæ arthreticæ.

**T**Ake of wild lettice, turbith, of agaric aū. foure 3. of casia fistula, of spicknard, of cloues, the wood of balme, the seed of balme, ginger, masticke, fennell, anniseed, sarifrage, sperage, kneeholme or butchers brome, of roses, gromel seede, salgem aū. 3. p. of aloes cicatrine as much as of them all, make them with the iuice of fennel.

These pilles do purge and cure arthretica passio, which is a kind of gout in the ioynts, and in the fete.

- 152 Pilles for the stomach.

**T**Ake of aloes fixe 3. of masticke, of roses aū. two 3. make them with the iuice of diuale.

These purge the stomach, and the head.

- 153 Pilles to be taken before meate, called pillulæ ante cibum.

**T**Ake of ligni aloes, cloues, folium indicum, masticke, the wood of balme, the seede of balme, castafistula, mace, nutmigs, cinamon, cubebes, saffron, siler montan, spicknard, two 3. of rhubarbe, aloes cicatrine aū. as much as of them all, mingle them with swete wine, and make your pilles.

These pilles cause good digestion, and doo distribute meate digested.

- 154 Pilles of agaric.

**T**Ake of Agaric, masticke, aū. three 3. the rootes of lillies, horehound, aū. one 3. of turbith fixe 3. hiera picra, three 3. of colocintida, the gumme sarcocolla aū, two 3. of myrrhe one 3. make these pilles with the iuice of hearbs or fruites fined either in the sunne, or by the fire: this iuice so fined is called of the Apothecaries rob.

These pilles purge the stomach from grosse humours, and they



they be verie good against the shortnesse of winde and olde roughes.

155

## Pilles of Fumitory.

**T**Ake of the fine kindes of myrobolance, aū. ſiue 3. mingle them with the iuice of fumitory, then let them ſtand till they be dry, then ſprinkle againe the iuice of fumitory, and ſuffer it againe to dry, and ſo do the third time, then let them ſtand till they be thicke, and ſo make your pilles thereof.

156

## Common Pilles of Doctor Rhas.

**T**Ake of aloes two 3. of ſaffron, of mirrhe, aū. one 3. make them with ſweete wine.

Theſe pilles be much bleſed of the apothecaries and phitiſions, if you do take them in ſommer, then your aloes muſt bee waſhed with endiue water, and if they bee taken in the plague time, then ye muſt put vnto them, as much bole armoniac as of aloes.

157

## Pilles which the Apothecaries call Affairer Auicena.

**T**Ake of hiera picra one 3. of maſtic of yelow mirrobolance which is the firſt kinde of aū. 3. ꝑ. of the beſt aloes two 3. make your pilles with the iuice of ſticados.

Theſe pilles be a preſent remedie againſt the head ache.

158

## Pilles againſt the cough, called Pillulæ Bicheæ.

**T**Ake of the iuice of licozas, annily, fragantum, gumme arabic, ſweete almonds aū. one 3. of good ſuger three 3. and make them with the ſlimy ſappe of the ſeede of quinces.

Pilles



159

Pilles imperiall, called Pillulæ  
imperiales.

**T**ake cinamond, ammonium, anniseed, mastick, cardamomum, ginger, fennell, mace, nutmegs, cloues, saffron, cubebes, ligni aloes, turbith, manna or swete dew, agaric, the coddes of sene, spikenard, of the five kindes of mirrobolance aū. one 3. of rhubarbe as much as of them all, of aloes as much as of all the other, make them with sirup of roses or violets.

160

## Pilles of Hiera picra Simple.

**T**ake of the ponders of hiera picra simple one 3. make them with the conserue of roses as much as will suffice.

161

## A confection of fruit, called Pomatum.

**T**ake of the grease of a young kid, one lib. temper it with the water of muske roses the space of foure daies, then take five apples and dresse them and cut them in peeces and larde them with cloues, then boyle them all together in the same water of roses in a glasse or in a vessell within another, let it boyle on the fire so long untill all be white, then wash them with the same water of muske roses, this done, keepe it in a glasse, and if ye will haue it to smell better, ye must put vnto it a litle ciuet or muske, or them both.

These, gentle women doe vse to make their faces smooth and faire with: it dooth heale clifts in the lippes, or in anie other place.

R. 162.

A confection of yoong Roses, called Rosata  
Nouella, of Doctor Nicholas.

**T**ake of roses, suger, licozas, aū. 3. one 3. two 3. of cinamond, ij. 3. two 3. ij. gra. of cloues, spikenard, ginger, galanga, nutmegs, setwall, stoar calamita, cardamomum,

3 2

smal-



smallage aū. one 3. gra. eight, make these into powder.

This powder stoppeth vomiting, and casting of the stomach, it fortifieth the body, it quencheth the thirst, it restoreth those which haue bene long sicke, & letteth ouer much sweating.

163 A sirope of the sower iuice of pomcitron.

Take of the sower iuice of pomcitron twelue lib. seeth it in a vessell of glasse on the coales with a soft fire, till the third part be consumed, then straine it, and let it stande till it be cleere, then take of that which is cleere twelue lib. then poure vpon it of cleere and fined Zulop five lib. seethe it vntill it be thicke, if it be sommer, then let it stand in the sunne till the water be consumed.

This is a present remedy against all diseases which come of grosse and corrupt humours, it is good against the pestilence, and all poysons, it doth also quench the thirst.

164 A sirope of the iuice of sorrell.  
D.M.

Take of the iuice of sorrell clarified three lib. of suger clarified two lib. make of this your sirope.

This sirope is good against cholericke persons, and certaine agues, the burning of the stomach, and the heart, it is a singular remedy against plagues, and agues of corrupt humours.

165 A sirope of the greene vnripe grape.

Make this as ye do the sirope of pomcitron, this cannot be made but onely in sommer, because the iuice that is gotten of the vnripe grape, it is not to bee gotten but at that time.



166

## A sirope of Calamints.

**T**Ake of the garden and of the wilde calamints aū. two 3. of louage, yelow carrots, squinantum aū. flue 3. of raisons, of cozans picked lib. ʒ. of honny two lib. make the sirope, and when ye make this sirope ye must take six lib. of water to boile your raisons in, then cast forth the water and take as much againe, and let it seeth till the halfe bee consumed, afterwarde put your honny vnto it and make your sirope.

This sirope is a present remedie against all diseases of flegme, and chiefly if it be hardened, it doth comfort those which haue their inwarde and principall partes colde, or short winded, or the cough: it doth purge maruellous well the stomacke, the best, the bowels of grosse and corrupt humors.

167

## A sirope of mints, of doctor Mesues.

**T**Ake the iuice of quinces, of the iuice of solwer pomgranads, cast vpon these the iuice of dyemints one lib. ʒ. of rose leaues two 3. let it stand a day and a night, and then seeth it with a soft fire, with honny and suger, vntill the halfe be consumed: mingle with your sirrop the confection called gallia muscata, to make it more pleasant.

This sirope is good for a colde stomacke, it stoppeth vomiting, and the disposition vnto it: it taketh away the hiccup and fluxes of cold.

168

## A sirope of wormewood, of doctor M.

**T**Ake of the common wormewood, lib. ʒ. of red roses two 3. of spicknard three 3. of good olde wine and swete, the iuice of quinces aū. two lib. ʒ. let it stand a daye and a night in a vessell of stone, then seeth it with a soft fire till the halfe be consumed, with two lib. of honny, and so make this sirope.

A 3

This



This is an excellent remedie to fortifie the stomach, and to cause good appetite, to make strong the bowels, the liuer, and chiefly when it commeth of a cold cause, it helpeth also in hote diseases, if so be it bee tempered with colde things.

169

A sirope of fumitory compound,  
of D. M.

**T**Ake of all the kindes of myrobolance, aū. twentie 3. of the flowers of bozage or buglosse, of violets, of worme-woode, of dodder, aū. one 3. of licozace, of roses aū. ʒ. 3. the flowers of the harder tyme, polipody aū. seuen 3. of pꝛunes a C. of raisons, of coꝝans picked, aū. one lib. ʒ. the fruite of wilde date tree called thamarind, of cassia fistula aū. two 3. let these boile in ten lib. of water till it come to thꝛee lib. then make your sirope with the iuice of fumitory, sodden and fined, and with thꝛee lib. of suger, seething them accordingly. In this sirope making, ye must obserue this order in putting in your simples, because some require moze time, some lesse in seething, therefore first of all, put in polipody, then pꝛunes, raisons, licozace, wormewood, dodder, roses, the flowers of bozage, then violets and myrobolance, the flowers of harder tyme, cassia fistula, thamarinde, the which after some phisicians iudgement, they should not boile, because it is verie tender, howbeit, it pleaseth other learned men to put in it at the latter end of the decoction, and suffer it to boile once that it may the better be mixed with the other: and if a man would contend, that soft and tender simples doe diminish in boyling their moisture, then wee must answer, that they diminish not their naturall moisture, but the vnnaturall and accidental, yee must also obserue this order which followeth, if yee wil make your sirope well, when your decoction is made, then clarifie your suger with well water, the which being sodden and clarified, then put vnto it the iuice of fumitory when it commeth nye to the fashion of a sirope:  
the



the same decoction must bee sodden by litle and litle till it shall bee well and perfectly sodden, then put in your fruite thamarind, and cassiaſtula, and so make an ende of your decoction.

This sirope openeth and taketh away all stoppings both of the stomach and of the liver, and it comforteth all the members, it cureth all sores about the inwarde partes which cometh of salt and burnt water, as of the scabbe, the leprosie, and the french pocks.

170

A sirope of fumitory simple.

**T**Ake of the iuice of fumitory well fined, foure lib. of suger clarified two lib.  $\mathfrak{f}$ . and make your sirope.

171

A sirope of licorace.

**T**Ake of licorace two  $\mathfrak{z}$ . of maidenhaire one  $\mathfrak{z}$ . of dye hisope  $\mathfrak{z}$ .  $\mathfrak{f}$ . cast vpon this foure lib. of water, and let it stand a day and a night, then seeth it till it bee halfe consumed, this done, put these vnto the decoction, of suger, honny, penidis,  $\text{an}$ . eight  $\mathfrak{z}$ . of rose water sixe  $\mathfrak{z}$ . make of these your sirope.

This is a present remedie against the plurisie, olde coughes, to purge the stomach and the lungs.

172

A sirope of hisope.

**T**Ake of dye hisope, of the roote of smallage, fennell, licorace  $\text{an}$ . ten  $\mathfrak{z}$ . of barley the huske taken off  $\mathfrak{z}$ .  $\mathfrak{f}$ . the seede of mallowes, the gumme fragantum, the kirkels of quinces  $\text{an}$ . thre  $\mathfrak{z}$ . of maidenhaire sixe  $\mathfrak{z}$ . iuiubes, sebesten  $\text{an}$ . thirtie in number, raisons, of corans picked twelue  $\mathfrak{z}$ . dye figs, dates moist & sappy,  $\text{an}$ . in number ten, of white penidis two lib. make a sirope. To this sirope making, take eight lib. of water, & seeth it till it come to thre, then presse it & let it boyle with penidis, vntil it come to the forme of a sirope, and



and in making of it, ye ought to kéepe this order for your simples, first take iutibes, sebesten, raisons, figs, dates, the rootes of smallage, fennel, then barley, the seede of malloes, and of quinces, the gumme tragantum, hisope, and maidenhaire.

This sirope cureth diseases of the stomacke, the cough, the plurisie, shortnes of wind, and all griefes of the bodie, and here ye must note, that when soener ye reade take this hearbe or that dye, it ought to bee vnderstand of those hearbes which be but superficiall or litle dye.

173

## A sirope of horehound,

Take of young and greene horehound two 3. hisop, dye maidenhaire, aū. sixe 3. licozas one 3. of calamint, annisseede, the roote of smallage, the roote of fennell aū. sixe 3. the seede of malloes, fenigreke, flowerdeluce, aū. three 3. of linseede, seede or kirkels of quinces aū, two 3. of raisons, of cozans picked five 3. of dye figs in number fifteene, of penidis two lib. of good honny two lib. make of this your sirope: ye must take to the making of this sirope ten lib. of water which shall boile till the halfe be consumed, because the honny and penidis require much seething.

This sirope doth cure olde coughes, long diseases of the brest and lunges, shortnes of winde, and chiefly in olde men if it come of flegmatike humors, grosse, corrupt and hard to be dissolued.

174

## A sirope of the flowers of harder Tyme,

Take of the flowers of harder tyme of the garden, twentie 3. of the two first kindes of myrobolance aū. fifteen 3. of dodder, of fumitorie aū. ten 3. of tyme, buglosse, calamint, of the fourth and fift kinde of myrobolance, of licorace, polipodi, agaric, of sticados, aū. sixe 3. of roses, fennell, of annisseede aū, two 3. ʒ. raisons, of cozans foure 3. thamarind. two 3. ʒ. of suger foure lib. of roses two lib. And here



here ye must note, that when ye reade rob alone, that then it is taken for new wine boiled vnto the third part, of this make your sirope, and to the making of this, you must take ten lib. of water which must be sodden to thre lib. and this order ye must keepe as concerning your putting in of your simples: first take polipodi agaric, raisons, and licozace, fen- nell, anniseed, sticados, sumtoz, roses, dodder, buglosse, of myzrobolance without the stones, the flowers of harder tyme, dissolve your thamarinde in one part of the decocti- on, and let your suger boile with rob, and when your decoc- tion shall be as thicke as honny, yet seeth it a litle moze, and in the end put in your thamarind, and let them boile once or twice, till they come to the thicknes of a sirope.

This is a proued medicine against the french pockes, cankers, falling of the haire, great wounds & deepe, lepries, and all diseases of melancholie, and against adust & burnt choller: this doth purge maruellous well, if a man take ther- of a good quantitie: for commonly wee ought to take from foure 3. vnto sixe.

### 175 A sirope of Egrimony.

**T**ake of the rootes of smillage, fennell, endiue, aū. two 3. of licozas, squinantum, dodder, wormewood, roses, aū. sixe 3. maidenhaire, bedegre, of the flowers of buglosse, or the roote, of anniseede, egrimony aū. fiue 3. of rhubarbe, mastic, aū. thre 3. of spicknarde, asarabacca, folium indi- cum, seeth them in eight lib. of water, vnto the third part be consumed, and make a sirope with foure lib. of suger, and with a sufficient quantitie of smilage and endiue.

This sirope is good in long agues, and chiefly for to fortifie the weakenes of the liuer and the stomacke, it cureth the dropsie and the euil liking of the bodie, of olde sores almost vncurable, it deliuereth the stomacke of winde and coldnesse, it aswageth the paine of the midrise, and the swelling thereof.

¶

A sirope



**T**ake of the flowers thirtie 3. tyme, calamint, organie, aū. ten 3. of annisseede, pellitorie of spaine, aū. seven 3. long pepper thre 3. ginger, two 3. raisons, of cozans foure 3. of suger five lib. put also vnto them these pouders following, cinamon, calamus aromaticus, saffron, ginger, blacke pepper, long pepper, aū. one 3. ʒ. bind them in a thinne cloth, and hang them in the sirope.

This hath bene pzoed against all colde diseases of the sinowes, as y palste, falling euil, crampe, shaking, wrything of the necke on the one side, rheumes from the heade to the brest, it doth also comfort the stomacke.

**T**ake of the infusion of violets five lib. of suger clarified foure lib. mingle them together, and seeth them with a soft fire, and so keepe them.

This is a pzent remedie against hote agues, a hote liuer or hart, the plurisie, the dye cough, the roughnes of the winde pipe, and of the throat.

**T**ake of the heads of white and black poppie aū. threescore 3. seeth them in foure lib. of raine water untill it come to a pound and halfe, and with foure 3. of white suger and penidis.

This sirope causeth a man to sleepe, and quenbeth thirst, it stoppeth rheumes comming to the brest, and doth mitigate the paine: this is not so cold as the compound.

**T**ake of white poppie and blacke aū. fiftie 3. of maiden-haire,



haire fifténe 3. of licozas five 3. of iulibes in number thirtie, of the seede of lettice fortie 3. of the seede of malloes, the kirkels of quinces, aū. sixe 3. seeth them in foure lib. of water, vntil the halfe be consumed, then make your sirope with eight 3. of suger and penidis.

This compound sirope hath the same vertue which the simple hath, but it causeth greater colde, and alwageth paine better. Doctor Mesues doth iudge it to bee good against a dyse cough, and a consumption.

180 A compound sirope of myrts.

Take of myrts twentie, of saunders white and redde, manna or sweet dew, flowers of wilde pomgranads, barberies, aū. fifténe 3. of medlars, fiftie 3. of well water eight lib. boile them all vntill they be halfe consumed, then straine them, and put into the straining, the iuice of pomgranads, the iuice of quinces aū. sixe 3. of suger clarified three lib. mingle these, and make them seeth vntil they come to the fashion of a sirope.

181 A simple sirope of myrts.

Take of the iuice of myrts twelue lib. seeth it in a vessell of glasse with a soft fire vntill the third part bee consumed, then straine it, and let it stand vntil it bee clarified, then take eight lib. of that which is clarified and put vnto it five lib. of honny, and seeth it till it come to the thicknes of a sirope, if it be in sommer, set it in the sunne vntil the water be consumed.

This fortifieth the stomach and all the inwarde parts, it cureth an olde cough.

182 A sirope simple of vineger called  
Acetosus simplex. D. N.

Take of good white suger five partes, and put it in a  
vessel



vessel of stone, then cast vpon it foure lib. of swéete cleare well water, and then seeth it with coales, or els with a soft fire without smoake, alwaies scumming it, and seeth till it shall be cleare, and the water halfe consumed, then put vnto it of vineger, of white wine not very strong two partes, of verie strong vineger foure partes, of new and fresh vineger thre partes, seeth it vntill it be inough.

This is a present remedie against all hote diseases, colde, subtil, or grosse matter.

183 A compound sirope of vineger and roots called acetosus compositus.

Take of well water ten lib. put vnto it the rootes of fenell, of smalage, endiue, aū. thre 3. of annisseede, fenel seede, smallage seede, aū. eight 3. the seede of endiue, 3. seeth them with a soft fire vntill they shall come to five lib. and then put vnto them thre lib. of suger, let it be clarified as befoze, and mingle with it a sufficient quantitie of good vineger according to the forme of the sirope befoze.

This sirope purgeth grosse choller and flegme, it scoureth and openeth opilacions and obstructions which bee about the liuer, the spleene, and the raines.

184 A sirope simple of endiue.

Take of the iuice of endiue fined eight lib. of suger clarified five lib. 3. make your sirope, seething all things as in the sirope befoze. howbeit, first you must clarify your honny, and when it is clarified, put in your iuice.

This is a principall medicine to aswage the heate of the liuer, the hart and the other chiefe partes, and to cure the frensy.

A com-



A compound sirope of  
endiue.

Take of the iuice of endiue, the iuice of liuer wort, aū. three lib. these iuces must be clarified, the take of roses, violets, lentils, tentewort aū. ꝑ. 3. of maidenhaire, barley the huske taken of, the foure greater cole seedes, aū. on 3. of suger as much as will suffice, and make your sirope, and powder it with white and red saunders, barberies, the seede of quinces, of ligni aloes, cinamon, the rind of pomcitron aū. one 3.

This allwageth the great heat of the liuer, and of the heart, and of the other principall partes, it is very good for all hot complexions, it loseth, openeth all opilations, and obstructions, it doth comfort weake members, which bee troubled with heate, it doth also digest choller and sharpe matter.

## A sirope of cichorie.

Take of endiue both of the garden, and the wilde, of both cichories, aū. j. m. of gourds, liuer wort, white endiue, lettice, fumitory, lupines, aū. one m. barley not husked, and of alcakengy aū. foure 3. of licozas, maidenhaire, ceteracke, tentewort, dodder aū. sixe 3. the rootes of fennell, and smalage, sperage, aū. two 3. boile them in a sufficient quantity of water, and straine them, and make your sirope with good suger, and so for euery pound of your sirope take three 3. of rherubarbe, and foure 3. of spicknard, bound in a thinne peece, which shall be often times pressed till your sirope bee well sodden: the quantity that a man shall take one time is three 3. with the water wherin the foure common cole seedes were sodden in.



78

## Prepositas

187

## A sirup of Quinces.

**T**Ake of the iuice of tart quinces fined and clarified tenne parts, of suger two parts, and make a sirup thereof.

This stoppeth vomiting, and quencheth the thirst, and it dooth comfort the stomake.

188

## A sirup of Nenufar.

**T**Ake two lib. of the floures of nenufar, and sethe them once, then presse them, and put vnto the iuice pressed two lib. of suger, and sethe it till it come to the forme of a sirup.

189

## A sirup of Barberries.

**T**Ake of the iuice of barberries fined, foure lib. of suger clarified, three lib. and thereof make a sirup.

190

## A sirup of tart Pomgranades.

**T**Ake of the iuice of tart pomgranades, two lib. .℥. of suger clarified, foure lib. make the sirup as befoze.

This sirup is good against hotte agues of choller and flegme.

191

## A sirup of Bizans.

**T**Ake of the iuice of endiue, the iuice of smallage, aū. two lib. of hoppes, bozage oꝝ buglos, garden oꝝ wild, aū. .℥. lib. boyle them once, and then straine them and fine them, this done, take foure lib. of the iuice clarified, of fine suger two lib. .℥. so sethe it with a soft fire vntill it be as thicke as a sirup.

This sirup is very good against agues which come of obstructions, and of choller, flegme, and the yelow jaundize.

A



192

A sirup of the infusion of yoong  
Roses.

**T**Ake of the infusion of yoong roses five lib. of suger foure lib. mingle them, and make a sirup.

This is good to quench the thirst in burning agues, and to assuage heate, it dooth comfort the stomake, the heart, the the liver being troubled with heate, it preserveth the bodie from all coꝛruption, and from the plague, it resisteth poꝛ-  
son.

193

## A sirup of dry Roses.

**T**Ake of the infusion of dry roses & suger aū. two lib. min-  
gle them and make a sirup accordingly.

This dooth marvellous well comfort the stomake, and also it bindeth.

194

## A sirup of the iuice of Roses.

**T**Ake of the iuice of roses fined, one lib. ꝑ. of suger clarifi-  
ed, one lib. ꝑ. and make your sirup accordingly.

195

## A sirup of the fruit Iuiubes.

**T**Ake of iuiubes in number threescore, of violets, the seede of mallowes, aū. five 3. of maydenhaire one 3. the seed or kirkels of quinces, the seede of white poppy, the seede of mel-  
lons, the seede of lettise, the gumme tragantum aū. three 3. of licoꝛas, of barley husked, aū. eight 3. seethe them in foure lib. of well water or els raine water, vntill the halfe bee consu-  
med, then straine it, and put vnto the iuice strained, three lib. of suger clarified, and so make your sirup, seething it ac-  
cordingly.

This is verie good against hoꝛsenesse of the voice, the cough, the plurisie, and exulcerations of the bladder.

A



## A compound sirope of maidenhaire

**T**ake of maidenhaire two m. of sentwoort, ceteracke aū. one m. of iuiubes, licozas aū. two 3. make a decoction, putting vnto it thzee lib. of suger, and make your sirope accordingly thereunto, but many learned men do vse this forme following in making this sirope: they take of maidenhaire foure lib. of iuiubes thzee lib. of licozas thzee 3. of suger sixe lib. this sirope is iudged to be the better.

This purgeth grosse humours, it loseth, openeth obstructions, it scowzeth the reynes, and clenseth the brest of grosse humours.

## A simple sirope of maidenhaire.

**T**ake of the decoction of young maidenhaire thzee lib. of suger two lib. and make your sirope thereof.

## Another sirope of maidenhaire of D.M.

**T**ake of licozas scraped two 3. of maidenhaire siue 3. cast vpon them foure lib. of well water, and let it stand a day and a night, then boyle them vnto the halfe, and straine them and put vnto the decoction eight 3. of suger clarified, penidis, and maidenhaire, then seth it till it come to the forme of a sirope.

## A sirope of mugwoort.

**T**ake of mugwoort two m. of calamint, folium indicum, sauerie



lauery, of oꝝgany, time, quickbeame, ſticados, aũ. one m. camomile, melilot, margeram, roses, aũ. one 3. of litle fiſhes called vnguis odoratus, calamus aromaticus aũ. three 3. of ſpikenard one 3. germander, motherwoort, ieloſoures, ſothernwood aũ. ꝑ. m. gladiat, hozebound, the leaues of the greater madder, ſler montan, aũ. one 3. aſarabacca, ſquillantum, annifeede aũ. ſixe 3. fennell, annmy, ſmallage aũ. ſixe 3. boyle them in a ſufficient quantitie of water according to the art, then put vnto them as much hony as will be ſufficient, and make your ſirope.

This is a preſent remedie to prouoke the flowers in women, which are ſtopped.

198

## A ſirope of Lemmons.

Take of lemmons the iuice, one lib. ꝑ. of ſuger clarified, three lib. and make your ſirope accordingly.

This is very good to conſume groſſe and coꝛrupt humours, oꝝ woꝛmes, it allwageth heate in agues, it purgeth rale humours.

199

## A ſirope of Ceterac.

Take of ceterac, harts tong, of endiue, liuerwoort, woꝛme-wood, of cichoꝝy aũ. ꝑ. m. of dodder, linſeed, one 3. the ſoure common great ſeeds, the floures of boꝝage, bugloſſe oꝝ langbeefe aũ. one m. magdenhaire, rootes of fennell, parcely, kneeholme, oꝝ bochers-brome, aũ. ꝑ. m. make your ſirope accordingly, and caſt on theſe powders, folium indicum, ſpikenard, the gumme lacca, caſſia ſittula, aũ. two 3. binde theſe in a thin cloth, and boyle them in the ſirope, and then reſerue them.

This dooth comfoꝛt the liuer, it ſcoureth the raines, and it deliuereth the ſplene from all obſtructions.



200

## A sirope of Buglos.

Take of the infusion of the floures of buglos, or langde, beefe thre lib. of suger two lib. make it accordingly. Another way to make this sirope, take of the iuice of buglos fined, foure lib. of suger thre lib. make your sirope accordingly.

This sirope dooth comfort the stomake, it makes a man merry, it is also ministred against sonnings or fainting of the heart.

T. 201 A Muske ball which the Pothecaries call,  
Sapo Muscarus.

Take sope of venis foure lib. and cut it in small peeces with a knife, then put vnto it the powder of cloves, white sanders an. two 3. made in fine powder, of benswaine one 3. of muske twentie gra. temper them with rose water, some Apothecaries put vnto them a litle quantitie of the oyle of spikenard, mingle all together and make your ball.

202 A confection which the Pothecaries call  
Theriaca Galeni.

Take of the litle balles which be made with squilla, which they call, trochisti scillicum two 3. two 3. long pepper two 3. five or six gra. litle balles of triacle which the Pothecaries call trochisti theriaci, litle balles of corall, an. one 3. one 3. of the wood of balme two 3. seven gra. the iuice of blacke poppie, agaric, seed of wilde rapes, cinamond, the iuice of balme, an. one 3. fourteene gra. of rhubarbe, saffron, spikenard, colts, of squinantum, ginger, cassia fistula, storax calamita, mirrhe, turpentine washed, the whiter frankensence, calamint dittan, sticados, wilde time, the roote of cinsoly, parsely, white pepper an. one 3. seven gra. folium indicum,  
gummi



gummi arabick, copozas, serapium, terra lemnia, hipoquis, spikenard, gladian, germander, of gencian, wilde fennell, the seede of balme, smallage, amomum, fennell, wilde carrowaies, siler montan, cresses, anniseede, saint Jones woort, pisa spalton which is a compound thing of pitch and iues lime, the stones of the otter which the Apothecaries call castoreum, oppoponar. Iues lime or pitch, galban, the lesse centuary an. one 3. of the best hony as much as will suffice.

This is iudged to be the chiefe and principall of all medicines, because it bringeth quietnesse, & dooth cure the greatest diseases and griefes in any part of the bodie, as the falling sicknes, insensibilitie, which is a disease when a man can neither moue, feele, nor vnderstand, it helpeth conuulsions, the head-ache, the grieve of the stomake, the migram, hoysenesse of the voice, and straightnesse of the brest, & shortnes of winde, and diseases in the wind pipe, spitting of blood, the yelow iaundes, dropsie, diseases of the liuer, ilaca passio, wounds, or exulcerations in the bowels, franzies, the stone, it prouoketh the flowers stopped in women, and deliuereth a woman of a dead childe, it cureth leprosie, measels, and all old diseases, it is a present remedie against cold, and all poisons, and the stinging of venomous beasts: and here ye must note and vnderstand, that the quantitie ought to be chaunged in the ministring of it, according to the quantity or qualitie of euery disease, and this dooth refresh and comfort the senses, the heart, braine, liuer and stomake, and it dooth keepe all the bodie safe, strong, pure, from all diseases and corruption.

203

A confection called Trifera Magna.

**T**ake of the iuice of blacke poppie two 3. of cinamond, cloues, galanga, spikenard, fetwall, ginger, colts, storax calamite, calamus aromaticus, cipres, spikenard, roses, pepper, anniseede, smallage, fennell, parsely, yelow carrots, benbane, of comin, basell, of hony as much as will suffice.

ad 12

L 2

This



This is a present medicine against all inward diseases of a woman, and against the paine of the stomake taken with the decoction of the seedes of fennell, anniseed, mastick, it cureth all diseases of the matrice of cold taken, with wine wherein mugwort was sodden in, also if you make a round peece of silke or wool toled, after the fashion of a finger, annointed with oyle of a weasell, or such other oyle, and put it into the matrice, it will moue the flowers of women which do not conceaue, and it is also a singular remedie for children which speake in their sleepe or cannot sleepe, if it be taken with wine wherein mandragore or elderne hath bene sodden in: it will also helpe them if it bee taken with womans milke, according to the quantitie of the litle graine sicer.

204 A confectiō of three Sanders, called Triandali, D.N.

Take of white, redde, and yelow sanders, of suger aū. three 3. some Apothecaries do take sitwort for suger, which is thought to be better, Galen doth make this composition after this sort. He taketh of rhubarbe, of spody, the iuice of licozas, the seede of purslan, aū. one 3. of amily, gumme arabic, tragantum, of the foure great commin seedes, the seed of white endiue aū. one 3. of camphire one 3. some Apothecaries put vnto this foure times as many of roses as of all the other, of the stiope of roses as much as will suffice.

This doth cure the paine of the liuer and the stomake, and those which bee in a consumption, or haue the yelow faundes.

205. Trochistes or litle balles of Roses.

Take of roses, ligni aloes two 3. of masticks one 3. the common wormewood, cinamome, spikenard, casia fistula, the floures of squinantum aū. one 3. make your balles with old wine, and with the decoction of the common rotes, as smallage, parcel, and bozage.

These



These balles be verie good against olde agues, and those which come of diuers causes, against quotidianes, and all agues by the which the beautie and forme is corrupt.

206

## Litle balles of Violets.

**T**ake of the young flowers of white violets, five 3. of amyly foure 3. the seede of white poppie two 3. one 3. of rhu-barbe five 3. the seede of plantan one 3. of balne one 3. of rose water as much as will suffice, and make it after the forme of the balles afoze; and this is not vsed but when it is mingled with other compositions.

207 Trochistes or litle balles of Squilla. D.N.

**T**ake one squilla whole, and bake it in paste well leuened, when it is baked, take it forth of the paste and cast away the outwarde rinde, and beate the substance of squilla in a mortar, and put vnto it as much of the fine flower of ozobus, and temper it with wine or honny, and if ye haue not ozobus at hand, then take as much bread well baken and finely broken, and make your balles, and dze them in the sunne: the Apothecaries doe make in this confectiō, one part of squilla, and two partes of barley flower.

208 Litle balles called theriaci, of D. N.

**T**ake a young adder of the length of a spanne, with red eyes, a shaking tongue, hoznes like the graine of wheat, cut away the head and the taile of either three fingers, and the middest to be dzessed, the skinne taken off, and the garbage cast away, then wash it oft in swete wine, and seeth it so long till the flesh fall from the backe bone, then beate the flesh well in a mortar, cast away the backe bone, then temper the flesh with the owne iuice, and put vnto it as much of the flower of ozobus or of baked breade, and make litle balles of the waight of one 5. p. & dze them in y shadow.



These be not bled but when they bee taken with o-  
ther great simples or compositions, except it be in curing  
of the leprosie.

209

Little balles of corall, of D. N.

208

**T**ake of red corall, cinnamon, of myrre, animum, pop-  
pie aū. foure 3. of squinantum, saffron, aū. two 3. of  
calamus aromaticus, the wood of balme, cassia fistula,  
solidum indicum, mastick, wilde tyme, valerian, alarabac-  
ca, heerbe robart aū. one 3. this being first made in powder,  
then for to make your litle balles with wine.

This is a present remedie to staunch bloud and to  
stoppe the bloudie fluxe, it doth also fortifie the stomach, and  
causeth good digestion,

**210** Trochises of camphure.

**T**ake of the leaues of roses foure 3. of spody two 3. of ye-  
low saunders two 3. of saffron one 3. of licorace two  
3. of the foure greater colde seedes, spicknard, aū. one 3. of  
algi aloes, cardamomum, annili, camphure, aū. two 3.  
of fine sugar, manna or sweete dew aū. three 3. make your  
balles with the sappte part of flywood and rose water.

This is verie good in hote agues, and to quench the  
thirst, and for burning of red choller or blacke: it alwageth  
the heate of the stomach and liuer, all the inward partes, it  
cureth the yelow jaundis and those which be in a consump-  
tion.

**211** Little balles of Alchakengi. D. M.

**T**ake of the beries of alchakengi three 3. of 4 foure grea-  
ter colde seedes aū. three 3. of bolearmonick, gomme  
arabick, white franckinsence, dragons blood, white poppie,  
bitter almonds, the iuice of licorace, fragantum, annily, the  
stones of the pineapples aū. six 3. the seede of smallage, am-  
bre, henbane, the iuice of blacke poppie aū. two 3. make  
your



your balles with the sappie iuice which was pressed forth  
of the berries or graines of alchakengi.

This is a present medicine against exulcerations in the  
raines and bladder, and of the paine in pissing.

212

Litle balles of myrre of D. Rafis.

**T**ake of myrre three 3. of lupins fine 3. the leaues of  
rue, of wilde mint, pennyrgall, commun, madder, pelli-  
torie of spaine, of serapium, opoponax an. two 3. make  
your balles of the waight of two drams, of the which let  
the patient take one 3. in the day time with y water where  
in the feedes of iuniper were sodden.

This is so strong a medicine to purge flowers in wo-  
men, that it will cause the childe to distend if they vse it of-  
ten: also the flowers be moued verie well in boring of the  
crooking of the hamme, or in cutting the vaine which hath  
course by the ancle, ye may also vse boring about y thighes.

213

Trochists or litle balles of muske, D. I. M.

**T**ake of the woode of aloes fine 3. of ambre two 3. of  
muske one 3. the gumme fragantum, with rose water  
as much as will suffice to temper them together, and so  
make your balles.

These doe comfort the stomach, the hart, the liuer, and  
be vled with great medicines.

214 Trochists of Rheubarbe D. M.

**T**ake of rheubarbe ten 3. the iuice of egrimony foure 3.

of roses three 3. of spicknard, anniseede, madder, small  
lage seebe, wormewood, asarabacca, an. one 3. bitter al-  
monds foure 3. make your balles of the waight of one 3. 4.

This doth alwage the paine of the liuer, and deliuereth  
it from obstructions, it doth cure inwarde impostumes,  
olde griefes, the dyopsie, yelow jaundis, and restozeth  
again



againē good colour, the drinke of them is a present reme-  
die for those which be of euē liking or in a consumption:  
many phisitians doe vse them in hote agues, and when the  
body beginneth to fall in a consumption.

215

Trochists of Spodie.

**T**Ake of red roses twelue 3. of spody ten 3. the seede of sor-  
rell sixe 3. the seede of purselane, the seede of coriander  
infused in vineger, and afterwarde dreyed, the rinde of fran-  
kicence tree aū. two 3. ʒ. of amply made in powder, the  
flowers of wilde pomgranados, barberries, aū. two 3. gumme  
arabick made in powder one 3. ʒ. make these with the iuice  
of vnripe grapes.

These balles taken with the iuice of seedes of sorrell,  
be very good against agues of choller which haue a conti-  
nuall fluxe, they alwaie the burning stomach, and the li-  
uer, and quench the thirst.

216

Litle balles of wormewoodes D. M.

**T**Ake of roses, wormewood, anniseede, aū. two 3. of chu-  
barbe, the iuice of egrimonie, of asarabacca, smallage,  
bitter almonds, spicknarde, mastic, solium indicum aū. one  
3. make your balles with the iuice of endiue.

These bee good in long agues, and deliuer the liuer  
and the stomach from obstructions and hardnes, and doe  
comfort the same, they take away paine in the principall  
partes, and doe cause good appetite: if they bee dronken in  
long agues, then they doe profit verie much.

217

Trochists of egrimonie.

**T**Ake of manna or sweete dew, the iuice of egrimonie aū.  
one 3. of roses 3. ʒ. of spicknarde three 3. of chubarbe, asa-  
rabacca, anniseede, aū. two 3. of spody three 3. ʒ. make  
your balles with the iuice of egrimonie.

These



These be necessarie against long agues, and the colde and shaking of them, and against obstructions, the yelow iaudes, and the dropie if they be taken at the beginning.

218

Litle balles of terra sigillata.

**T**ake of dragons bloud, of gumme arabick made in powder, cinet, rose leaues, seede of roses, ammyly made in powder, spody, acatia, of hipoquistes, the stone which doth staunch bloud, the flowers of wilde pomgranads, bolearmonicke, terra sigillata, hempsede, corall, perls, ambze, aū. two 3. fragantum, blacke poppie, aū. one 3. ʒ. the seede of purseline made in powder, franckinsence, the hozne of the redde deare made in powder, oke apples, saffron, aū. two 3. and make your balles with the iuice of plain-taine.

These be excellent balles to staunch spitting of bloud, and chiefly if they be taken with the water of plantane: if the forehead be therewith annointed, it stoppeth bleeding at the nose, if the matrice be annointed therewith it stoppeth the flowers, and also for any fluxe.

219

Trochists of ambre, of doctor Mesues.

**T**ake of ambze, auer sire, of the hozne of the redde deare made in powder, gumme arabick, corall made in powder, fragantum, acatia, hipoquistes, the flowers of the wilde pomgranads, of mastick, the gumme of lade washed, blacke poppie made in powder, aū. auer two, franckinsence, saffron, opium, aū. auer one ʒ. make these with the simie sappe of flie wort.

This doth staunch bloud, from what place soeuer it cometh.

220

Tela gualteri.

**T**ake of the common oyle or sallet oyle one lib. of ceruse  
four



four 3. of litharge two 3. myrrer 3. make of these like cerota which be made of ware.

This doth heale and dry by olde sores.

V. 221 An ointment called Apostolicum. 818

**T**ake turpentine, white ware, of rosin aū. fourteene 3. opoponax, the powder of brasse aū. 3. ammoniacum, foureteene 3. aristolochia longa, white frankinsence aū. sixe 3. of myrrer, galbanum, aū. foure 3. bdellium, sixe 3. of litharge nyne 3. infuse your bdellium in good vineger, and so dissolve it, and in sommer seeth it with two lib. of oyle, and in winter with thre.

This doth cure olde fistules easily, swellings and hard kirnels, it eateth away dead flesh, and it cleanseth also wounds.

222 An ointment of roses called Rosatum.

**T**ake of young swines grease as much as you thinke best, and wash it in hote water nyne times, and as often in colde water, then stampe with it as greate a quantitie of young roses, and let them stande the space of seven dayes, then seeth them with a soft fire and straine them, then take againe as many roses and stampe them with the grease, and so let them stand the space of seven dayes, then cast upon them one part of the iuice of roses, of oyle of almonds sixe partes, seeth them altogether with a soft fire untill the iuice be consumed, if ye will put vnto the rose water a litle quantitie of opium, then it will proue a verie excellent medicine.

222 A singular good ointment called Basilicum magnum.

**T**ake of white ware, rosen, fallow of a cow, dry pitch, fat of the bellies of great fishes, fine franckinsence, myrrer, aū.



aū. fire 3. of pitch liquid or moist three 3. and of all the other  
aū. one 3. f.

This is a present ointment against wounds inflamed,  
and woundes in the sinowes, it doth purge them and doth  
bzing flesh againe. The learned sorte of surgeans thinke  
this ointment not fit to be laid vnto hote sores nor woundes  
because it is of his nature hote, and so it shall cause greater  
inflamations, wherefore vse it rather in woundes without  
all inflamations of heate.

224 An other excellent ointment called Basi-  
licum minus, of D. M.

**T**ake yelow ware fire 3. good oyle two lib. f. turpentine  
two 3. rosen, dry pitch, aū. one 3. f. fine franckinsence,  
mastick, aū. one 3. saffron one 3. make your ointment.

This hath beene proued to heale bzoles and strokes.

225 A verie good ointment called Aureum.

**T**ake of rosen, pitch, ware, oyle as much as will suffice,  
and make your ointment therewith accordingly.

226 An ointment that is called Populeon.

**T**ake the buds of the populer tree one lib. f. blacke pop-  
pie, leaues of mandragora, the buds of the bramble, of  
henbane, dwale, the lesse houselake or stonecrop, let-  
tis, houselake, burre, violets, maidenhaire aū. three 3. of  
young swines grease not salted two lib. dry all your hearbs  
and boile them with your grease, and make your ointment.

This is good to anoint the temples, the pulses, and  
palmes of the hands, & the soales of the feete in hote agues.

227 An ointment called Marciaton of D. N.

**T**ake of white ware two lib. of oyle eight lib. of rosemary  
leaues, of lawzel aū. eight 3. of rue seven 3. of quickbeme

seven



seuen 3. of sauin, of water mynt, sage, bassel, wilde tyme, calamint, mugwort, enulacampana, gelliflowers, bzanckur, sin, goose grease, paritary, pimpernell, egrimonie, worme-wood, primrose, curage, young buds of elder, ozpin, melli-foly, houselike, germander, centuarie, strawberie leaues, cinckfoly, hearbe india aū. foure 3. the roote of holyhooke, cummin, myztle, aū. thre 3. of fennigrecke, one 3. ʒ. of fresh butter one 3. two 3. of nettles, violets, red poppie of the cozne, of balsamum, the third kinde of myzts, and of maidenhaire, wollthistle oz carduus benedictus, woodbinde, valerian, hearbe robart, sozrell of bosse, harts tongue, orege, camphure, sozare, deare suet, aū. ʒ. 3. the fatte of a beare, oz henne, mastick aū, one 3. of franckinsence ʒ. 3. oyle of spicknard two 3. let all youre hearbes be gotten in Maye, within two dayes space if ye can gete them, and from thre of the clocke in the morning vnto twelue stampe all your hearbes together, and infuse them in sweete wine seuen dayes, on the eight day seeth them with a soft fire, and when your wine doth beginne to consume, then put in your oyle and boile them altogether vntill your hearbes beginne to consume, then straine them, and cast away the hearbes and set the iuice strained on the fire againe, and when it boyleth, put in sozar, and soone after the butter and the grease, oyle of spicknarde, masticke, franckinsence, waxe, when the ware is all melted, then take it from the fire, stirring it alwayes in boyling till it shall be thicke, and then reserue it.

This is a singular oyntment for the headach of colde, the grieve of the brest, stomach, and against hardnesse of the spleene and the liuer, it cureth iliaca passio, which is ache oz the goute in the hippes, the frensie, goute in the fete, swellings, and to be shott, all aches of colde.

**T**ake rosemarie, margeram, & the rootes of wake robin, wilde



wilde time, rue, the roote of wilde cucumbers, aū. thre 3. ʒ. the leaues of the bay tree, sage, sauin, aū. thre 3. of horse-mint, of laugel, nine 3. of b:ionie thre 3. of neppe, the leaues of wilde cucumbers aū. ʒ. lib. of mastick, of frankensence aū. seuen 3. of pellitoz of spaine, and euphorbe, ginger, pepper, aū. one 3. the oyle of a weasell 3. ʒ. oyle which naturally runneth out of a stone, one 3. of the grease of a bear, the oyle of the bay tree, aū. thre 3. of butter foure 3. the common oyle oz sallet oyle, fīue lib. of ware one lib. thre 3. gather your hearbes in June, and vse all other things as in the other ointment befoze, stampe them well and laie them in a moztar of stone in oyle, the space of seuen daies, on the eight day set it on the fire vntill the hearbes go downe to the bottom, then straine them, and set the iuice strained on the fire againe, and when it beginneth to boyle, put in your oyle of the bay tree, the butter, the grease of the beare, and war, and when it is melted, then put in mastick, frankensence, and at last your ginger, pepper, pellitoz of spaine, euphorbe, when they be well sodden, then take all from the fire and reserue them.

This cureth aches of cold, if it be anointed after this fashion, take a shell of an egge, and warme the ointment in it at the fire, & annoint the places: when the places be annointed, laie also to the place the shell wherin the ointment was warmed, and it healeth the crampe and conuulsions, and when a man is so stiffe for colde that hec cannot moue his necke, it is good against arthritica passio which is a gout in the ioynts, and against the ache in the hippe, and against a quartaine, if so be the backe bone be therewith annointed befoze the fit come.

### 229 An ointment of Holihocke, of D.N.

Take of the rootes of holihocke, two lib. of linseede, fenigreeke, aū. one lib. of squilla, ʒ. lib. of the oyle foure lib. of ware one lib. of turpentine, the gumme of iuy, galban, aū. two 3. of dry pitch oz colophony, of rosen aū. ʒ. lib. wash  
 your



your rootes well, and beate your fenigreeke and squilla all together, then put them all into tenen lib. of water, the space of three daies, on the fourth day boile them till they be thick, then put them softly into a bagge and straine them, putting vnto them a litle faire hotte water, to cause the slimy iuice to straine the better, after this, take two lib. of that iuice and boile it with oyle vntill the iuice be consumed, then put in the ware, and when that is melted, put in turpentine & galbanum, the gumme of the iuy tree, the last, powder of rosin and dry pitch, and when it is thicke, then take it from the fire, and make your ointment.

This doth asswage paine of the stomake of cold, the pluresie, if ye annoint therewith the place, it doth also purge heate, it mollifieth and causeth moistnes.

230

An ointment of Agrippe.

Take of bryony two lib. the roote of wilde cucumber, the roote of squilla fixe 3. of flower de luce, foure 3. the roote of ferne two 3. the roote of wallwort, the roote of sethistle an. two 3. wash your rootes twice or thrise, then beate them in a mortar or marble stone, then put vnto them foure lib. of the oyle of masticke, or the common oyle, the space of two daies, howbeit if they lie fixe or fixe daies they will bee the better, because they encrease their heate, sator & strength, boyle them on the third day vntill the rootes shall become soft, then straine them, and when they be strained, set them on the fire againe, and when it beginneth to boyle, take fifteene 3. of white ware, and when the ware is melted take it from the fire, and make your ointment when it is cold.

This is a present remedie against the drop sicke, and all swelling, in what part soeuer it bee, it asswageth paine in the sinowes, it prouoketh vrine, and causeth a man to bee laxative, and it cureth paines in the raines of cold.

Am



231

## An ointment of Pompholix.

Take of the oyle of roses ten 3. of white wax fine 3. of the iuice of the berries of dwale eight 3. of white lead, foure 3. of the common lead made in powder, of tutts a kinde of lead aū. two 3. of frankensence one 3. Make these simples in powder, which be fit to be made in powder, sethe the iuice of dwale with oyle of roses untill the iuice be consumed, then mingle the wax with the pouders, and beate them in a mortar, and make your ointment.

232

## An ointment of Enula Campana.

Take of the roote enula campana, sodden in vineger, and dyde well afterward, one lib. of swines grease and of common oyle aū. thre 3. of new wax one 3. of common salt made in powder, 3. of quicke siluer and turpentine washed aū. two 3. make this ointment accordingly, then take swines grease fine 3. oyle of the bay tree, of quicke siluer flecked, of wax washed, of frankensence made in powder aū. two 3. of salt eight 3. the iuice of plantane, the iuice of fumitory, as much as will suffice, and make it after this fashion: set your iuices with the wax on the fire, with oyle of bayes, swines grease, and let them boyle untill all be melted, then put in salt, frankensence, masticke, and boyle them all untill the iuice be consumed, then take them from the fire and put vnto them the quicke siluer flecked, as yee did in the other ointment before, and so vse it.

This is a very strong ointment, therefore ye must take diligent heede, lest ye touch any principall member with the ointment, because of your quicke siluer, and you must also mingle with it a great quantitie of masticke.

233 An



234

An ointment for children which  
be scabbed.

Take of turpentine washed foure ℥. of butter washed two  
℥. of salt one ℥. of the iuice of pomcitrons, the yolkes of  
egges aū. in number three, oyle of roses ℥. Do them all togi-  
ther, and make your ointment thereof.

235

A red ointment to dry.

Take of the stone which is called of the Apothecaries ca-  
laminaris, of terra lemnia aū. foure ℥. litharge of gold,  
of white leade, aū. three ℥. camphire one ℥. of ware fine ℥.  
oyle of roses, oyle of violets aū. sixe ℥. and make your oint-  
ment accordingly.

236

An ointment against Wormes.

Take of the oyle of bitter almonds one ℥. iuice of the leanes  
of peaches, the iuice of motherwort aū. ℥. 3. of roses, the  
floure of lupines, of y<sup>e</sup> hozne of the red beere made in powder,  
aū. one ℥. aloes cypatrine two ℥. some put vnto this two ℥.  
of ore gall, also take a litle quantitie of vineger, & as much  
hony as will suffice.

237

An ointment called Resum  
Ptium.

Take of swines grease foure ℥. of hennes grease, of gose  
grease, of ducks grease aū. two ℥. of moist isope ℥. 3. oyle  
of violets, oyle of camomill, oyle of dill aū. two ℥. of freshe  
butter one lib. of white ware sixe ℥. of fragantum, of the si-  
my sappe of the kiruels of quinces, the slimy sappe of lin-  
seed, the slimy sappe of holihock, the slimy part of the gumme  
arabic aū. ℥. 3. mingle them together & make your ointment.

An



238 An ointment of Rhasis, Vnguentum Album.

Take of the common oyle two lib. of fine white lead one lib. of white ware fire 3. some Apothecaries doe put vnto these two 3. of camphyre, make this your ointment according to the same.

This is good against all inflammations of heate.

239 An ointment called Nutritum.

Take litharge of gold three 3. of the common oz sallet oyle, 3. lib. of vineger three 3. make your ointment in a mortar of lead accordingly.

240 An ointment called Egiptiacum.

Take of the floure of brasse fine aur. of hony fourteene aur. of strong vineger, seven aur. seethe them vntil they bee thicke and make your siropes thereof.

This is a singular good ointment against olde woundes and fistules, which stand in neede of clensing: it dooth also eate away dead flesh, and also it purgeth all corruption.

241 A yelow ointment called Citrinum.

Take of bozar a kind of salt peeter, two 3. of camphyre one 3. of white corall 3. of see glasse burnt one 3. of marbon stones, of the gumme fragantum, amili, marble, of fine frankensence, and white, salt peeter au. three 3. of white marble two 3. of serpentary, of white lead fire 3. make it after this fashion, stampe your fragantum and the marbon stones in a mortar of marble with an yron pestle, and stamp the other alone in the same mortar, then sift them through a fine sie,

¶

with



with a fine linnen cloath, with one lib.  $\text{℥}$ . of fresh swines grease, goates grease, one  $\text{℥}$ .  $\text{℥}$ . hennes grease, one  $\text{℥}$ . these greases must bee put in a skillet, or in some other such like vessell, the which vessell ought to hang in a caldron full of water on the fire, let the water in the caldron so boile, that the grease may melt in the skillet, by the heate of the water in the caldron, and when it is melted, straine it through a fine cloth into a dish, and put vnto it all the pouders, except camphyze and bozar, stirring it continually, vntill all go together in a lumpe, this done, mingle with it two or more pomcitrons, stirring it alwaies, and when it beginneth to boile, put in your camphyze and bozar, it must be continually well stirred till it be colde, when it is taken from the fire, the which done, make your ointment: and here ye must note, that one pound of powder will require eight lib. of grease.

242

An ointment called Meapolitanum, by  
Iohannes de Vigo.

**T**ake oyle of camomile, dill, of spikenard, lilies, an. two  $\text{℥}$ : of swines grease, the fat of a beale, an. one lib. of euphorbe five  $\text{℥}$ . of frankensence, ten  $\text{℥}$ . oyle of the bay tree one  $\text{℥}$ .  $\text{℥}$ . grease of a viper two  $\text{℥}$ .  $\text{℥}$ . of quicke frogges in number sixe, of wormes washed in wine three  $\text{℥}$ .  $\text{℥}$ . iuice of the rootes of wallwort and of enula campana, an. two  $\text{℥}$ . of squintum, of sticados, of motherwort an. one m. of swete wine, two lib. boyle them all together vntill the wine bee consumed, then straine them, and put into the straining litharge of golde, one lib. of turpentine washed, two  $\text{℥}$ . make this ointment or serofum with white ware, putting vnto it when it is almost sodden one  $\text{℥}$ .  $\text{℥}$ . of stact, or of the fattest and tenderest part of mirrhe, then take it from the fire, and stir it till it shall become luke warme, after this, put vnto it foure  $\text{℥}$ . of quicke siluer flecked with your spittle, stirring it till the quicke siluer be run amongst the other simples even like, on a lumpe.

243 An



243

## An other ointment.

**T**Ake oile of spikenard one ℥. oile of the lees of white wine, oile of the bay tree, petrolcum, of swines grease foure ℥. of frankensence ꝑ. ℥. euphorbe one ℥. ꝑ. the ointment of holihocke, the ointment of agrippa aū. one ℥. of quicksilver foure ℥. mingle all together, and make your ointment.

244

## An ointment of Galen.

**T**Ake of white wax one lib. oile of roses, three lib. let them be melted all together and washed well and oft with cold water untill they be white, the more this is washed, the better and stronger they will be, at the latter end wash them with a litle vinegar.

245

## Sugar of Roses.

**T**Ake fine sugar and dissolve it with rose water, seethe it well, then cast it on a marble stone till it bee colde and hard, afterwarde cutte it in great peeces, and reserue it.

Thus yee maye make also sugar, violet and buglosse.

FINIS.



Approued medicines, most of them practi-  
sed by the Translator hereof.

A good ointment and a precious, for all goutes and a-  
ches in the ioyntes.

**T**Ake and haue a harts hozn till it come to the innermost  
part of the hozne, then take that part and cut it in diuers  
small peeces, and put it into a pot with a pounce of common  
oyle, then fill it with wine, and boyle it till the wine be con-  
sumed, and then stir it well and let it stand a day & a night,  
then straine it thzough a cloth, and there shall come a blacke  
liquez, which liquez ye shall reserue, and therewith annoint  
your griefes in the morning and evening.

For the cold and griefes of the brest.

**T**Ake pimpernell and see the it in vinegar and vse it, & thou  
shalt haue health.

For to draw teeth without any paine.

**T**Ake the roote of cucumber and meddle it with vinegar,  
but first see the it and wash it well, make it in pouder and  
then put thereto vinegar, then put it on the toothe, but looke  
it touch none other but that.

For the palsie ouer all the bodie.

**T**Ake castoreum, rue and sage, then see the them together  
in wine, and giue it him to drinke.

A no-



## Approued medicines.

101

A notable medicine destroying flegme of  
the heade.

**T**Ake pellitor, sarifrage, ritchory, organ, hisope, and seeth  
them in wine, and vse to drinke it.

For the webbe in the eye and darknes of sight.

**T**Ake a quantitie of honny, in seething scumme it well,  
then take as much rennish wine, and boile them both to-  
gether till the halfe be consumed, then take it off the fire and  
keepe it, and with that annoint the eye, and doe it in the  
eye, and thou shalt breake it.

If thy stomach be ouer full, and to make good  
disgestion.

**T**Ake a spoonefull of mustardsæde in a spoone, and re-  
serue it drye, and so swallow it downe, and drinke a  
spoonefull or two of water incontinent after, and thou shalt  
feele thy selfe well by the morning.

To make thy face white.

**T**Ake beanes and huske them, then lay them in vineger,  
or in wine a day and a night, then dry them in the sunne  
and make thereof a pouder, with the lillie roote, and temper  
them together in luke warme water, and vse to wash when  
thou goest to sleepe, and also thy hands and necke, it maketh  
thee cleane, and doth away all slime and spots.

For him that hath had long a quartaine ague.

**L**et him drinke dayly alwaies first and last, and he shall  
be whole. Also for the quartaine, take wormewood,  
sothernwood, and the middle pille fraxini, then seeth it in  
good wine, then put vnto it suger to make it sweete, and let



the sicke drinke thereof afoze meate and after meate, and without doubt it shall make him hole.

To breake a core without any perill.

**T**Ake an ounce of cantaradice, of ozpement two drams, make them in pouder, and temper them with strong vinegar, then lay it to the soze in maner of a plaister.

For the crampe.

**O**f bathing in the water in which linseed is sodden doth away the crampe. Also tye about thy arme or legge, the bone which lyeth in the heade of a house snail, which bone shall preserve thee. Likewise for a thorne: a gander or goose dung all fresh taken and laide to the place where thou hast a thorne it shall helpe thee.

For the piles.

**T**Ake apostolicon and heate it at the fire, then annoint the place about: doe so three or foure times when it cometh out, and bath him in the water in which peritorie called pericaria, and the leaues of the figge tree, and porretis, or of the pericarie alone.

For milke that is crudded in the brestes.

**T**Ake and make pellets of wheate flower and water, and swines bloud, then lay them thereto, and that shall bring out all the filth.

For a fistulo.

**T**Ake pouder of white lime, the pouder of lozier sodden together in honny till it be thicke.

A sirope



## Approued medicines.

103

A sirope for the same.

**T**ake egrimony, veruaine, anniseede, bittony, piloselle, sarifrage, pimpernell, filipendula: take the iuice of these hearbes and suger together, and vse this sirope euerie day first and last, for it purgeth the matter and dryeth the fistulo.

For the cough, and the brest.

**T**ake the roote of enula campana, cinamon, pellitoz, hisope, ciminum marubium, seeth all in wine, or in good ale, and giue it him in his meate, also the pouder called dzedge pouder, to bee eaten first and last, as a soueraigne remedie.

For the aking of the teeth and gummes when they doe grieue thee.

**R**ubbe thy temples for the aking of the vpper teeth, and for the lower teeth, rubbe thee vnder iawes, vse this, and it will away anone.

For a sere cloth for paine in the ioyntes.

**T**ake olibanum, masticke, and poys garsoire, boyle them each alike on the fire, and then spreade it on the cloth, and lay it on the grieve as hote as you may, if need be, put there, unto apostolicum cirurgien.

Another. Take poys garsoire and blacke pitch, and rosin, of each alike, then boile them together, and then lay it on the cloth, and as hote as you may receyue it.

For all aches of the heade, or if thou canst not sleepe.

**T**ake oyle of mandrage, and anoint thy temples therewith



with, when thou goest to bed, and vse it till thou feele ease.

To know if one shall liue or dye being wounded.

**G** iue him the iuice of pimpernel mingled with water, and if it goe out at the wound, he shall dye, or els not.

Another. Take cinckfoly, and giue him to drinke with water, if he cast it, he shall dye.

To staunch a vaine that is cut.

**T** ake a swines dung, and seeth it in wine, and it is good therefoze.

For red eyes, and watering eyes.

**T** ake catie, sarcocolla and womans milke, of each one 3. and water of roset.

For the webbe in the eye.

**T** ake oyle of wheate, water of rosh, iuice of bernaine, of each alike, then boile it well in a brasen vessel, and then put it in thine eye.

To make mustillage of hollihooke.

**T** ake hollihooke, and seeth it in water all day, and then straine it out all hote, also make mustillage of fenecreke or of linseede, take and pound it, and cast thereto a litle hote water, and let it stand then two dayes and so reserue it.

An emplaiature of Diaquilon.

**T** ake muscillagine two pound, of oyle foure pound, then put them all together in a vessel ouer the fire, and let them boile till the muscillage be wasted, then put therto a powder of alecargiry three pound, then stirre them till they be sodden like vnto pitch, but not too thinne, then straine it into a  
vessel



bestel of water, and so let it cole, then make thereof pellets, your mscilage shall be of fenngreeke, and of the seede of linseede, and of the roote of bismalue.

An emplaister for all woundes, and it closeth them also,

**T**Ake the iuice of pimpernell, iuice of bernine, iuice of bitonie aū. two 3. rosin halfe a pound, turpentine, ware, aū. foure 3. olibam one 3. boile it with wine together, then put thereto the poudre olibam, of masticke, and womans milke of a man childe one 3. then make thereof a plaister.

For noli me tangere, a spice of an ague.

**B**Eate the leaues of rue and straine it out, then anoint the place with the iuice, and after lay thereon the substance of the rue, vse this and without doubt it shalbe hole.

An emplaister for to cause a man or woman to sleepe.

**T**Ake henbane, opij thebaici of each thre ounces, iuice of poppie, the seede cicicte, of each two 3. mingle them all with the white of an egge, and anoint thy forehead therewith.

An emplaister to close woundes.

**T**Ake ware, rosin boales, tallow, of each thre 3. and pitch.

A medicine to heale flesh woundes and to knit them, within eight dayes it shall be whole.

**T**Ake pitch thre 3. litharge, red ware and white rosin, armoniac, galbant, of each two 3. oxen glue sixe 3. allam thre 3. masticke two 3. wedders tallow sixe 3. giptianum sixe 3. aristologia longa foure 3. myre, franckinsence, of each sixe 3. turpentine two 3. thiscoli foure 3. the roote  
D galle



galle one 3. conlond the more and the lesse of each two 3. of mans bloud a pound, then seeth a wethers skinne with the wolle in water, til the tallow melt that is therein: then take that water and straine it, and set it on the fire againe, and put your oken glue, and stirre it well till it be halfe sodden, then put in your white ware and redde, and common pitch, soone after that, turpentine and litharge stirring it well for cleauing to the panne, then put in your masticke, rosin, olibanum and myze, then take it off the fire & put in your gummies, then set it on the fire againe, and put there, to psulium and gipsium, and wedders fallow, and mans bloud, then stirre it still for growing to, then put in aristologia longa, and rosin, and last put in aloes, then seeth it till the water be waisted: to know when it is well sodden, put a drop thereof in a cold vessel, and stirre it well with thy fingers, and if it hang rough thereon it is sodden inough, or els not.

For a wound or chure

**T**ake white sope and Shepes suet in like portion, then boile it together in a sawser, and vse it in tent or plaister and it shall heale.

For Sinnowes that be strained or broken.

**T**ake in May the roote of the hedge vine which beareth redde berries, otherwise called the white vine, and doe vncouer his roote, then cut off the toppe thereof, and make a great hole with your knife in the middell, and then couer it with a tile stone, the space of three or foure dayes, and ye shall see it full of water, take it out with a spoone, and put it in a close glasse, and couer the saide roote so long as any water wil come: reserue it, and when ye haue any griefe, take of the saide water with a cloth, and lay thereon first and last, and vse to lay the wet cloth also thereon, and ye shall see wonderfull experience. Probatum.

For



For purging melancholie.

**I** Era rufini: also it is good for the scabbe of salte flegme, called Elephacia, which is nigh the leprosie. Also diacene lectuarie purgeth the spleene and the hart. Trifera saraseni-ca, auoideth melanchollie out of the heade, stomach, liuer, and the stopping of the vaines, sinowes, the spleene, the iaundis of burnt choller.

To purge choller.

**D** Ja pzunes doth purge the stomach and liuer.

A bath against choller for women.

**H** Ollihock, mugwort, elder flowers, willowes, violets, maidenhaire, valerian, fenycreeke, linsæde, smallage, wilde tansie, wilde time, malloes, germander, bisope, worme wood, marigolds, lauender, succory, bozage, langde, beefe and rosemary.

Against the stuffing about the stomach and hart  
in an ague.

**T** Take cinckfoly, auens, watercresses, harts tongue, a fen-  
nell roote, of each a quarter of a handfull, wash & bzoole  
them, and boile them with a quarte of ale, and ob. of rai-  
sons, of cozans soure, licozas sticks beaten, and boyled ther-  
in till halfe be wasted, straine it and put to suger and mace,  
and drinke warme soure spoonesfuls thereof, euening and  
morning.

A plaister to comfort the stomach.

**T** Take redde mints, lauender, cotton, tansie, crummies of  
bzeade leuened, bzoole them and put them all in a frying  
pan with vineger, and parch it dry, and lay it warme in a  
bagge to your stomach, remoue it not off soure or fire daies.

To kill a tetter in your hands.

**B** Oile oates in water, & couer it close, leauing a small hole  
open



open, which you shall hold ouer your handes so long as yee can suffer them, and cause them to sweate, then wash there, in till the saide water waxe colde, and this will heale it with once or twice.

For the piles.

**T**Ake of haire in an olde saddle which hath beene ouer the most sweating place of the horse backe, and let the patient sit ouer a close stoole, and burne of the same haire in a chafing dish vnderneath. Use this thre or foure times euery morning, and he shall be hole.

A potion against melanchollie.

**T**Ake of suger, hoppes greene, and fumitorie, of each a handfull, seeth them to the third part in faire water with a soft fire, straine it, and make it sweete with suger or honny, drinke thereof euery morning a draught fasting, and so befoze supper one houre.

A bath.

**T**Ake of sumiter and enula campana leaues, sage, fether-therfue, rosemarie and woyme wood, of each a handfull or two, seeth them in a sufficient quantitie of water til they be soft, and put as much as a wallnot of allam, and a litle brimstone in powder, and therewith bath the places of your bodie affected.

An ointment.

**T**Ake a handfull or two of docke rootes, scrape them and mince them, and beate them in a mortar with fresh butter, then boile them softly on the coales, in stirring them, when they are colde, put in befoze a quantitie of powder of brimstone, but straine it first, then stirre it well together, and keepe it in a bore. Use this after yee haue bathed, or when ye goe to bed against a good fire, and wrap yee in a sheete, and sleepe.

Against the crampe.

**T**Ake the iuice of chickweed, and eate thereof with fresh beefe, or mutton, or in a sallet.

Mother



## Approued Medicines.

109

**Mother Bowiers Medicine**, a drinke to clense the stomake, to be gathered at Michaelmas.

**T**ake roots, gallingale roots, turmericke roots, of peneriall, hearbe grace, vnset time, the roots of philipendula, the hearbe of oreall riall, of each a like quantitie, bzuise them and put them into a quart of malmesie, and let them boyle till a pinte, then take thereof so much as yee will drinke at once, warme it, and so at night blood warme, probatum.

To kill a pin and a webbe.

**T**ake twelue or more of sowes that breedes in postes of houses, or in the barks of trees, wash them in ale & bzuise them, then straine them with ale, & drinke it twice or thrise fasting and it will helpe it, and also helpe the yelow iaudes, probatum.

Against a Consumption.

**T**ake a pinte of muscadell, a quarter of a pound of blanched almonds, beate them well in a mortar of stone, then put in a litle muscadell and straine it: so beate the almonds againe, and put in the said wine as befoze: so long as any of your stuffe is left, then take the yolkes of two beaten egges new, and straine them with the said stuffe and stir it well, and put in so much of fine beaten suger, and giue it a boyling or twaine in stirring of it still. Use this warme, evening and morning, foure spoonesfull, probatum.

An other excellent for the same:

**T**ake a quarterne of pure red rose water, put it in a pewter platter or bason, set it ouer a chafingdish of coles, take cleane anniseedes and bzuise them a litle in a mortar, put thereof into your rose water a good handfull, and put in also



## Approued Medicines.

of sliced licozas, bruised and toze in peeces, three or foure  
sticks, and as much of parsley rootes, the pith taken out,  
bruised and sliced and put therein. Then last put in a good  
sponefull of the tender croppes of bisope, so let them boyle  
from a quart to a pinte, still bruising them with a spone as  
they boyle, and when it is sufficient boyle, straine it into a  
glasse, and take therof euening & morning a pretie draught,  
fast two houres after, and befoze meate fast two houres, vse  
this, it hath done wonders, quoth Maistresse Roger.

For any ache in a mans bodie gotten by a knocke  
or bruise.

**R**ubbe thereouer with a handfull of redde nettles, so vse it  
as ye see cause. *Of proued.*

Against any Itch.

**T**ake of brimstone, baie salt, elecampane, all made in fine  
pouder, euen portions, and put it into a litle bagge, and  
laie it in a sawser, and put of sallet oyle vnto it, then warme  
it, and vse to rubbe a litle on the itching place. *Proved of  
ten.*

*An other.*

**T**ake bay salt, the pouder of elecampane rootes finely be-  
ten, mixt with the oyle of flowerdeluce, and so a nightes  
rubbe and chase it in against a fire. *Proved true, which is  
also good for the crampe, taken of cold.*

A declaration of certaine qualities of feedes, hearbes,  
floures, rootes, and waters.

**T**he foure greater hotte seedes, annisseede, fennell seede,  
romin seede, and carrowates.

The foure lesser hotte seedes, ammi amomum, smal-  
lage,



lage, yelow carrots.

The foure greater cold seedes, gozdes, cucumbers, mil-  
lons, and citrones.

The foure lesser cold seedes, endiue, succoꝝy, lettise, and  
parselaine.

The foure hotte ointments, maciaton, the ointment  
holihocke, ointment agaron, and agrippa.

The foure cold ointments. Unguentum album, citri-  
num, populeon, and resumptium.

The foure hearbes assembled to haire, harts tong, ten-  
tetwort, maiden haire, and ceterac.

The fine common rootes which doe open, smallage,  
fennell, parsely, and spozage, and butchers bzome.

The foure waters soꝝ to comfort the heart, endiue, suc-  
coꝝy, scabios, and landebæse.

The eight hearbes which be laxative, mallowes, mer-  
cury, holihock, partfarie, violets, coleworts, bzantkursin,  
and betes.

The thze common floures which be hotte, camomile,  
mellilot, and lillies.

The foure common floures which be cold, violets, ro-  
ses, bozage, landebæse.

FINIS.





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FINIS.

2



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what Medicines, and how many be expedient  
for euerie disease.**

**Against quotidian agues.**

<b>A</b> urea alexandrina.	2
<b>M</b> ithridatum.	88
<b>S</b> iropo of bizance.	190
<b>T</b> rochistes diarodon.	33

**Against tertian agues.**

<b>A</b> urea alexandrina.	2
<b>O</b> xisacra simple.	99
<b>S</b> iropo of the iuice of sorrell.	164
<b>S</b> iropo of tart pomegranades.	189
<b>S</b> iropo of bizance.	190

**Against quartaine agues.**

<b>A</b> ntidotum a sineritum.	1
<b>D</b> ia sene.	51
<b>M</b> ithridatum.	88
<b>O</b> xisacra, simplex.	99
<b>O</b> intments agaron.	

**Against hot burning agues.**

<b>S</b> iropo of violets.	177
<b>D</b> ia pyres not laxatiue.	46
<b>C</b> ommon decoction.	53
<b>E</b> lectuarium catholicum.	54
<b>M</b> el violatum.	92
<b>J</b> ulep of violets.	81
<b>O</b> xisacra, simplex.	99
<b>S</b> iropo of limmons.	198
<b>T</b> rochistes of camphire.	209
<b>O</b> intment populeon.	120

**Against agues mixt, of diuers  
humours.**

<b>D</b> ia phenicon.	47
<b>P</b> illule agregatiue.	154

<b>P</b> illes of rhubarbe.	142
<b>T</b> rochistes of roses.	205

**Against long agues of colde.**

<b>D</b> ia curcuma.	44
<b>D</b> ia coralium magistrale.	49
<b>P</b> illes of rhubarbe.	142
<b>S</b> iropo of egrimony.	175
<b>T</b> rochistes of rhubarbe.	214
<b>T</b> rochistes of wormewood.	216
<b>T</b> rochistes of egrimony.	217
<b>T</b> rochistes of roses.	205
<b>O</b> yle of camomile.	108

**Medicines to be vsed after hot and  
long agues.**

<b>T</b> rochistes of egrimony.	217
<b>S</b> iropo of sticados.	175
<b>O</b> yle of dill.	107
<b>O</b> yle of sothernwood.	123
<b>T</b> he seedes of honisuckles to bee drunke.	

**To cause good appetite.**

<b>A</b> ntidotum asineritum.	1
<b>A</b> romaticum rosatum.	3
<b>M</b> ithra simplex.	90
<b>O</b> yle of mintes.	123
<b>C</b> oncoction of quinces.	26
<b>S</b> iropo of wormewood.	168
<b>T</b> rochistes of wormewood.	216
<b>E</b> lectuarium confortatiuum sto- machi.	

**Comforting a cold braine.**

<b>E</b> lectuarie of precious stones.	59
<b>A</b> romaticum rosatum.	3
<b>C</b> onserue of gladian.	21
<b>T</b> heriaca galeni.	202
<b>C</b> om-	

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## The Table.

Comforting a moist braine.		Against euil liking of the body.	
Conserue of rosemarie.	16	Dia curcuma.	44
Confection of hamech.	12	Dia tragacantha frigida.	40
Confection of horehound.	36	Dia comeron.	32
Dia tragacantha calida.	40	Oyle of sesamum.	103
Electuarie inde maioris.	57	Sirope of egrimony.	175
Pillule alephagine.	140	Trochists of rhubarbe.	214
Against paine of the brest.		Aswaging paine in all the parts of the bodie.	
Decoction for the brest.	52	Oyle of dill.	107
Lochisti de squilla.	207	Emplaistum oricrocetum.	68
Oyle of harts ease.	125	Against all inward diseases of the bodie.	
Oyntment mercuraton.	227	Antidotum asincritum.	1
Against straitnes of the brest.		Aurea alexandrina.	2
Mipta muskata, confection of muske.	5	Against paine in spitting bloud, or other humor.	
Conserue of maidenhaire.	20	Emplaistum ceroneum.	67
Dia tragacantha calida.	40	Against burning or scalding.	
Cheriaci galeni.	202	Emplaister of dates.	76
Oyntment mercuraton.	227	Oyle of myrts.	109
The causing of boldnes.		Oyntment of roses.	222
Electuarie of pretious stones.	59	Against crushes or brooses.	
Against gnawing of the belly.		Emplaister of dates.	76
Antidotum asincritum.	1	Oyntment of aureum.	225
Mithridatum.	88	Against diseases of the brest.	
Keeping the bodie strong.		Dia comeron.	32
Pillule lusi maioris.	146	Dia tragacantha frigida.	40
Rosata nouella.	162	Sirope of horehound.	173
Sirope of the infusion of young roses.	191	Sirope of maiden haire com- pound.	195
Cheriaci galeni.	202	Against belching of raw humors.	
Against spitting of bloud.		Dia galanga.	27
Mithridatum.	88	Diastrion piperion.	35
Antidotum asincritum.	1	Dia tragacantha calida.	40
Aurea alexandrina.	2	Lochisti sanum.	84
Cheriaci galeni.	202	Prinell stilliticum	
Trochists of coral.	209	Sirope of calamints.	166
Trochist of amber or corall.	209	Against paine in the backe.	
Trochist of terra sigillata.	218	Oleum de cheiri.	125
Against byting of venemous beastes.		Pillule fetida maioris.	144
Mithridatum.	88	To draw out broken bones.	
Cheriaci galeni.	202	Emplaist. oricrocium.	68
Oyle of a scorpion.	118	Emplast. contra rupturam.	71



**An other Table wherein yee shall know  
what Medicines, and how many be expedient  
for euerie disease.**

Against quotidian agues.		Pilles of rhubarbe.	142
		Trochistes of roses.	205
<b>A</b> Urea alexandrina.	2	Against long agues of colde.	
Mithridatum.	88	Dia curcuma.	44
Sirope of bizance.	190	Dia corallium magistrale.	49
Trochistes diarodon.	33	Pilles of rhubarbe.	142
Against tertian agues.		Sirope of egrimony.	175
Aurea alexandrina.	2	Trochistes of rhubarbe.	214
Oxifacra simple.	99	Trochistes of wormewood.	216
Sirope of the iuice of sorrell.	164	Trochistes of egrimony.	217
Sirope of tart pomgranades.	189	Trochistes of roses.	205
Sirope of bizance.	190	Oyle of camomile.	108
Against quartaine agues.		Medicines to be vsed after hot and long agues.	
Antidotum a sineritum.	1	Trochistes of egrimony.	217
Dia sene.	51	Sirope of sticados.	175
Mithridatum.	88	Oyle of dill.	107
Oxifacra, simplex.	99	Oyle of sotherwood.	123
Ointments agaron.		The seedes of honisuckles to bee drunken.	
Against hot burning agues.		To cause good appetite.	
Sirope of violets.	177	Antidotum asineritum.	1
Dia prunes not laxatiue.	46	Aromaticum rosatum.	3
Common decoction.	53	Mithra simplex.	90
Electuarium catholicum.	54	Oyle of mintes.	123
Mel violatum.	92	Concoction of quinces.	26
Iulep of violets.	81	Sirope of wormewood.	168
Oxifacra, simplex.	99	Trochistes of wormewood.	216
Sirope of limmons.	198	Electuarium confortatiuum stomachi.	
Trochistes of camphire.	209	Comforting a cold braine.	
Ointment populeon.	120	Electuarie of precious stones.	59
Against agues mixt, of diuers humours.		Aromaticum rosatum.	3
Dia phenicon.	47	Conserue of gladian.	21
Pillule agregatiue.	154	Theriaca galeni.	202
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## The Table.

Comforting a moist braine.		Against euil liking of the body.	
Conserue of rosemarie.	16	Dia curcuma.	44
Confection of hamech.	12	Dia tragacantha frigida.	40
Confection of hozehound.	36	Dia comeron.	32
Dia tragacantha calida.	40	Oyle of sesamum.	103
Electuarie inde maioris.	57	Sirope of egrimony.	175
Pillule alephagine.	140	Trochists of rhubarbe.	214
Against paine of the brest.		Afwaging paine in all the parts of the bodie.	
Decoction for the brest.	52	Oyle of dill.	107
Lochisti de squilla.	207	Emplaistum oricrocetum.	68
Oyle of harts ease.	125	Against all inward diseases of the bodie.	
Oyntment mercuraton.	227	Antidotum asincritum.	1
Against straitnes of the brest.		Aurea alexandrina.	2
Mipta muskata, confection of muske.	5	Against paine in spitting bloud, or other humor.	
Conserue of maidenhaire.	20	Emplaistum ceroneum.	67
Diatragacantha calida.	40	Against burning or scalding.	
Cheriaci galeni.	202	Emplaister of dates.	76
Oyntment marciaton.	227	Oyle of myrts.	109
The causing of boldnes.		Oyntment of roses.	222
Electuarie of pretious stones.	59	Against crushes or brooses.	
Against gnawing of the belly.		Emplaister of dates.	76
Antidotum asincritum.	1	Oyntment of aureum.	225
Mithridatum.	88	Against diseases of the brest.	
Keeping the bodie strong.		Dia comeron.	32
Pillule lusi maioris.	146	Dia tragacantha frigida.	40
Rosata nouella.	162	Sirope of hozehound.	173
Sirope of the infusion of young roses.	191	Sirope of maiden haire com- pound.	195
Cheriaci galeni.	202	Against belching of raw humors.	
Against spitting of bloud.		Dia galanga.	27
Mithridatum.	88	Diatrion piperion.	35
Antidotum asincritum.	1	Dia tragacantha calida.	40
Aurea alexandrina.	2	Lochisti sanum.	84
Cheriaci galeni.	202	Orimel stilliticum	
Trochists of coral.	209	Sirope of calamints.	166
Trochist of amber or corall.	209	Against paine in the backe.	
Trochist of terra sigillata.	218	Oleum de cheiri.	125
Against byting of venemous beastes.		Pillule fetida maiores.	144
Mithridatum.	88	To draw out broken bones.	
Cheriaci galeni.	202	Emplaist. oricrocium.	68
Oyle of a scorpion.	118	Emplaist. contra rupturam.	71



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purgling the bladder of grauel.		Against the cough in the lunges.	
Antidotum asneritum.	1	Antidotum asneritum.	1
Benedicta.	9	Dia tragacantha frigida.	40
Dia curcuma.	44	Against coughes of superfluous	
Prunell durentium.	97	humors in the stomach.	
Aswaging paine in the bladder.		Aurea Alexandrina.	3
Emplaster of bayberies.	65	Dia margariton calidum.	30
Mithridatum.	88	Dia comeron.	32
Sirope of iulubes.	194	Dia calaminta.	34
Trochists of alcachenge.	211	Diaries salamonis.	38
Oyle of sweet almonds.	101	Dia papauer.	43
Dicum de cheiri.	125	Loch sanum.	84
Against exulcerations in the		Sirope of calaminto.	166
bladder.		Decoctio for the breast.	52
Prunell stilliticum.		Loch of the lungs of a fore.	86
Trochists of alcachenge.	211	Against the cramps.	
C		Mithridatum.	18
Against the cholike.		Oyle of castoreum.	114
Antidotum asneritum.	1	Theriaca galeni.	202
Aurea Alexandrina.	3	Sirope of sticados.	176
Dia phaccion.	47	Oyle of flowerde luce.	110
Electuarie inde maiores.	57	Ointment mercuraton.	227
Pillule sine quibus.	135	Ointment aragon.	228
Pillule auree.	136	Against conuulsions.	
Theriaca galeni.	202	Mithridatum.	88
Pillule fetide maiores.	144	Theriaca galeni.	202
Mithridatum.	88	Ointment mercuraton.	227
Emplaster of bayberies.	65	Ointment agaron.	228
Against olde coughes of hu-		Against the consumption.	
mors.		Aurea alexandrina.	3
Sirope of pineapple.	82	Dia margaritum calidum.	30
Lochust sanum.	84	Dia comeron.	32
Sirope of horehound.	173	Dia rodon abbatis.	35
Sirope of myrts, simple.	181	Dia tragacantha frigida.	40
Mithridatum.	88	Mithridatum.	88
Pille of agaricke.	154	Triasandali.	204
Pillule biche.	158	Loch of the lungs of a fore.	86
Sirope of bisope.	178	Against the canker in any part	
Against the drye cough.		of the bodie.	
Tulep of violets.	177	Compound hamechi.	12
Sirope of licorace.	171	Against al aches & diseases of cold	
Sirope of violets.	177	Oyle of bay.	103
Sirope compound of poppy.	179	Oyle of spicknard.	104
Sirope of iulubes.	194	Oyle of cost.	105
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## The Table.

Oyle of camamil.	108	Sirope acetosus compositus.	183
Oyle of flowerdeluce.	110	To cause good digestion.	
Oyle of roses.	111	Antidotum asincritum.	1
Oyle of masticke.	114	Aromaticum rosatum.	3
Oyle of lillies.	119	Concoction of quinces.	25
Cheriaca galleni.	202	Dia galanga.	27
Oyntment mercuraton.	227	Dia cuminum.	28
Oyntment aragon.	228	Dia ambze.	29
Oyntment hollihocke.	229	Dia calamintha.	34
Against clifts about the fonda- ment or other places.		Diatrion pipereon.	35
Oyle of myrts.	109	Miua simplex.	90
Pomatum.	161	Pillule ante cibum.	
To deliuer a woman of dead childe.		Oyle of mints.	122
Cheriaca galleni.	202	Against the dropfie.	
Things which doe cause good coloure.		Dia comeron.	3
Antidotum asincritum.	1	Dia curcuma.	44
Electuary of pretious stones.	59	Trochists of egrimonie.	217
Oyle of cost.	105	Trochists of rhubarbe.	214
Trochists of roses.	205	Pilles of euphorbe.	145
Hiera pica galleni.	79	Cheriaca galleni.	202
Things purging choller.		Emplaister of ware.	67
Antidotum asincritum.	1	Emplaister of bayberies.	65
Compound hamech.	12	Sirope of egrimonie.	175
Confect, called dia curcuma.	44	Oyntment of agrippe.	230
Conserue of langdebeefe.	15	E	
Conserue of bozage.	17	Curing the eyesight.	
Conserue of maidenhaire.	20	Dia pradium.	35
Conserue of succozie.	23	Hiera pica galleni.	79
Conserue of sorrel.	24	Pillule sine quibus.	135
Oxifacra simplex.	99	Pillule auree.	136
Electuarie of roses.	55	Pilles of fve kinds of mirrobo- lance.	139
Electuary of flywort	56	Pillule lucis maioris.	149
Pillule sine quibus.	135	Against paine in the eyes.	
For cold complexions.		Antidotum asincritum.	1
Dia ambze.	29	Electuarie of roses.	55
Electuarie inde maioris.	57	Against sore eyes.	
For hote complexions.		Collirium album.	14
Dia tragacantha frigida.	40	Mithridatum.	88
Sirope compound of endiue.	185	Against all maner of exulceratiōs in what place soeuer they be.	
Trochists of rhubarbe.	214	Oyle of violets.	112
Sirope of tarte pomcitrons.	186	Emplaister of white leade.	75
Sirope of the iuice of sorrel.	164	Cheriaca galleni.	202
Sirope cōpound of fumitorie	169	Trochist of alcachenge.	211
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Against disines and paine in the eares.		Oyle of roses.	192
Mithridatum.	88	Sirope of dry roses.	192
Oyle of bitter almonds..	102	Sirope de agrippa.	165
Pillule sine quibus.	135	Sirope of the tarte pomcitron.	189
F		Sirope of myrts, simple.	181
Against the falling euil.		Oyle of myrts.	109
Antidotum asincritum.	1	Against the fluxe of meate vn- digested.	
Aurea alexandrina.	2	Sirope of calamints.	167
Compound of sweete muske.	11	Mithridatum.	88
Sirope of sticados.	176	Oyle of myrts.	109
Theriaca galeni.	202	Trochists of corall.	209
Against the frensie.		Against the bloudie fluxe.	
Sirope of endiue simple.	184	Diacodion.	42
Antidotum asincritum.	1	Mithridatum.	88
Theriaca galeni.	202	Micleta.	89
Oyntment marciaton.	227	Trochists of corall.	209
Things purging of flegme.		Oyle of roses.	111
Antidotum asincritum.	1	Prouoking the flowers in wo- men.	
Diacartamum.	48	Mithridatum.	88
Compound hamech.	12	Sirope of wormewood.	168
Mel rosatum.	91	Trifera magna.	203
Conserue of rosemarie flowers.	16	Trochists of myrre.	211
Conserue of gladian.	21	To stop the fluxe in women.	
Conserue of enula campana.	22	Pilles of bdellium.	149
Pillule sine quibus.	135	Trochists of terra sigillata	218
Pilles of the gumme sarcocolla.	143	Trochists of ambre.	219
Pilles of euphorbe.	145	To stop the flux after a strong purgation.	
Pillule fetide maiores.	144	Electuarium confortatium sto- machi.	58
Diatrion pipereon.	35	Against palenes of the face.	
Against salt flegme.		Hiera picra galeni.	79
Sirope compound of fumitorie.	169	To cause new flesh.	
To make a beautifull & smooth face.		Emplaster tripharmozum.	
Oleum de tar taro.	117	To consume dead flesh.	
Pomatum.	161	Ointment. Apostolicum.	221
Against fluxes of the bodie.		Ointment. egiptiacum.	240
Dia corecion.	42	Against olde fistules.	
Mithridatum.	88	Ointment. apostolicum.	221
Micleta.	89	Ointment. egiptiacum	240
Miua simplex.	90	Against	



# The Table.

<b>G</b>		<b>Dia margaritum caldum.</b>	30
Against the goutte in the iointes of heate.		<b>Diaronon abbatis.</b>	33
<b>Electuarie of roses.</b>	55	In gendring heate in the in- ward partes.	
<b>Pillule arthritice.</b>	151	<b>Aromaticum gariophilatum.</b>	4
<b>Oyle of wormes.</b>	124	<b>Diacuminum.</b>	28
<b>Oleum de cheirie.</b>	125	<b>Dia ambre.</b>	29
Against the goutte in the iointes of colde.		<b>Emplaister for the stomacke and the liuer.</b>	58
<b>Benedicta.</b>	9	<b>Oyle of rue.</b>	106
<b>Electuarie inde maioris.</b>	57	Against trembling of the hart.	
<b>Mithridatum.</b>	88	<b>Confection of sweete muske.</b>	11
<b>Pillule fetide maiores.</b>	144	<b>Electuary of precious stones.</b>	59
<b>Antidotum asincritum.</b>	1	<b>Conserue of bozage.</b>	17
<b>Oyle of bay.</b>	102	<b>Conserue of langdebeefe.</b>	15
<b>Oyle of spicknard.</b>	104	Against heate of the hart.	
<b>Oyle of flowerdeluce.</b>	100	<b>Iulep of roses.</b>	80
<b>Oyle of masticke.</b>	114	<b>Iulep of violets.</b>	81
<b>Oyle of euphorbe.</b>	115	<b>Sirope of violets.</b>	177
<b>Oyle of a fore.</b>	116	<b>Sirope compound of endiue.</b>	185
<b>Pilles of euphorbe.</b>	145	<b>Sirope of the infusion of young roses.</b>	191
<b>Oyntment merciaton.</b>	227	<b>Sirope of the iuice of sorrel.</b>	164
<b>Oyntment aragon.</b>	228	Against horsenes.	
Against the goutte in the feete.		<b>Oyle of sesanum.</b>	103
<b>Antidotum asincritum.</b>	1	<b>Decoctio pectoralis.</b>	52
<b>Benedicta.</b>	9	<b>Loch sanum.</b>	84
<b>Mithridatum.</b>	88	<b>Sirope of iuiubcs.</b>	194
<b>Pilles of the five kindes of myr- ribolance.</b>		<b>Theriaca galleni.</b>	202
<b>Pillule fetide maiores.</b>	144	Against the hicup.	
<b>Oyle of a fore.</b>	116	<b>Antidotum asincritum.</b>	1
<b>Oyntment merciaton.</b>	227	<b>Sirope of mynts.</b>	167
Against gallings or exulcerations.		Against falling of the haire.	
<b>Emplaistrum de cerusa.</b>	75	<b>Oyle of bay.</b>	102
<b>Oyle of myrts.</b>	109	<b>Oyle of cost.</b>	105
Good for glisters.		Against ache in the hips or huc- kle bone.	
<b>Dia cassiastrula magistratis.</b>	50	<b>Aurea alexandrina.</b>	2
<b>H</b>		<b>Pillule fetide maioris.</b>	144
To comfort the hart.		<b>Pilles of the five kindes of myr- ribolance.</b>	139
<b>Dia caralium magistrale.</b>	49	<b>Oyle of bay.</b>	102
<b>Electuarie of precious stones.</b>	59	<b>Oyle of a fore.</b>	116
<b>Sirope of the iuice of sorrel.</b>	164	<b>Oyntment merciaton.</b>	227
<b>Theriaca galleni.</b>	202	<b>Oyntment aragon.</b>	229
<b>Trochists of gallia moscata.</b>	213	Against all maner of hardnes.	
<b>Aromaticum rosarum.</b>	3	<b>Mithridatum.</b>	88
<b>Aromaticum gariophilatum.</b>	4		
<b>Conserue of roses.</b>	18		
<b>Confection of ambre.</b>	29		

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Oyle



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<b>Oyle of sweete almonds.</b>	191	<b>Cerotum stomachicum.</b>	13
<b>Oyle of bay.</b>	102	Against the yelow iaundis.	
<b>Oyle of mints.</b>	122	<b>Antidotum asincritum.</b>	1
<b>Of hollihoke ointment.</b>	229	<b>Diozodon abatis.</b>	33
<b>Oyle of the graine sesanum.</b>	103	<b>Electuarie of roses.</b>	55
<b>Emplaister diachilon album.</b>	60	<b>Sirope of bizantes.</b>	190
<b>Emplaist. diachilon magnum.</b>	61	<b>Theriaca galleni.</b>	202
<b>Emplaister de mucilagibus.</b>	63	<b>Trochists of camphure.</b>	209
<b>Emplaister of mellilot.</b>	66	<b>Trochists of rhubarbe.</b>	214
<b>Emplaister of occeroceum.</b>	68	<b>Trochists of egrimonie.</b>	217
<b>Oyntment apostolicum.</b>	221	<b>Tria sandali.</b>	204
<b>Oyntment marciaton.</b>	227	Against illica passio.	
<b>Oyle of flowerdeluce.</b>	110	<b>Antidotum asincritum.</b>	1
<b>Oyle of masticke.</b>	144	<b>Theriaca galleni.</b>	202
To purge the heade.		<b>Mithridatum.</b>	88
<b>Pillule auree.</b>	136	<b>Hiera picra galleni.</b>	79
<b>Pillule cochie.</b>	137	<b>Pillule sine quibus.</b>	135
Against olde aches of the head.		<b>Oyntment merciaton.</b>	227
<b>Antidotum asincritum.</b>	1	Against inflammations.	
<b>Pillule coche.</b>	137	<b>Antidotum asincritum.</b>	1
<b>Pillule agregatiue.</b>	141	<b>Cerotum stomachicum.</b>	13
Against the head ache of heate.		<b>Oyle of roses.</b>	111
<b>Electuarie of roses.</b>	55	<b>Oyle of violets.</b>	112
<b>Oyle of roses.</b>	111	<b>Oyle of lillies.</b>	119
<b>Oyntment of roses.</b>	222	Against hote impostumes in	
<b>Oyle of flowers of poppie.</b>	120	the throate.	
<b>Oyle of nenufar.</b>	121	<b>Potio diamozon.</b>	41
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<b>Mithridatum.</b>	88	<b>Trochists of rhubarbe.</b>	214
<b>Aurea alexandrina.</b>	2	<b>Trochists of egrimonie.</b>	217
<b>Oyle of dill.</b>	107	<b>Oyle of violets.</b>	112
<b>Oyle of spicknard.</b>	104	To ripe impostumes.	
<b>Oyle of euphorbe.</b>	115	<b>Emplaister diachilon paruum.</b>	61
<b>Oyle of flowerdeluce.</b>	110	<b>Emplaister diachilon magnum.</b>	62
<b>Oyntment merciaton.</b>	127	Emplaister diachilon album.	60
Against the hemerods.		<b>Oyle of flowerdeluce.</b>	110
<b>Micleta.</b>	89	<b>Oyle of masticke.</b>	114
<b>Pilles of bdellium.</b>	149	Against insensibilitie.	
To keepe thy haire from hoarines		<b>Mithridatum nichotey.</b>	88
<b>Oyle of coste.</b>	105	<b>Theriaca galleni.</b>	202
Against vermen or scurfe in the		Against inflammations of choler.	
heade.		<b>Conserue of violets.</b>	19
<b>Oyle of bay.</b>	102	<b>Oyntment of roses.</b>	222
<b>Oyle of lillies.</b>	119		
I		L	
Against hote impostumes of the		Against the paine of the liuer.	
liuer, and in the stomach.		<b>Antidotum asincritum.</b>	1
		<b>Dia</b>	



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<b>Dia curcuma.</b>	44
<b>Pillule aggregatine.</b>	141
<b>Pilles of Euphorbe.</b>	142
<b>Trochists of rhubarbe.</b>	214
<b>Sirope of ceterakce.</b>	182
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<b>Julep of roses.</b>	80
<b>Julep of violets.</b>	81
<b>Trisandali.</b>	204
<b>Trochists of camphure.</b>	209
<b>Electuarie catholicum.</b>	54
<b>Sirope of violets.</b>	177
<b>Sirope compound of endiue.</b>	185
<b>Trochists of spodie.</b>	215
<b>Ointment of roses.</b>	222
<b>Mel violatum.</b>	192
Against coldnes of the liuer.	
<b>Theriaca galleni.</b>	202
<b>Dia galanga.</b>	27
<b>Dia rodon abbatis.</b>	33
<b>Trochists of gallia muscata.</b>	27
<b>Trochists of wormewood.</b>	216
<b>Emplaister for the stomack and liuer.</b>	64
<b>Oyle of euphorbe.</b>	115
<b>Sirope of egrimonie.</b>	175
<b>Sirope of wormewood.</b>	168
<b>Trochists of egrimonie.</b>	217
Against hardnes of the liuer.	
<b>Emplaister diachilon album.</b>	60
<b>Pilles of euphorbe.</b>	145
To make a man laxatiue.	
<b>Antidotum asincritum.</b>	1
<b>Hiera picra galleni.</b>	79
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<b>Dia cassia fistula.</b>	50
Against daunger of life.	
<b>Antidotum asincritum.</b>	1
<b>Dia comeron.</b>	32
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<b>Dia tragacantha frigida.</b>	40
<b>Dia rodon abbatis.</b>	33
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<b>Sirope of endiue simple.</b>	184

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<b>Sirope of the infusion of young roses.</b>	190
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<b>Confection of sweete muske.</b>	11
<b>Conserue of maidenhaire.</b>	20
<b>Theriaca galleni.</b>	202
<b>Trochists of wormewood.</b>	216
Against drynes of the lunges.	
<b>Oyle of sweete almonds.</b>	141
<b>Sirope of licozas.</b>	171
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<b>Hamech a confection.</b>	12
<b>Theriaca galleni.</b>	202
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<b>Dia sene.</b>	51
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<b>Antidotum asincritum.</b>	1
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<b>Emplaister of bayberies.</b>	65
<b>Oyle of sweete almonds.</b>	101
<b>Triaphera magna.</b>	203
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<b>Antidotum asincritum.</b>	1
<b>Dia ambze.</b>	29
<b>Electuarie of precious stones.</b>	59
<b>Oyle of lillies.</b>	119
<b>Emplaistrum seroneum.</b>	67
<b>Oyle of flowerdeluce.</b>	110
<b>Oyle of wormewood.</b>	123
<b>Emplaister of bayberies.</b>	65
<b>Loch sanum.</b>	84
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<b>Antidotum asincritum.</b>	1

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Dia comeron.	32
Dia sene.	51
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Dia sene.	51
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der tyme.	174
Conserue of roses.	18
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Conserue of langdebeefe.	15
Conserue of rosemarie.	16
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Against al diseases of the midrise.	
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Against bleeding at the nose.	
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Against a stinking nose.	
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machi.	58
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<b>Oyle of quinces.</b>	113	Against Rawnes.	
Against the drines of the principall parts.		<b>Antidotum asincritum.</b>	1
<b>Oyle of sweete almonds.</b>	101	<b>Aurea alexandrina.</b>	2
To mollifie the principall parts.		<b>Mithridatum nicholai.</b>	88
<b>Conserue of roses.</b>	18	<b>Dia prasum.</b>	36
Against the Palsie.		<b>Sirope of sticados.</b>	176
<b>Antidotum asincritum.</b>	1	<b>Sirope simple of poppy.</b>	178
<b>Confection of sweet muske.</b>	11	<b>Oyle of rue.</b>	106
<b>Mithridatum nicolei.</b>	88	Things purging the reines of grauell.	
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<b>Sirope of sticados.</b>	176	<b>Benedicta.</b>	9
<b>Ointment marciaton.</b>	227	<b>Oxymell diureticum.</b>	97
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<b>Sirope of licozas.</b>	171	<b>Sirope of maidenhaire, cōp.</b>	195
<b>Sirope of hisope.</b>	172	<b>Sirope of ceterack.</b>	199
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<b>Dia tragacantha frigida.</b>	40	<b>Mithridatum nicholei.</b>	88
<b>Sirope of violets.</b>	177	<b>Dia comeron.</b>	32
<b>Loch of squilla.</b>	83	<b>Dia curcuma.</b>	44
<b>Julep of violets.</b>	81	<b>Electuarium inde maioris.</b>	57
<b>Conserue of maiden haire.</b>	20	<b>Oyle of a fore.</b>	116
<b>Oyle of violets.</b>	112	<b>Oleum de cheiri.</b>	125
<b>Ointment of holihoock.</b>	229	<b>Emplaister of bay berries.</b>	65
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<b>Dia prasum.</b>	36	<b>Hamech.</b>	12
<b>Cheriaca galeni.</b>	202	<b>S</b>	
<b>Loch de squilla.</b>	83	Comforting the stomake.	
<b>Loch sanum.</b>	84	<b>Cheriaca galeni.</b>	202
<b>Sirope of licozas.</b>	151	<b>Dia rodon magistrale.</b>	33
<b>Sirope acetosus compositus.</b>	183	<b>Dia margaritum calidum.</b>	30
Against the pestilence or poison.		<b>Dia prasum.</b>	36
<b>Cheriaca galeni.</b>	202	<b>Aromaticum rosatum.</b>	3
<b>Mithridatum nicolai.</b>	88	<b>Aromaticum gariophitatum.</b>	4
<b>Pouder contra pestem.</b>	129	<b>Trochistes of corall.</b>	209
<b>Sirope of tart pomcitron.</b>	189	<b>Mithridatum.</b>	88
<b>Sirope of the iuice of sorrell.</b>	164	<b>Mina simplex.</b>	90
<b>Sirope of the infusion of young roses.</b>	191	<b>Electuarie comforting the stomake.</b>	58
<b>Oyle of a scorpion.</b>	118	<b>Electuarie of precious stones.</b>	59
Against pimples or wheales.		<b>Electuarie inde maioris.</b>	57
<b>Oyle of mirtes.</b>	109	<b>Sirope of mirtes, comp.</b>	180
Perfumes.		<b>Sirope of sticados.</b>	176
		<b>Sirope of wormewood.</b>	168
		<b>Sirope of langdebeefe.</b>	200
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<b>Sirope of quinces.</b>	187	<b>Pillule fetide maiores.</b>	144
<b>Conserue of langdebeefe.</b>	15	<b>Pillule agregatiue.</b>	141
<b>Sirope of dry roses.</b>	192	<b>Emplastrum ceroneum.</b>	67
<b>Conserue of roses.</b>	18	<b>Trifera.</b>	103
<b>Conserue of enula campana.</b>	22	<b>Against the diseases of the splene.</b>	
<b>Confection of quinces.</b>	25	<b>Antidotum asincritum.</b>	1
<b>Oyle of quinces.</b>	113	<b>Dia curcuma.</b>	44
<b>Oyle of coste.</b>	105	<b>Dia sene.</b>	51
<b>Emplaister for the stomake.</b>	64	<b>Pilles of the five kindes of mir-</b>	
<b>To purge the stomake of</b>		<b>robolans.</b>	139
<b>grosse humors.</b>		<b>Sirope of calamintes.</b>	166
<b>Hiera picra galeni.</b>	76	<b>Sirope acetosus compositus.</b>	183
<b>Pille fetida maioris.</b>	144	<b>Electuarium catholicum.</b>	54
<b>Pilles of sarcocolla.</b>	143	<b>Oyle of euphorbe.</b>	115
<b>Pillule ale-fagine.</b>	140	<b>Against hardnes of the splene.</b>	
<b>Pillule lusi maiores.</b>	146	<b>Trochistes of wormewood.</b>	216
<b>Pille stomachi.</b>	152	<b>Trochistes of egrimony.</b>	217
<b>Pilles of agarick.</b>	154	<b>Sirope of calamintes.</b>	166
<b>Theriaca galeni.</b>	202	<b>Pilles of euphorbe.</b>	145
<b>Sirope of hisope.</b>	172	<b>Emplastrum diachilo album.</b>	60
<b>Sirope of horehound.</b>	173	<b>Ointment marciaton.</b>	227
<b>Sirope acetosus simplex.</b>	182	<b>Emplastrum ceroneum.</b>	67
<b>Orimell.</b>	96	<b>Against sighing.</b>	
<b>Orimell stilliticum.</b>	97	<b>Antidotum asincritum.</b>	1
<b>Sirope of maidenhaire.</b>	195	<b>Dia margaritum calidum.</b>	30
<b>Sirope of limons.</b>	198	<b>Things to cause the spiritle easily</b>	
<b>Emplastrum ceroneum.</b>	67	<b>to auoide.</b>	
<b>Against heat and burning of</b>		<b>Antidotum asincritum.</b>	1
<b>the stomake.</b>		<b>Sirope of pineapples.</b>	
<b>Trochistes of spodie.</b>	215	<b>Loch of squilla.</b>	83
<b>Triasandali.</b>	204	<b>To restore the speech.</b>	
<b>Sirope of the iuice of sorrel.</b>	164	<b>Diatris salomonis.</b>	38
<b>Diarodon abbatis.</b>	33	<b>To breake the stone.</b>	
<b>Trochistes of camphire.</b>	210	<b>Aurea alexandrina.</b>	2
<b>Julep of roses.</b>	80	<b>Theriaca galeni.</b>	202
<b>Ointment of roses.</b>	111	<b>Mithridatum nicholai.</b>	88
<b>Against hardnes of the stomake.</b>		<b>Oyle of scorpion.</b>	118
<b>Pilles of euphorbe.</b>	145	<b>Against the strangurie.</b>	
<b>Emplastrum diachilo album.</b>	60	<b>Aurea alexandrina.</b>	2
<b>Ointment marciaton.</b>	227	<b>Against founing or fainting</b>	
<b>Against coldnes of the stomake.</b>		<b>of the heart.</b>	
<b>Sirope of mintes.</b>	167	<b>Dia margaritum calidum.</b>	30
<b>Oyle of mintes.</b>	122	<b>Dia sene.</b>	51
<b>Oyle of wormewood.</b>	123	<b>Conserue of langdebeefe.</b>	15
<b>Ointment of holihock.</b>	129	<b>Sirope of langdebeefe.</b>	200
<b>Against paine in the stomake.</b>		<b>Conserue of bozage.</b>	17
<b>Emplaister of bay berries.</b>	65	<b>To prouoke sweating.</b>	
		<b>Oyle</b>	



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<b>Oyle of dill.</b>	107	<b>Unguentum agrippe.</b>	232
To prohibite ouer much swea- ting.		To increase seed.	
<b>Rosata nouella.</b>	162	<b>Oyle of sweet almonds.</b>	101
<b>Oyle of quinces.</b>	113	<b>Oyle of sesanum.</b>	103
<b>Oyle of mirtes.</b>	109	Against sleepe, or forgetfull diseases.	
To cause a man to sleepe.		<b>Oyle of euphorbe.</b>	115
<b>Dia papauer.</b>	43	Against diseases of the sinowes.	
<b>Sirope of poppie.</b>	178	<b>Sirope of sticados.</b>	176
<b>Oyle of the floures of poppy.</b>	120	<b>Conserue of gladian.</b>	21
<b>Oyle of dill.</b>	107	Against loosenes of the sinows.	
<b>Oyle of nenufar.</b>	121	<b>Sirope of sticados.</b>	176
Against children which cannot sleepe, or speake in their sleepe.		<b>Oyle of quinces.</b>	113
<b>Trifera.</b>	203	<b>Oyle of mastick.</b>	114
Against strangling.		<b>Ointment of agrippe.</b>	230
<b>Dia moron potio.</b>	41	Against diseases in sinowes which commeth of cold.	
Against the scabbies.		<b>Oyle of euphorbe.</b>	115
<b>Hamech.</b>	12	<b>Oyle of wormes.</b>	124
<b>Oyle of bayes.</b>	102	<b>Oleum de cheirie.</b>	125
<b>Ointment for children.</b>	234	<b>Pilles of euphorbe.</b>	145
<b>Ointment against the scabs.</b>	223	Against shooting of humors.	
To purge the instruments of the senses.		<b>Emplastrum palineum.</b>	76
<b>Pillule ale-phagine.</b>	140	Against great and cold sores.	
<b>Pillule agregatiue.</b>	141	<b>Tela gualterii.</b>	220
<b>Pille lusus maiores.</b>	146	<b>Emplaister of white lead.</b>	75
<b>Theriaca galeni.</b>	203	<b>Emplaister of red lead.</b>	74
Against the squinsie.		<b>Unguentum egiptiacum.</b>	240
<b>Mithridatum.</b>	88	To drie sores and biles.	
Against weakenes of members.		<b>Emplaister de ciccatrinum ra- brum.</b>	78
<b>Antidotum asincritum.</b>	1	<b>Unguentum apostolicum.</b>	221
<b>Dia margaritum calidum.</b>	30	To quench the thirst.	
<b>Mithridatum.</b>	88	<b>Trochistes of camphire.</b>	210
<b>Oyle of wormewood.</b>	123	<b>Trochistes of spodie.</b>	25
<b>Oyle of mirtes.</b>	109	<b>Sirope of the infusion of yong roses.</b>	191
Against the stifnes of the inward partes.		<b>Sirope of quinces.</b>	187
<b>Mithridatum.</b>	88	<b>Sirope of white poppie.</b>	178
<b>Conserue of rosemary.</b>	16	<b>Sirope of the tart pomcitron.</b>	189
To mollifie & ripe all swellings.		<b>Rosata nouella.</b>	162
<b>Diachilon paruum.</b>	61	<b>Mel violatum.</b>	92
<b>Emplastrum of bay berries.</b>	65	<b>Julep of roses.</b>	80
<b>Emplaister diachilon album.</b>	60	<b>Conserue of violets.</b>	19
<b>Oyle of flowerdeluce.</b>	110	Against the turning sicknes.	
<b>Unguentum apostolicum.</b>	121	<b>Antidotum asincritum.</b>	1
<b>Unguentum marciaton.</b>	227		



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Aurea alexandrina.	2	Aromaticum gariophilatum.	4
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Electuarie of roses.	55	Rosata nouella.	162
Dia prasum.	36	Sirope of mintes.	167
Electuarie de spilio.	56	Sirope of quinces.	187
Against the tooth ache.		Oyle of mintes.	122
Antidotum asincritum.	1	Curing the disposition of vom-	
Aurea alexandrina.	2	ting, which is when a man	
Mithridatum.	88	would vomit and cannot.	
Dia prasum.	36	Rosata nouella.	162
Against the roughnes of the		Aromaticum gariophilatum.	4
roong.		Mithridatum.	88
Dia tragacantha frigida.	40	Sirope of mintes.	167
Oyle of violets.	112	Prouoking of yrine.	
Against roughnes of the throat.		Antidotum, asincritum.	1
Dia tragacantha frigida.	40	Aurea alexandrina.	2
Dia moron potio.	41	Dia curcuma.	44
Sirope of violets.	177	Dia saturion.	45
Juleppe of violets.	81	Oxymell diureticum.	97
Oyle of sweete almonds.	101	Ointment agrippe.	230
Oyle of sesanum.	103	Prouoking Venus.	
Oyle of violets.	112	Dia saturion.	45
Against shortnes of winde.		Healing of woundes.	
Antidotum asincritum.	1	Balsamum artificiall.	10
Mithridatum.	88	Emplaistrum palmeum.	79
Diaries.	38	Unguentum apostolicum.	221
Sirope of calamintes.	166	Unguentum basilicū magnū.	223
Confection of muske.	11	To scower and clense woundes.	
Confection of sweete muske.	11	Cela gualteri.	220
Dia comeron.	32	Unguentum apostolicum.	221
Cheritaca galeni.	202	Unguentum basilicum magnum.	223
Pilles of agarick.	154	Unguentum egiptiacum.	240
Sirope of horehound.	173	Against wormes in the belly.	
Sirope of hysope.	172	Pouder of woormes.	131
Sirope of pineapples.		Sirope of limons.	171
Loch de squilla.	83	Ointment against woormes.	123
To breake winde.		Oyle of woormewood.	123
Antidotum asincritum.	1	Aloe ciccattrinum. 3 i. to spurge,	
Aromaticum gariophilatum.	4	to staie woorking, eate some	
Pillule auree.	136	broth.	
Dia galanga.	27	Messene 3 i. doo purge gentlie,	
Dia cuminum.	28	taken with sacke fasting in	
Dia curcuma.	44	pouder.	
Electuarium inde maioris.	17		
Sirope of egrimony.	175		
Oyle of bitter almonds.	102		
To stop vomiting.			

F I N I S.



